



School Health Advisory Committee (SHAC)

Community Meeting Minutes

Florida Department of Health in Seminole County

Nov.16, 2017 • 2:00-3:30 p.m.

Auditorium

Purpose:

SHAC's Mission: To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

ATTENDEES: Mary Lane, AnaLynn Jones, Salina Wans, Bonnie Banda, Erica Asti, Martha Santoni, Von Nguyen, Herronda Mortimer, Gladys Fernando, Josefina Palau, Richard Miles, Lisa Gatton, Constance Winning, Patty Caulfield, Gigi Rivadeneyra, Kimberly Torres, Chantell Miles, Hope Crawford, Wilbert Reeves, Leticia Ulate, Barbara Hughes, Stacey Strader, Lindsay Brown, Mabelise Gilles, Melanie Santiago, Nicole Jimenez, Victoria Brown, Jahmya Hill, Abby Sanchez, Donna Walsh and Gwen Henderson, Chantelle Miles.

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
Welcome & Introductions	<i>Patty Caulfield, RN, MSN, NCSN- Lead School Board Nurse SCPS- Chairperson</i> <i>Gloria 'Gigi' Rivadeneyra, M.S., SRAS – School Health Program Manager- FDOH-Seminole - Co-chair.</i>	
Review of minutes	Patty welcomed SHAC members and called for review of the minutes.	<i>Minutes reviewed. Correction to be made in September minutes regarding wave in PE credit for SCPS student athletes.</i>

Guest Presenters

PACE Center for Girls-Chantelle Miles, Associate Director of Program Support, PACE Center for Girls Inc.

PACE began 1985 with one Center in Jacksonville, Florida serving 10 girls. Today PACE includes 19 Centers throughout Florida that serve over 2000 girls each year and PACE has changed the life trajectory of over 37,00 girls since its inception PACE began as a community response to the realization that girls involved with the justice system were either being placed in programs designed for boys or placed into government programs for their own protection. Students can go to school while receiving individualize career planning, life coaching, and family engagement support. Students who are identified to have certain risk factors may qualify for the program, included but not limited to abuse, anger management, dropout, incarcerated family, drug addiction. PACE works closely with Orange County Public schools on required classes and credits. PACE receives funding from DJJ, grants and donations.

Trends in ENDS (Electronic Nicotine Delivery Systems, i.e.. E-cigarettes) SWAT youth: Nicole Jimenez, Victoria Brown, Jahmya Hill

Electronic cigarette use has grown substantially over the past few years, among both adults and teens in Florida. Tobacco Free Florida is concerned about the increased use of these devices and the possible public health implications of this trend.

In 2014, 3.7 percent of adults in the U.S. used e-cigarettes daily or some days. In Florida, 6.2 percent of adults used e-cigarettes. The number of Florida high school students who were current e-cigarette users increased by 72 percent in just two years – from 10.8 percent in 2014 to 18.0 percent in 2016.

There is considerable debate regarding e-cigarettes' safety and ability to help smokers quit. The Food and Drug Administration has not approved these devices as a quit aid, and as of May 2016, regulates them as tobacco products. Many e-liquids contain nicotine, which is highly addictive. Nicotine addiction is the fundamental reason people continue using tobacco, which remains the leading cause of preventable disease and death in the country. E-cigarettes have been promoted as quitting tools however, using e-cigarettes while continuing to smoke conventional cigarettes is referred to as "dual use" and does

*PACE Center for Girls, Orange
445 Wymore Road Winter Park,
32789*

Ph:407 992.0456

Fax:407 992.1277

www.PACEenter.org

For more information on SWAT please contact Melanie Santiago at Melanie.Santiago@flhealth.gov or 407-665-3278; Tobacco Free Florida.com 1-877-U-CAN-NOW 1-877-822-6669

<p>Open Forum/Discussion</p>	<p>not safeguard your health.</p> <p>The number of children and young adults trying e-cigarettes is especially alarming, particularly because there is evidence that adolescents who use e-cigarettes are more likely to start smoking conventional cigarettes. Because the adolescent brain is still developing, nicotine use during adolescence can affect teens' susceptibility to addiction.</p> <p>Students addressed questions from the audience regarding what they see in their schools and what motivate them to be part of SWAT.</p> <p>School Health Services to Hurricane Evacuees from Puerto Rico</p> <p>Gigi shared that SCPS and DOH-Seminole have been working together to refer ensure families who are evacuees of Hurricane Maria can receive school physicals and immunization for prompt entry into school. So far DOH-Seminole has served approximately 200 evacuees with back to school health services. Cost of these services is being waived by the Florida Department of Health, Seminole.</p> <p>Health Fundraiser Ideas</p> <p>Richard Miles shared that the Wellness Policy is in the final stages of completion and board approval. Richard requested SHAC members to share any ideas for healthy fundraisers that would align with the current policy and guidelines.</p>	<p>SHAC members interested in sharing healthy fundraiser ideas with Richard Miles may contact him at 407-320-0437 or Richard_miles@scps.k12.fl.us.</p>
<p>Round Robin</p>	<ul style="list-style-type: none"> Gigi Rivadeneyra shared SCPS and DOH-Seminole have partnered with Healthy Schools, LLC to make flu vaccine available at the schools for 3years. This year the total vaccines administered was lower than last year due to challenges with the electronic sign-in system. Approximately 5,000 students received 	

the flu vaccine during the vaccination clinics. She also shared about upcoming Mental Youth First Aid trainings being offered by UCF.

- Lindsay Brown shared that SHAC members or organizations interested in hosting a Youth Mental Health First Aid Training can contact UCF to coordinate. She will also be coordinating additional QPR and suicide prevention events in our area.
- Martha Santoni shared there was a great turnout for the Autism Screening event held by Nemours on October 31, 2017 at DOH-Seminole. She thanked partners who supported the event.
- Patty Caulfield shared the state school health audit was completed successfully with minor improvements need. Four schools were audited this year. Audit focuses on school clinic operations and record keeping to ensure these are maintained as outlined by guidelines and Florida Statutes.
- Gigi shared there is an Asthma Support group meeting tonight. Asthma support groups are lead by the Let's Kick Asthma Foundation and radio personality JoJo from Star 94.5.
- Mary Lane shared CPR Hands only instruction continues to be delivered twice a year in partnership with the Seminole Co. Fire Department at all Seminole high schools.
- Barbara Hughes from University of Florida Seminole County Extension, shared information about the hand washing education program being delivered in schools in partnership with SCPS Dividends volunteer program. The program is currently being offered in elementary schools. She also shared County Extension will be hosting a Zoology/Veterinary Camp in the summer for students interested in exploring these areas. They are currently in need of donations such as gauze, gloves and other medical supplies so that they can practice mock health activities with the youth.
- Abby Sanchez shared CPR training is now a required

For more information about suicide prevention trainings and information contact Lindsay Brown at lindsaybrownmed@gmail.com

For donations of health clinic supplies for the Vet Camp, please contact Barbara Hughes at: bhughes@seminolecountyfl.gov or 407-665-5556

	<p>requirement for graduation for Seminole County Public School. She also shared Seminole County Public Schools received the "Speak Out" award for students and families.</p> <ul style="list-style-type: none"> • Erica Asti shared the Florida Hospital Edible Experience kitchen is ready to open soon. An invitation for individuals to tour the facility is being extended. Also, Mission Fit Possible is currently being offered in several schools in Seminole County including Hamilton, Goldsboro and the Westside Community Center. She also offered as a personal service, for those interested in yoga instruction for young people as a way to help self-manage stress and behavior, please contact her. • Herronda Mortimer shared information about an upcoming Toxic Stress Webinar scheduled for Nov 21st. She also shared DOH-Seminole continues to work with the Goldsboro community and the City of Sanford to host the Goldsboro Farmer's Market at the Westside Community Center. The DOH-Seminole is also offering their annual holiday challenge Maintain Don't Gain, which encourages participant not to gain weight during the holidays with health tips and support. <p>Members can share upcoming events via e-mail with Gigi to send out to the SHAC members.</p> <p>Schedule of SHAC Meetings for school year 17-18: February 22, 2018 April 19, 2018</p>	<p><i>For more information about Mission Fit Possible and other questions please contact erica.asti@flhosp.org</i></p> <p><i>To sign up for the Maintain Don't Gain Challenge, visit esmmweightless.com Challenge is open through December 31, 2017</i></p> <p><i>For information about school health services, or to share speaker suggestion for future SHAC meetings to Patty Caulfield or/and Gigi Rivadeneyra patty_caulfield@scps.k12.fl.us ; gloria.rivadeneyra@flhealth.gov</i></p> <p><i>Please share upcoming events/flyer via e-mail with Gigi for distribution to SHAC members.</i></p>
<p>Meeting Adjourned</p>	<p>3:30pm</p>	