



School Health Advisory Committee (SHAC)

Community Meeting Minutes

Florida Department of Health in Seminole County

November 14, 2019 • 2:00-3:15 p.m.

Auditorium

Purpose: *SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.*

ATTENDEES: *Gigi Rivadeneyra, Stephanie Jackson, Richard Miles, Josefina Palau, Herronda Mortimer, Melanie Santiago, Von Nguyen, Lisa Pharoah-Gaton, Verlese Pender, Kellie Brunner, Cindy Johnston, Leanne Buchanan, Stephanie Arguello, Karen Henry, Melissa Williams, John Flemin, Page Bullock, Sarah Wright, Mary Lane, Enid Santiago, AnaLynn Jones, Leticia De-Jesus-Ulate, Patty Caulfield, and Gwen Henderson.*

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
<p>Welcome & Introductions</p> <p>Review of minutes</p>	<p>Sign-in/Call to Order</p> <p>Stephanie Jackson, Coordinator of Medical and Health Students Services, Seminole County Public Schools and Gigi Rivadeneyra, School Health Program Manager, Florida Department of Health in Seminole County – Co-chairs.</p> <p>Correction noted for Dr. AnaLynn Jones name in previous September minutes.</p>	<p><i>Minutes reviewed and corrected.</i></p>
<p>Guest Presenters</p>	<p><i>Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health (INDEPTH) & Youth Cessation Program-Kellie Brunner, MPH, Health Promotions Manager, American Lung Association in Florida</i></p> <p>Youth E-cigarette use has increased significantly since 2013. Over 25% of high youth reported e-cigarette use in 2018, according to the National Youth Tobacco Survey. Over the course of one year, vaping's popularity grew from 2.1 million in 2017 to 3.6 million in 2018 and it is the leading cause in Premature deaths. JUUL is the most common e-cigarette device used among youth. Currently there are 6 school districts suing JUUL. A new product called IQOS that looks like a pen has been recently released, which heats tobacco for inhalation and requires less charging.</p> <p>INDEPT stands for <i>Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health</i>, and is an alternative to is a new alternative to suspension or</p>	<p><i>Kellie Brunner, MPH, MCHES, Health Promotions Manager, American Lung Association in Florida</i> <i>Orlando, Florida</i> <i>P: (904) 362-8073</i> <i>KELLIE.BRUNNER@LUNG.ORG</i></p> <p><i>To learn more about INDEPTH or to become a certified facilitator</i></p>

citation programs, that helps schools and communities address the teen vaping problem in more ways. Instead of solely focusing on punitive measures, INDEPTH is an interactive program that teaches students about nicotine dependence, establishing healthy alternatives and how to STOP the unhealthy addiction. The program includes four 50-minute sessions and youth must take all 4 sessions. Program can be offered one-on-one or in groups, offered by a trained facilitator. The INDEPTH program was developed by American Lung Association in partnership with Prevention Research Center of West Virginia University. The program is free and is available for any school or community. Online facilitator training is available through ALA.

According to a pilot conducted across 11 sites throughout the US, 60% of youth surveyed who had completed the INDEPTH program wanted to quit. The goal of every program is to educate students about nicotine addiction and vaping and ultimately guide them through the process of identifying their own reason for chewing, smoking or vaping tobacco products. Topics addressed in the program include facts about tobacco, effects of addiction, alternatives to tobacco use and steps on how to plan to avoid future tobacco related problems.

Although INDEPTH is not intended as a tobacco cessation program, ALA will be launching NOT on Tobacco, which is a tobacco cessation program just for youth. ALA will be conducting pilots in schools in the Spring of 2020. This program is scheduled to be launched in September of 2020

Hemophilia Resources- Leanne Buchanan, RN, Regional Coordinator, Hemophilia Foundation of Greater Florida

The Hemophilia Foundation of Greater Florida (HFGF) is a 501c3 nonprofit organization that provides services, resources and education to families and individuals with bleeding disorders. The organization was founded in 1996 in Winter Park Florida by Calvin Dawson.

Bleeding disorders are a group of conditions that impact the inability to form a proper blood clot. They are characterized by extended bleeding after injury, surgery, trauma or menstruation. Sometimes the bleeding is spontaneous, without a known or identifiable cause. Improper clotting can be caused by defects in blood components such as platelets and/or clotting proteins. Bleeding disorders are categorized as mild, moderate or severe.

The Foundation also provides scholarships to Florida residents with bleeding disorders attending a college, university or trade school. HFGF also sponsors scholarships to

contact:
indeph@LUNG.org
<https://www.lung.org/stop-smoking/helping-teens-quit/indepth.html>
or call 1-800-586-4872

Schools Interested in piloting the NOT on Tobacco quitting program, may contact Kellie Brunner for more information.

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<p>Open Forum /Discussion</p>	<p>Camp Spirit at Boggy Creek, a summer camp for kids with special health needs, where they have trained health staff and facilitators that provide engaging activities in a safe environment. The foundation also helps individuals who need dental health assistance. They also provide Medical Alert Bracelets and lifts for shoes for those in need of the items. HFGF also advocates legislatively for the bleeding disorders community. The foundation hosts an annual Red Party Fundraiser, next one is scheduled for January 18, 2020, and 89% of dollars go back to the program providing for the clients.</p> <p>Open Airways, Asthma Education and Asthma Friendly Schools- Stephanie Jackson and Gigi Rivadeneyra Stephanie Jackson shared that Open Airways asthma education has begun in Hamilton Elementary. Stephanie contacted families with children with asthma and invited them to participate in these sessions. Gigi Rivadeneyra shared that sessions are being facilitated by Stephanie and Open Airways trained Orlando Health respiratory therapists. Training was provided thanks to funding from the Department of Health Asthma program. Education is offered after-school.</p> <p>Flu updates-Stephanie Jackson and Gigi Rivadeneyra Stephanie shared that flu incidence has increased in schools and local day cares. Gigi shared that currently the flu cases are higher than this time last year in our area. Education flyers and posters were made available for SHAC members and schools.</p> <p>Supplemental Nutrition Assistance Program Education Updates (SNAP)-Herronda Mortimer and Gigi Rivadeneyra Herronda Mortimer shared that the Department of Health Received SNAP-Ed funds for one year and they will be targeting SNAP qualifying clients with nutrition education, such as the Rethink your Drink campaign, which encourages individuals to drink more water. Gigi shared the department would like to collaborate with Title I schools to donate water fountain with water bottle filling adapters. The DOH team recently participated at a PTA meeting to share the Rethink your Drink campaign with families.</p> <p>School Health Service Plan 2020-2022-Gigi Rivadeneyra Gigi informed the group the School Health Services Plan is up for renewal. Stephanie and Gigi will bring the plan to the SHAC members for review in the spring.</p>	<p><i>Schools or parents interested in more information about Open Airways or Asthma Friendly Schools can contact Gigi at Gloria.rivadeneyra@flhealth.gov or visit: http://floridaasthmacoalition.com/schools-childcare-centers/asthma-friendly-schools/</i></p>
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Round Robin & Closing Remarks	<p>Patty Caulfield shared she would be interested in opportunities for the Health Academy students to become facilitators for Open Airways or/and INDEPTH. She also shared she has been working with the school administrators to make the Nemours teen health literacy curriculum available to her students.</p> <p>*Upcoming SHAC meeting dates (from 2-3:30pm):</p> <ul style="list-style-type: none"> ➤ February 20, 2020 ➤ April 16, 2020 	<p><i>Please submit any event/resource flyers or speaker suggestion for future SHAC meetings to Gigi Rivadeneyra</i></p> <p>Gloria.Rivadeneyra@flhealth.gov</p>
Meeting Adjourned	3:15pm	