



School Health Advisory Committee (SHAC)

Community Meeting Minutes

Florida Department of Health in Seminole County

February 22, 2018 • 2:00-3:30 p.m.

Auditorium

Purpose:

SHAC's Mission: To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

ATTENDEES: Annette Thomas, Katherine Beltran, Bonnie Banda, Von Nguyen, Herronda Mortimer, Josefina Palau, Richard Miles, Lisa Gatton, Patty Caulfield, Gigi Rivadeneyra, Leticia Ulate, Mabelise Gilles, Jerry Henkins, Debbie Caudill, Julie England, Wendy Blair, Sarah Canfield, Dhanu Misty, Wilford Nieves, Contance Winning, Sarah Wright, Glenda Agosto, Carla Bergollo, Tenesha Wells-Eason, Aracely Robledo, Yvette Bhowanidin and Gwen Henderson.

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
Welcome & Introductions	<i>Patty Caulfield, RN, MSN, NCSN- Lead School Board Nurse SCPS- Chairperson</i> <i>Gloria 'Gigi' Rivadeneyra, M.S., SRAS – School Health Program Manager- FDOH-Seminole - Co-chair.</i>	
Review of minutes	Patty welcomed SHAC members and called for review of the minutes.	<i>Minutes reviewed. No corrections noted.</i>
Guest Presenters	<i>Healthy WEIGHT and Your Child- Katherine Beltran, Sr. Director Community Integrated Health, YMCA of Central Florida</i> <i>Healthy Weight and Your Child is a 4 month, 25 session evidence-based program for children with obesity. The program empowers youth ages 7-13 years old, with support of families, to reach a healthy weight and</i>	Katherine Beltran Senior Director Community Integrated Health YMCA of Central Florida Lake Mary, Fl. kbeltran@cfymca.org 407 204 2328

lead a healthier lifestyle.

Obesity affects 1 in 3 adults. Florida ranks 4th in childhood obesity and only 34% of ages 7-17 participate in vigorous physical daily activity.

The program is facilitated by trained lifestyle coaches. Groups are made up of 4 to 8 children and their parents. The program creates a safe, fun, and active environment for children and their families to explore and adopt proven methods to living healthier lifestyle. Parents and youth also have individual meeting time to share their experiences. There is a physical activity component for youth, which incorporates the CATCH program. The program is currently being offered in Orange County and Katherine Beltran is working with Gigi Rivadeneyra to find possible funding sources to bring the program to Seminole County.

Asthma Friendly Schools- Annette Thomas, Regional Asthma Coordinator, Florida Department of Health in Orange

Asthma is a disease that affect the lungs. It is one of the most common chronic diseases in children and the % of Florida adult with asthma is on the rise. Asthma causes repeated episodes of wheezing, breathlessness, chest tightness, and night time or early morning coughing. In many circumstances, causes of asthma are unknown. Although asthma cannot be cured, it may be treated.

Asthma is the most common chronic disease in children under 18 affecting more than 6 million children in the United States. It is the leading cause of school absenteeism due to chronic disease.

The DOH Asthma Program and the Florida Asthma Coalition are encouraging schools to become Asthma -Friendly School by completing an assessment and providing asthma awareness and education in their campuses.

Implementing robust, school-based asthma management programs, starting in elementary school, could enable significant health and educational achievement gains for those students most in need.

The Asthma Friendly School program awards monetary incentives ranging from \$500-\$1500 to schools that participate. DOH provides

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Schools may access the Florida
Asthma Friendly Schools application
and additional information:
www.floridaasthmacoalition.com/schools-children/

<p>Open Forum/Discussion</p>	<p>support in the implementation.</p> <p><u>BMI Screening Data Summary and Asthma Incidence Summary:</u> Gigi Rivadeneyra from DOH-Seminole shared the BMI screening data summary for 2016 -17. Trends on obesity and overweight remain similar to previous years last year, with overweight numbers slightly increasing. Gigi also shared data related to the incidence of asthma for youth in Seminole county. The zip codes with the highest numbers of emergency department visits due to asthma for ages 5-19, include 32771, 32773 (Sanford); 32714,32701(Altamonte Springs); 32765(Oviedo). Asthma initiatives, such as Asthma Friendly Schools, could be focused in the areas with highest incidence of asthma.</p> <p><u>Florida Healthy Babies Update:</u> Yvette Bhowanidin, DOH-Seminole Florida shared Florida Healthy Babies program is working on decreasing infant mortality in Seminole county through several initiatives, including child birth classes, which are offered at the health department on Monday evenings. Also, tobacco cessation classes are available.</p> <p><u>Healthiest Weight Update:</u> Herronda Mortimer, DOH-Seminole shared DOH is promoting Every Kid Healthy Week/Month April 23-27 is Every Kid Healthy Week. Schools and organizations may register their events and apply for grant funding. Mini grants also available for all schools which register their events.</p> <p>Posting of SHAC meeting dates and minutes on Seminole DOH School Health webpage at:</p> <p>http://seminole.floridahealth.gov/programs-and-services/clinical-and-nutrition-service/school-health/index.html</p>	<p>More info on Every Kid Healthy: http://www.actionforhealthykids.org/</p>
<p>Round Robin</p>	<ul style="list-style-type: none"> • Dhanu Misty, DOH Seminole Dental Clinic, shared this year their team was able to provide more school based dental sealants than last year. They were able to, with the support of the school district, secure consent forms at the beginning of the school year and that helped. Sealants help prevent cavities and stop forming cavities from continuing to progress. 	<p>Gigi will e-mail flyers for resources and upcoming events to all SHAC members.</p>

	<ul style="list-style-type: none"> • Julie England, UF/Seminole Co Extension, shared county extension is offering a free online webinar series for five weeks on blood pressure control and other topics. A flyer was distributed with this information. • Aracely Robledo from Primary Care Access Network shared enrollment for the insurance marketplace is still available for families moving from Puerto Rico or the U.S. Virgin Islands to Florida. • Mabelise Gilles shared Kindergarten Registration will begin April 3, 2018 from 7:00am-7:00pm also Take Stock in Children a scholarship for 8th graders to start planning for college. • Richard Miles, SCSP Dining Services, shared SCPS will continue providing FREE breakfast, lunch and snack to the students over the summer at select locations (Summer Break Spots). Partners interested in hosting a Summer Break Spot at their site can contact him to coordinate. <p>Schedule of SHAC Meetings for school year 17-18: April 19, 2018</p>	<p><i>For information about school health services, or to share agenda items or speakers for future SHAC meetings please contact Patty Caulfield or/and Gigi Rivadeneyra</i> patty_caulfield@scps.k12.fl.us ; gloria.rivadeneyra@flhealth.gov</p>
<p>Meeting Adjourned</p>	<p>3:30pm</p>	