

## Community Integrated Mobile Health Services

In the past year, The Florida Department of Health in Seminole County's Community Integrated Mobile Health Services (CIMHS) team provided over 2,500 services in Seminole County. In addition, CIMHS partnered with the Seminole County Fire Department to administer over 2,000 COVID-19 vaccines to homebound Seminole County residents. CIMHS delivered healthy food boxes to 580 families and provided the following services at over 100 community outreach events:

- Medical screenings to include blood pressure, diabetes and Body Mass Index (BMI) screenings
- Rapid HIV testing
- Condom distribution
- Adult vaccinations including Flu, Hep A, Hep B, Tdap, and COVID-19
- Information and referral services (Healthlink, True Health, Shepherd's Hope, Harvest Time, etc.)
- Food insecurity initiatives delivering healthy food boxes to eligible households



Food Insecurity - Healthy Food Box Distribution			
Total Served:	585	Average Household Size:	3.0
Average Household Income:	\$16,802	Average Recipient Age:	49

### Cardiovascular Disease Prevention and Management

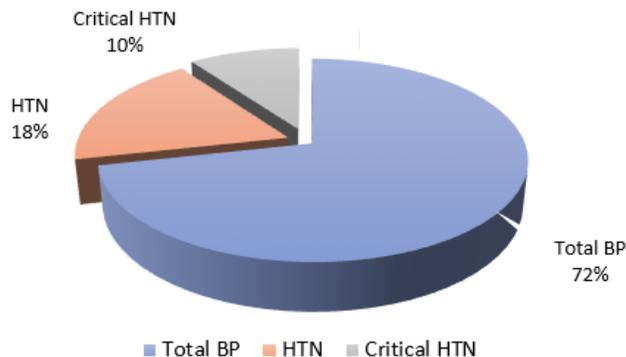
The goal of the Cardiovascular Program is to increase the number of Seminole County residents who achieve blood pressure control and who have their cholesterol managed with statin therapy and lifestyle modifications including diet, physical activity, medication adherence, and stress reduction.

The program includes:

- Personalized nutritional education
- Personalized physical activity and exercise education
- Home and health assessments
- Self-care cardiovascular health education classes
- Community outreach events



### Hypertension Screening



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### Implementing Overdose Prevention Strategies at the Local Level (IOPSSL)

The Florida Department of Health in Seminole County (DOH-Seminole), in partnership with Seminole County Sheriff's Office (SCSO) and AdventHealth's Hope & Healing Center, is collaboratively responding to the opioid epidemic in Seminole County. Through funding from the Centers for Disease Control and Prevention (CDC) and the National Association of County and City Health Officials (NACCHO), local collaborative efforts are aimed at reducing opioid overdoses and providing needed services to individuals struggling with substance use.

Overdose Incidents (Countywide)			
Month	2020	2021	YTD Increase or Decrease
January	52	61	+17%
February	39	58	+51%
March	56	99	+77%
April	57	72	+26%
May	51	81	+59%
June	49	68	+39%
July	62	64	+3%

DOH-Seminole community paramedics meet with individuals in their homes to provide no cost assessments and health education services. Referrals which align with the most appropriate resources for the individual are provided to improve patient independence and quality of life.

#### Pediatric Asthma Program

The Asthma Education and Prevention Home Visit Program is a free service offered to help children and families gain control of their asthma.

- Scheduled at home visits conducted by trained community health workers.
- Personalized home assessment to identify and help eliminate asthma triggers.
- Reduce asthma symptoms.
- Personalized asthma action plan for work, home, and school.

#### Community Paramedicine

The Community Paramedic Program integrates clinically trained professionals with an expanded role, who will assist with closing health care gaps and improve access while decreasing healthcare costs.

Community paramedics aim to mitigate social determinants of health known to influence a patient's ability to manage chronic and acute medical conditions.

#### Healthy Seminole Collaboration

With over 200 engaged community partners, the Healthy Seminole Collaborative works to improve the health of the community through three subcommittees: Health Equity, Behavioral Health/Substance Use and Healthy Weight, Nutrition and Physical Activity.

The goal of the Healthy Seminole Collaborative Health Equity subcommittee is to improve access to care for identified Seminole County residents who are less likely to receive quality and affordable services. The strategy is to provide culturally and linguistically relevant health education and service awareness to Seminole County adults who are at high risk for developing chronic diseases and have limited access to appropriate health information and health navigation services.

