



School Health Advisory Committee (SHAC)

Community Meeting Minutes

Florida Department of Health in Seminole County

September 19, 2019 • 2:00-3:30 p.m.

Auditorium

Purpose: *SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.*

ATTENDEES: *Gigi Rivadeneyra, Stephanie Jackson, Herronda Mortimer, Mariana Loboguerrero, Amanda Hutwelker, Lacey Lahey, Melanie Santiago, Melissa Williams, Sarah Wright, Von Nguyen, Bruce Brown, Kelly Rogers, Collen Lay, Mary Lynn Hess, Mirna Chamorro, Anne Packham, Kemedontae Tillman, Patricia Reda, Karen Henry, Martha Santoni, Patty Caulfield, Verlese Pender, Bonnie Banda, Leticia De-Jesus-Ulate, AnaLynn Jones, Gladys Fernando, Cindy Johnson, Lisa Pharoah-Gaton, Kristine Kraus and Gwen Henderson.*

| Topic | Discussion/Speaker | Action Item/Notes/Deliverable Date |
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| <p>Welcome & Introductions</p> <p>Review of minutes</p> | <p>Stephanie Jackson, Coordinator of Medical and Health Students Services, Seminole County Public Schools and Gloria 'Gigi' Rivadeneyra, School Health Program and Teen Outreach Program Manager, Florida Department of Health in Seminole County Co-Chairs</p> <p>Gigi and Stephanie welcomed SHAC members and called for review of the minutes.</p> | <p>Minutes reviewed.</p> |
| <p>Guest Presenters</p> | <p>Vaping: The New Wave of Nicotine Addiction – Bruce Brown MS, RRT, AE-C, Respiratory Specialist, Nemours Children's Hospital and Clinics.</p> <p>Bruce Brown presented on the epidemic of vapping. Tobacco companies are utilizing youth targeted marketing strategies for vapping devices, very similar to the ones used for cigarettes for the those used decades ago for cigarettes. Nicotine is more addictive than Opioids. Vapping devices have the capacity of delivering higher levels of nicotine and chemicals as compared to cigarettes. Once popular vapping device, the JUUL delivers the same nicotine as a whole pack of cigarettes. Vapping juice is marketed in flavors such as gummy bear, fruit candy flavors which are attractive to youth. E-cigarettes are now the most commonly used tobacco product among US youth and is expected to be a cause of</p> | <p>For more information, contact Bruce Brown at bruce.brown@nemours.org</p> <p>Resources: https://mylifemyquit.com/ https://www.lung.org/stop-</p> |

early deaths among youth.

It takes about 2-3 day for the youth to become addictive and over 400 chemicals are found in the vaping devices. THC and other liquids and flavors can be added to the vaping product. Although vaping devices have been marketed as tools for quitting cigarette use, there is no scientific evidence that supports these claims.

Vaping devises are small and disguised as everyday objects ink pens, USB etc. They can also be carried in the hem of garments such as jackets sleeves or hats, and a teacher may never suspect a student is using the device in the classroom. JUUL has 60% of the market.

Recently, vaping devices have been associated with development of “popcorn lung” among young people. The CDC is investigating these reports. When chemicals like Diacetyl (used to add flavor to the vaping juice) are inhaled, these have been linked to irreversible lung damage and respiratory disease. The use of THC with these devices and possible link to lung disease is also being investigated. The vaping juice or liquids are not regulated, and any ingredients can be added to vapors.

Tools to help young people quit are available through the National Jewish Health and American Lung Association.

Asthma Home Visiting Program-Melanie Santiago, Tobacco Prevention, Florida Department of Health in Seminole County

Asthma is a chronic disease that involves inflammation of the airways. Approximately 1 in 8 Florida adults and 1 in 5 Florida children have asthma. Asthma is more common and more severe among children, women, low-income, inner-city residents, African Americans and Puerto Ricans.

The Florida Department of Health in Seminole County is launching a free asthma home visiting program to help children and their families with uncontrolled. Home visits are conducted by a team of trained community health workers and community health educators who provide coaching and education to help families identify and mitigate triggers, understand their asthma care plan and how to properly use their medications.

The program will conduct biweekly visits for the first 1-2 months, one visit at 3 months and a last visit at 6 months to assess retention, implementation, and adherence of the program objectives. Children ages 5-18 years that are diagnosed with asthma, Insured, uninsured and/or under insured are eligible for this program.

[smoking/helping-teens-quit/not-on-tobacco.html](https://www.flhealth.gov/smoking/helping-teens-quit/not-on-tobacco.html)

For more information contact Enid Santiago Florida Department of Health, Seminole Ph:407-665-3032 Enid.santiago@flhealth.gov John.fleemin@flhealth.gov

I Empathize, Human Trafficking Curriculum- Mariana Loboguerrero, Orlando Hub Director, IEmphatize

iEmphatize is a 501©3 non-profit organization dedicated to combating crimes against children. They equip adults to empower youth to eradicate exploitation. One in four girls and one in six boys will be sexually abused by age eighteen. The commercial sexual exploitation of children in the U.S. part of a 32 billion-dollar criminal industry. It is estimated that 3 million children are being human trafficked. The most vulnerable populations include foster children, children that have been bullied, youth who are loners, and children looking for friends.

The purpose of the iEmphatize curriculum is to empower students with strategies to stay safe from exploitation. Empathy is and active response to the suffering of others, and it is a characteristic that our culture needs cultivating.

The program is designed to be delivered in a variety of youth-serving environments including schools, juvenile corrections environments, after school youth programs and individual counseling. The program includes five lesson unit with short films, discussion questions and engaging activities and is designed for ages 12 and up. The program can be integrated into existing curricula.

Marketplace and KidCare Updates- Ann Packman, Market Place Project Director, Primary Care Access Network

Ann informed us of that open enrollment will be available soon and that Florida has had a 4% increase in the number of people enrolled in the marketplace. The rate of uninsured for the state of Florida is still higher (13%) than for the US (8.5%), and two thirds of uninsured adults have not gone to the Marketplace to view coverage options. Nearly 70,000 Florida children lost their Medicaid coverage in 2018. Florida KidCare has less people on their plan nearly 70,000. Individuals may not be aware that they qualify for affordable coverage, which could lead in part to underutilization. Lawfully residing immigrants may qualify for financial assistance if they have lived in the US less than 5 years. Lawfully present immigrant children are eligible for Florida KidCare even if their parents don't have documented status. Open Enrollment for Marketplace Insurance is available November 1 to December 15, 2019. Outside the Open Enrollment period, individuals with a qualifying life event (i.e. marriage, divorce, moved, birth, loss of health coverage, change in citizenship, etc.) could also apply. Florida KidCare enrollment is year-round and covers children under age 19 who are uninsured, US citizens or qualified non-citizens and meet income eligibility.

For more information contact Mariana Loboguerrero at mariana@iemphatize.org

Please call 877-564-5031 for an appointment with a navigator in Central Florida. Schedule an appointment on-line: www.CoeringCFL.net or Email: CFLNavigator@gmail.com

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| <p>Open Forum /Discussion</p> | <p>Asthma Friendly Schools, Back to School Updates- Stephanie Jackson shared SCPS hosted a back to school event to help students and parents prepare for school. The event provided health services and school supplies to families. Gigi Rivadeneyra reminded the group of the Asthma Friendly Schools initiative. Schools can receive a small monetary incentive for participating. Stephanie distributed a flyer with information about the program. Gigi thanked the Red Apple Dining services for their hospitably and collaboration during the open houses SNAP(Supplemental Nutrition Assistance Program)education activities. DOH staff and Dining services teams worked together to host nutrition education booths with fresh healthy food samples and to promote water intake at 6 Title I schools. Over 600 families participated. Stephanie thanked SCPS Red Apple Dining for their terrific work during Hurricane Dorian Labor Day weekend. The team took great care of the shelter volunteers and clients and served nutritious breakfast, lunch and dinner.</p> | |
| <p>Round Robin & Closing Remarks</p> | <p>Vaccine Mandates, Religious freedom and Informed Consent- <i>Amanda Hutwelker and Lacey Lahey shared information about the proposed Florida legislation SB64, which proposes eliminating religious exemptions and creating a review panel to review and approve medical exemptions. They shared concerns regarding the impact of this bill on individuals who object to vaccinations due to religious beliefs and individuals who feel vaccinations are not safe.</i></p> <p>Kristine Krause, Seminole County School Board member, shared that the district has installed vaping detection devices in schools. She also shared district leadership continue to work on a health curriculum for middle schools.</p> <p>Kelly Rogers Program Manager with Nemours Children Hospital shared information about the upcoming Second Annual Nemours Children's Health Summit for Early Care and Education Professionals to be held on October 12, 2019. Online registration available at http://Nemourschildrenshealthsummit.eventbrite.com</p> <p>Sarah Wright Clinical Director at DOH-Seminole shared during the months of July and August DOH-Seminole hosts a back to school immunizations event, during this time many families who are moving to the area come to the health department seeking immunizations, school physicals and among other services, information about insurance. She discussed with Anne Packham the opportunity to collaborate next year to possibly have a navigator and/or share insurance Marketplace and KidCare resources during this event.</p> <p>Ms. Tillman, Director of Glorious Hands Inc, shared Glorious Hands mentoring academy for</p> | |

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| | <p>girls 10-19 is registering new youth. Their program offers weekly afterschool meetings and monthly activities. Meetings are held at the New Covenant House of Worship in Sanford. They have recently added a counselor to their staff that can provide assistance to youth and families. For information, please contact Ms. Tillman at glorioushandsinc@gmail.org</p> <p>Von Nguyen SCPS Nutritionist Red Apple Dining shared that Red Apple Dining is installing new vending machines with healthier choice in the schools.</p> <p>Dr. AnaLynn Jones, Director of Early Learning at SCPS inquired about flu vaccination clinics this year. Stephanie Jackson shared Healthy Schools LLC will not be providing vaccination clinics at schools this year. Her team will be sending information out to parents regarding flu season and encouraging families to get their flu shots at their doctors or at the health department.</p> <p>Martha Santoni shared information about an upcoming event regarding Opioid Alternative treatments to be held Saturday September 28 from 8:30-3:00pm in Orlando.</p> <p style="padding-left: 40px;">*Upcoming SHAC dates:</p> <ul style="list-style-type: none"> ▪ November 14, 2019 ▪ February 20, 2020 ▪ April 16, 2020 | <p><i>Please submit any speaker suggestion for future SHAC meetings to Gigi Rivadeneyra Gloria.Rivadeneyra@flhealth.gov or Stephanie Jackson at jacksonz2@scps.k12.fl.us</i></p> <p><i>Please forward all event information to Gigi to circulate to all SHAC members.</i></p> |
| <p>Meeting Adjourned</p> | <p>3:35pm</p> | |