

School Health Advisory Committee (SHAC) Community Meeting Minutes Florida Department of Health in Seminole County November 15, 2018 • 2:00-3:30 p.m. Auditorium

## Purpose:

SHAC's Mission: To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

ATTENDEES: Katherine Beltran, Bonnie Banda, Von Nguyen, Herronda Mortimer, Josefina Palau, Lisa Gaton, Patty Caulfield, Gigi Rivadeneyra, Jerry Jenkins, Mary Lane, Cindy Johnston, Carla Cosio, Analynn Jones, Melanie Santiago, Julie English, Karen Henry, Stephanie Jackson, Wilbert Reeves, Aleyshka Viril, Dawn Bontz, Mane Elames, Katie Hucik, John Fleemin, Dawn Wadle, Donna Walsh and Gwen Henderson.

Торіс	Discussion/Speaker	Action Item/Notes/Deliverable Date
Welcome & Introductions	Gloria 'Gigi' Rivadeneyra, M.S., SRAS – School Health Program Manager- DOH-Seminole – Chairperson	
Review of minutes	Gigi' welcomed SHAC members and called for review of the minutes.	Minutes reviewed.
Guest Presenters	Dawn Wadle, Lead Family Coordinator and Aleyshka Vigil, Youth Coordinator- My Life, Federation of Families of Central Florida	Federation of Families of Central Florida
	Federation of Families provides support, advocacy and education to children and youth with emotional, behavioral and mental health challenges and their families in Central Florida. They advocate in local systems for rights of families, children and youth. They collaborate with other organizations that serve families to provide wrap-around services. They provide year- round activities serving Seminole, Orange and Osceola Counties. They also provide a personal touch being experience caregiver themselves. Some of the services include:	Support -Education- Advocacy 1515 S Orlando Ave., Suite C Maitland, Fl 32751 <u>www.ffcflinc.org</u> Serving, Seminole, Orange & Osceola Counties
	<ul> <li>Monthly Family Meeting</li> <li>Grandparent's Group</li> <li>Family Café</li> <li>Workshops for families</li> <li>IEP assistant &amp; Advocacy</li> </ul>	Lead Family Coordinator- Dawn Wadle Cell: (407) 346-4248 <u>Dawdle.ffcfl@gmail.com</u>

	<ul> <li>Warm Line Support</li> <li>Outreach Events</li> <li>Family Fun Nights Peer-to-peer Support &amp; Partners</li> <li>Dawn also facilitates Wellness Recovery Action Plan (WRAP) trainings for adults and teens.</li> <li>Aleyshka Vigil is the youth coordinator and facilitates My Life youth groups. The goal of the program is to reduce the stigma associate with mental illness. The youth groups are free, fun and inspiring and serve youth between the, ages 13-23 who have experienced mental health, substance use, foster care and /or other challenges. However, the groups are open to all youth. They generally meet the 2<sup>nd</sup> Thursday of the month at Action Church. They also participate in an annual My Fest gathering around March of each year and other youth events such as community presentations. Activities are youth led. They will be hosting a holiday event on December 12, 2018 at 250 W. County Home Rd. from 6-7:30pm.</li> </ul>	Aleyshka Vigil-Youth Coordinator Cell: (407) 989-2956 <u>Avigil.ffcfl@gmail.com</u>
Open Forum/Discussion	<ul> <li>SCPS Wellness Policy Updates - Von Nguyen, Nutrition Specialist for Dining Services at Seminole County Public Schools shared Richard Miles will be providing an update on the wellness policy in the future.</li> <li>Flu Vaccination Clinics - Stephanie Jackson, Coordinator of Health Services, Seminole County Public Schools, informed the group that the school-based flu clinics were completed for this year. It ran smoothly but, there are a few things to be improved for next year.</li> </ul>	Gigi will e-mail event
Pound Pobin	<b>Review of SHAC accomplishments</b> - Gigi Rivadeneyra shared with us the accomplishment of SHAC's. SHAC has served as a forum to share resources and provide support for initiatives that support student and school health. Some of these included the participation of schools in the School Wellness Policy updates, school health services plan, Asthma Friendly Schools initiative, flu clinics, Healthy District Assessment Bronze recognition, SWAT, Autism Screening Event, IFAS Handwashing initiative, Suicide prevention and mental health services and many more. She thanked everyone for their continued support.	information and flyers shared to SHAC members following meeting.
Round Robin	Mary Lane shared that Casselberry Elementary participated in the "Walk your Child to School Day". Also, the Magic Fit program was available to students. Students who signed-in for this program and participated for 30 days would get special rewards. She also shared the Hands Only CPR education continues to be offered to high school students.	

Stephenie Jackson informed the group that health services screening term will now be Screening 2 <sup>reff</sup> gradest for vision. Also, the health services team hosted a Type 1 diabetes training on October 20 and they were able to train 50 staft. Bonnie Banda shared that Vision Quest mobile unit screened 4 elementary schools for follow-up eye exams and glasses. They are coordinating these services for Title 1 schools. Von Nguyen informed the group that dining services was promoting oatmeal with healthy fun toppings during the month of December for secondary schools. Participation of students taking breaktast has increased. They will also be offering a Thanksgiving meal special to their student guests. John Fleemin Shared DOH-Seminole in partnership with the Health Council of East Central Florida and hospitalis in the area is offering a community paramedicine program. The goal of the community paramedicine program is to reduce frequent ER visits by patients with chronic health counditions. The program provides follow-up to patients after they are discharged from the hospital, provides education on medication, and disease management, wellness checks. The program is staffed with one paramedic and several community health workers. He also works closely with DOH-mobile health unit, which provides outreach services, screening and education in the community. Julie England shared the Hand Washing Education program confinues to be available this year for Pre-K through 3 <sup>reff</sup> grade for all elementary schools in Seminole County. The goal of the program is to help reduce the spread of closed and flu. The program has reached approximately 14.000 students. Lisa P. Gaton shared their Mobile Unit had a soft opening in the month of January. In November the unit is schedule to provide services in the areas of Apopka and Caselberry. The unit will complement the Pregnancy Center's two sites in Oviedo and Santord. Herronda Mortimer Informed us of Maintain Don't Gain Challenge, starting Nov. 12, 2018-December 31, 2018. Participants can ge		
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http://seminole.floridahealth.gov/programs-and-services/clinical-and-nutrition-gloria.rivadeneyra@flhealth.gov		SHAC meetings to Gigi Rivadeneyra.
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Meeting Adjourned	3:30pm	
	Next SHAC Meetings for school year 18-19: February 21, 2019 April 18, 2019	events/flyer via e-mail with Gigi for distribution to SHAC members.
	services/school-health/index.html         Members can share upcoming events via e-mail with Gigi to send out to the SHAC members.	Please share upcoming