



## Thank you for choosing the Florida Department of Health in Seminole County

Quality healthcare, education, safety, disease prevention and community partnerships serve as the foundation for the services provided through the Florida Department of Health in Seminole County. With a focus on health equity and quality, using customer feedback and evidence-based practices, we accomplish our mission to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

*Donna J. Walsh, MPA, BSN, RN, Health Officer*

Visit <http://seminole.floridahealth.gov> for more information

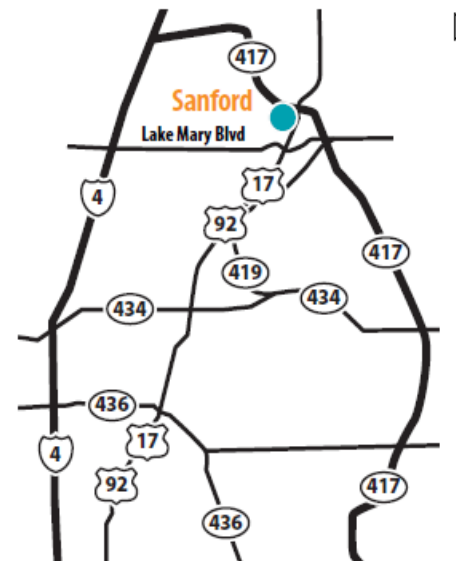


### Location

Sanford (407) 665-3700  
400 West Airport Boulevard, Sanford, FL 32773

### Hours & Requirements

**Wednesdays 1:30-3:15 pm**  
Services for ages 13 - 19 on a walk-in basis.  
Ages 20 and above call for an appointment.  
**Student ID or driver's license required.**



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## What is Teen Choices?

Teen Choices is a **teen health clinic** located at the health department in **Sanford**. All services are provided in a safe, friendly and confidential setting.

The Teen Choices mission is to provide sexual health and family planning education to teens.

## Advantages of Teen Choices

- Created with input from teens.
- You get to make the choice about your health.
- You get access to teen health websites: FACEitFlorida.com, InSPOT.org, Bedsider.org, and STAYteen.org

### FACT:

Sexually active teens who don't use protection during intercourse have an **85-90% chance of becoming pregnant over the course of one year.**

## What You Can Expect at Your Visit

- You will meet with a Licensed Healthcare Provider to talk about your medical history and ask questions.
- If medication is required, it will be given to you at your visit or you can take your prescription to a pharmacy of your choice.

## Services for Teens

- + Pregnancy Testing
- + Free Condoms
- + Birth Control Methods:
  - Pills
  - Depo
  - IUD
  - Nexplanon
- + STD Testing, Treatment, and Counseling
- + HIV / AIDS Testing



- + Annual Exams
- + Emergency Contraception
- + Information and Education
- + Reproductive Life

## Common STDs

- Chlamydia
- Genital Warts
- Gonorrhea
- Hepatitis B
- Herpes
- HIV/AIDS
- Syphilis
- Trichomoniasis ("Trich")

### STD FACT:

- Chlamydia is the #1 STD in young adults ages 15-24.
- Recurrent Chlamydia infections can lead to infertility in both males and females.
- Many people have no symptoms.

**FACT:** Teens 15 and older who drink are seven times more likely to have sexual intercourse and twice as likely to have it with four or more partners than non-drinking teens. 53% of teens say the main reason teens do not use protection is because of drinking or using drugs.

### FACT:

More than one-half of teens (52%) surveyed recently said that one of the main reasons that teens do not use birth control is because their partners don't want to.

### FACT:

Nearly one-third of teen girls used *NO* contraception the last time they had sex.

## Our Commitment to You

- We will provide you with the tools to make educated choices
- We will be judgment free
- We will listen to your concerns
- We will be honest with you
- We will keep everything confidential

