

2017

Health Report

TO PROTECT PROMOTE AND IMPROVE THE HEALTH OF ALL PEOPLE THROUGH INTEGRATED STATE COUNTY AND COMMUNITY EFFORTS TO BE THE HEALTHIEST STATE IN THE NATION ICARE IS INNOVATION COLLABORATION AND ACCOUNTABILITY AND RESPONSIVENESS AND EXCELLENCE VALUES



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Who We Are

The Florida Department of Health in Seminole County provides quality healthcare, education, safety, and disease prevention as the foundation for the services provided. With a focus on health equity and quality, using customer feedback, evidence-based practices and community partnerships we accomplish our mission.

MISSION

To protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

VISION

To be the Healthiest State in the Nation.

VALUES

ICare is...

Innovation

Collaboration

Accountability

Responsiveness

Excellence



Accredited Health Department
Public Health Accreditation Board



Health Officer Message

Our organization entered 2017 committed to working with community leaders and agencies to address the many factors that shape our health. The Florida Department of Health in Seminole County (DOH-Seminole) engaged 36 community partners in the development of the 2017-2020 Seminole County Community Health Improvement Plan (CHIP). Through this process nine strategic health issues were identified for Seminole County. Three year strategic action plans were developed to establish accountability towards obtaining measurable health improvements and quality outcomes.

This past year, we turned our focus to a number of critical issues, including creating awareness about the opioid epidemic and fostering relationships to help reduce opioid overdoses. The Seminole County Opioid and Heroin Task Force was launched and facilitated by DOH-Seminole and the Seminole County Sheriff's Office. We have also added services such as the Diabetes Prevention Program and look forward to implementing a Diabetes Self-Management Program. Our Mobile Health Services supported by Seminole County Government has also expanded services to reach over 640 clients including the underinsured and underserved.

Exciting accomplishments took place this year, as well as

many challenges including the impact of Hurricane Irma on our community. Annually, our agency provides training and prepares staff for disasters and emergencies. All DOH-Seminole staff were activated and worked at the Special Needs Shelters or Emergency Operations Center to serve the community in response to the hurricane. I am grateful for the community we serve, our staff and partnerships developed. Everyone came together to keep Seminole County residents and visitors safe before, during and after the hurricane.

As we look forward to 2018, we know there are many opportunities to broaden our mission and scope of services to address the root causes that influence health. In addition to addressing new and emerging infectious and chronic diseases, public health is focusing on the social determinants of health which include socioeconomic status, education, physical environment, social supports and access to care that all play a part in shaping our health and quality of life.

Sincerely,



Donna J. Walsh, MPH, BSN, RN
Health Officer



Executive Leadership Team



Left to right front row: Dr. Meena Joseph, Donna Walsh and Ana Scuteri

Left to right back row: Sarah Wright, Carmen Pearman, John Meyers, Sara Warren and Karen Clark

Financial Highlights

In 2017, operations for DOH-Seminole totaled \$9.4 million. Revenue totaled \$8.5 million of which 81% was for salaries and \$431,000 in awarded grants and contracts.

DOH-Seminole receives revenue from federal, state and county entities in addition to grants, fees for services provided and insurance reimbursements. Medicaid earnings continued to decline over the past year and are anticipated to follow the same trend for the coming year, which will directly impact service delivery. DOH-Seminole continues to meet the healthcare needs of our community through innovation and partnerships.

Process improvements and organizational restructuring have been implemented to reduce expenses and will continue to be monitored and assessed in the coming year. Additionally, other revenue opportunities such as federal and state grants continue to be explored to support services and programs that align with the public health mission. The agency is held accountable to taxpayers for the use of funds according to Florida Statutes. The federal and state appropriated revenue is for required programs and services which include Women, Infants and Children (WIC), STD, Healthy Start, Family Planning and Public Health Preparedness.

\$430,989

Grants and Contracts

\$2.5M

Federal Revenue



Ana Scuteri, Venise White and Donna Walsh receiving a grant award check from Orlando Health to continue the Goldsboro Farmers Market.

	2016-2017	2017-2018
INCOME		
State Categorical GR Funds	\$ 908,966	\$ 884,226
State Non-Categorical GR Funds	1,475,189	1,496,639
State Other Funds	220,054	260,419
State Federal Funds	2,690,524	2,500,223
Local Contributions	807,970	807,970
Medicaid	657,975	551,974
Medicare	8,650	6,704
Other Health Insurance	49,911	68,608
Clinical Client Fees	463,983	420,222
Environmental Health Fees	743,559	749,172
Vital Statistics Fees	236,020	260,767
Local Grants and Contracts	996,115	430,989
Other Revenue	88,584	73,794
Fees to County Health Departments	0	0
Total Income	\$ 9,347,500	\$ 8,511,707
EXPENSES		
Salaries and Benefits	6,908,409	6,872,776
Other Personal Services	1,039,170	719,995
Expenses	1,128,811	712,162
Operating Capital Outlay	62,336	26,664
Acquisition/Motor Vehicles	17,979	157,159
Contract Services	681,734	716,740
Risk Management Insurance	99,985	132,735
Lease/Purchase/Equipment	26,566	27,027
TR/DMS/HR SVCS/Statewide Contract	37,186	24,886
Less Total Expenses	\$ 10,002,176	\$ 9,400,144
NET BUDGET	\$ (654,676)*	\$ (888,437)

* Fiscal year runs July 1 through June 30.

3

LOCATIONS

Sanford (407) 665 3000
400 West Airport Boulevard, Sanford, FL 32773

Casselberry (407) 665-3705
132 Sausalito Boulevard, Casselberry, FL 32707

Environmental Health (407) 665 3604
1101 East First Street, Sanford, FL 32771



4

Seminole County ranked 4 out of 67 counties on Health Outcomes and Health Factors based on the County Health Rankings & Roadmaps by the University of Wisconsin and the Robert Wood Johnson Foundation.



5,744

Clients

12,697

Visits

131,044

Services

ing Health



Interns

12

Non-Clinical

150

Clinical

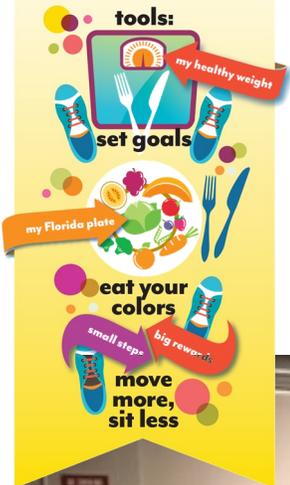
162

Total
Public Health
Interns



Lena Dang, intern from the University of North Florida, completed her internship with the Office of Health Promotion and Education.

Healthiest Weight



Healthiest

Healthiest Weight Florida is a public-private collaboration that brings together state agencies, not for profit organizations, businesses and communities to help Florida's children and adults make healthier choices.

Healthiest Weight Florida in Seminole County

The health department supports community partners with the strategies outlined in Healthiest Weight Florida, and engages the community through outreach and activities.



Andrew Derry, Registered Yoga Teacher (RYT) Instructor and Healthiest Weight Coordinator provided yoga classes at DOH-Seminole Sanford and Casselberry locations.



DOH-Seminole team participating in the *Heart Walk* at the University of Central Florida.



Herronda Mortimer, Healthiest Weight and Diabetes Prevention Program Coordinator, providing A1C screenings.

Weight



The **City of Oviedo** was 1 of 98 communities in Florida recognized as a *Healthy Weight Community Champion* in 2017. The City is proud to receive the recognition for the fourth year in a row and will continue to endorse policies that promote a healthy environment and a healthy community.



The **City of Sanford** also proudly received the 2017 *Healthy Weight Community Champion* award for the fourth year in a row. The City has a positive impact on the health of Sanford by providing access to over 38 parks and the RiverWalk, as well as fresh fruits and vegetables at two local farmers market, one in Goldsboro which is managed by the Office of Health Promotion and Education.



National Public Health Week 2017

In observance of National Public Health Week, DOH-Seminole, in collaboration with No Limit Health and Education, Inc. and many community partners, hosted the *3rd Annual Live, Work, Move Seminole 5K & Kid's Dash* on April 9th at Oviedo on the Park in Casselberry. This annual event encourages families to stay physically active.



Over **300**
Participants
Completed the Race

Veterans Stand Down



DOH-Seminole hosted the *5th Annual Veterans Stand Down* with the Seminole County Government Community Services Division on October 21st. Veterans received free haircuts, resources and medical exams. IDignity partners provided birth certificates so veterans were able to obtain IDs.

Men's Health Challenge



In observance of Men's Health Month, DOH-Seminole in collaboration with community partners hosted the *Men's Health Challenge* on June 10th at the Sanford location. Participants received free health screenings, immunizations, sports physicals, haircuts and learned about available resources.

The Big Latch On

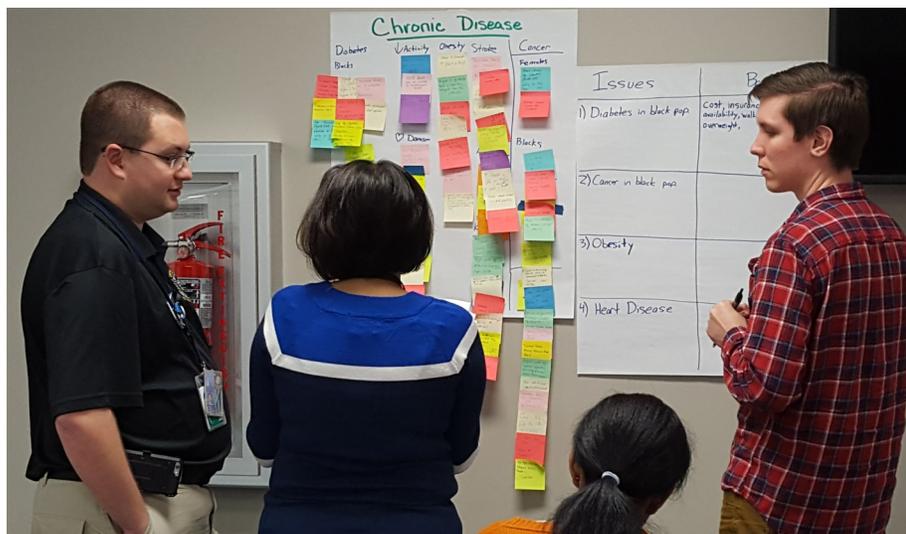


DOH-Seminole WIC program joined Lika's Leaking Ladies for the *Big Latch On* August 4th. Breastfeeding women gathered to breastfeed and offer peer support to each other. There was a total of 85 attendees.

Public Health

Community Health Improvement Plan (CHIP)

DOH-Seminole engaged 36 community partners in the development of the 2017-2020 Seminole County Community Health Improvement Plan (CHIP). Through this process, nine strategic health issues were identified for Seminole County and prioritized by community partners related to trending community outcomes.



Launch of the Opioid and Heroin Task Force

The *Seminole County Opioid and Heroin Task Force* was launched on August 25th and facilitated by DOH-Seminole and the Seminole County Sheriff's Office. Attendees from a variety of disciplines and local agencies participated in an overview of the state of the county, surveillance, hospital admissions, and resources available. Next steps and committees were discussed.

Goldsboro Farmer's Market

DOH-Seminole received second year funding from Orlando Health Community Benefits to sustain the Goldsboro Farmers Market in Historic Goldsboro in the City of Sanford.



Mobile Health Services

The DOH-Seminole's Mobile Health Services program continued to serve impoverished communities in Seminole County during 2017. The Mobile Health Services team travels to various locations throughout Seminole County and participates in community events to improve access to healthcare.

1,500
Clients Served



Clients served at:



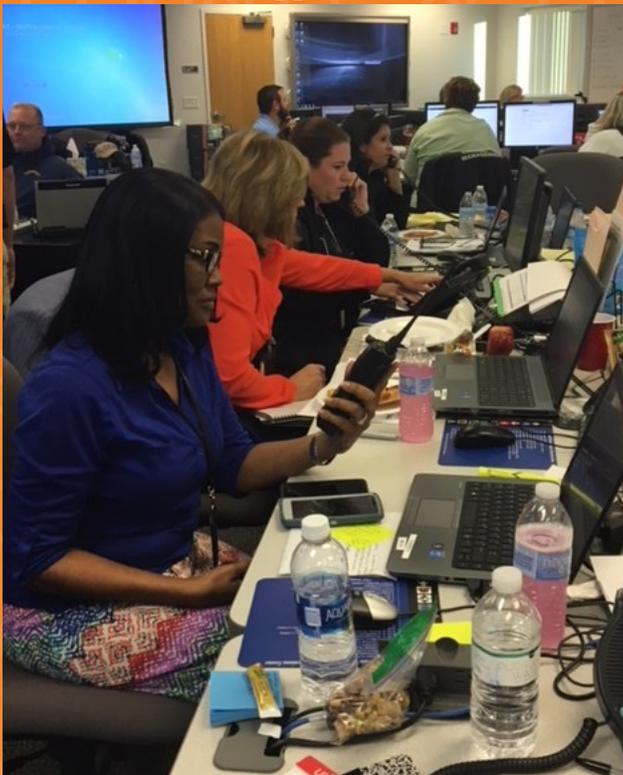
Grants and Special Projects

Each year, the various health department programs seek grants to fund existing services and/or implement new initiatives to address emerging needs in the community.

GRANT	AWARD	PROJECT
American Diabetes Association	\$15,000	Diabetes Prevention Lifestyle Change Program
Orlando Health Community Benefits	\$15,000	Goldsboro Farmers Market
Orlando Health Community Benefits	\$5,350	Florida Healthy Babies Initiative
Orlando Health Community Benefits	\$15,000	Diabetes Self Management Education Program
Ryan White Orlando EMA	\$15,000	Health and Support Services for Persons with HIV
SPECIAL PROJECT	AWARD	PROJECT
Religious Exemptions/ Immunizations	\$20,000	Focus groups to identify barriers to vaccination and motivations for requesting exemptions.

Hurricane Res

DOH Seminole staff were activated for the Hurricane Irma response and appropriate plans were implemented. Health Officer, Donna Walsh along with Emergency Preparedness Manager, Scott Fryberger and designated staff were present at the Seminole County Emergency Operations Center (EOC) Emergency Support Function Health and Medical (ESF 8) desk. Assigned staff worked at the three Special Needs Shelters including set-up, staffing, break-down, and support.



92 Employees

3 Special Needs Shelters

145 Clients

Response and Relief



A welcome reception area was established at the Orlando Sanford International Airport from October 6th through December 20th, to provide information and resources to persons arriving from Puerto Rico after the devastation Hurricane Maria left on the island. DOH Seminole staff, the Seminole County Emergency Management Team and Seminole State College representatives greeted and provided important information to passengers who visited the welcome table.

2,039
Passengers
Served



Programs

Breast and Cervical Cancer Detection

The Breast and Cervical Cancer Early Detection Program (BCCEDP) provides clinical breast exams, screening and diagnostic mammograms, sonograms, biopsies, surgical consults and pap smears to women 50 to 64 years of age who are uninsured Florida residents in Seminole, Orange, Lake and Osceola counties. These women are at 200% of the poverty level.

267
Mammogram
screenings

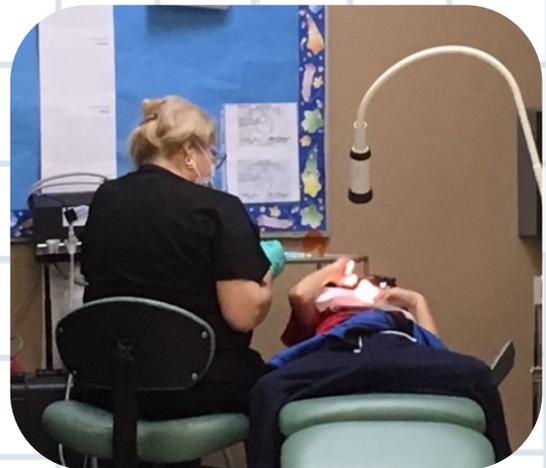
309
Services



Breast Cancer Survivors celebration on October 31st.

Dental Care Program

Our Dental Care Program provides services for children and adults over the age of 20 years with Medicaid as well as self-paying patients. Services offered by the dental clinic include exams, x-rays, cleanings, fluoride treatments, nutritional and oral health education, sealants, fillings and simple extractions. In 2017, the Dental Care Office provided:



2,156
Exams

2,048
Cleanings

2,085
Fluoride
Treatment

1,346
Sealants

& Services

Diabetes Self-Management Education

The 2016 Community Health Needs Assessment revealed concerns about chronic conditions related to diabetes and obesity in Seminole County.

DOH-Seminole participated in a mentoring relationship with DOH-Bay County, based on the wealth of experience gained in establishing their Diabetes Services Program and completed training.

DOH-Seminole's diabetes intervention activities aim to increase identification of persons with and at risk for diabetes through targeted outreach and marketing. With improved access to screening and linkage to affordable enrollment in educational programs, individuals can improve self-care behaviors leading to better health outcomes, lower healthcare costs and increased quality of life for Seminole County residents.

Taught by a licensed Dietitian/Nutritionist, the Diabetes Self-Management classes provide individuals diagnosed with diabetes 12 hours of diabetes education. Classes are scheduled to begin in 2018.



During *Employee Health Team Day* staff checked their BMI.



DOH-Seminole staff wearing red to recognize *Heart Health Month*.

Employee Wellness Program

In order to promote health in our community, the Employee Wellness Committee encourages employees to be examples to the clients they serve by promoting healthy lifestyle choices. Members of the Employee Wellness Committee coordinate monthly Encouraging Wellness Lunch and Learns, walking activities, yoga classes and newsletters to promote employee wellness.



DID YOU KNOW?

DOH-Seminole participated in several wellness challenges including:

- Better Health Challenge
- 100 mile walk challenge
- Maintain, don't gain! Holiday Challenge



Programs &

Environmental Health Program

Our Environmental Health Program activities focus on prevention, preparedness and education, and are implemented through routine inspections, monitoring and surveillance of conditions that may contribute to the occurrence or transmission of disease.

New Permits

- 53** biomedical waste facilities
- 2** body piercers
- 17** food hygiene facilities
- 8** group care facilities
- 16** foster care homes
- 7** onsite operating permits
- 1** onsite service provider
- 11** public swimming pools
- 17** tattoo establishments

Inspections

2,806
inspections

1,752
onsite
inspections

Response

- 53** sewer spills
- 64** boil water notices
- 8** bat complaints
- 31** rat complaints
- 16** foster care homes
- 34** mold complaints

Hurricane Irma Response

- 4** fish kills
- 22** flooded wells
- 39** boil water notices
- 78** reports of sewer spills
- 300** odor complaints

Services

Epidemiology Disease Reporting and Surveillance

Epidemiology is a core public health function. Physicians and other health professionals are required by Florida Statute to report any disease of public health significance to the Florida Department of Health. Typically this is done through a county health department's epidemiology program.

The Epidemiology/Hepatitis Program monitors reportable diseases other than sexually transmitted diseases and HIV/AIDS. Program staff members also investigate disease outbreaks in order to identify their source, intervene to protect others who may be at risk, and identify ways to prevent additional cases. In 2017, Seminole County continued working on the Zika outbreak with 7 cases reported. Additionally, Seminole County reported 35 shigellosis cases, a 45.8% increase from the previous 3-year average of 24 cases. A total of 768 cases were reported and investigated by the Epidemiology team.

Hepatitis Program

The hepatitis program participated in 18 outreach events and 9 presentations. During Hepatitis Awareness Month the program celebrated a "Cinco de Mayo" themed health fair with over 15 vendors. Free hepatitis and HIV tests were provided as well as education. Over 100 people were in attendance and 16 received hepatitis and HIV testing.

Refugee Health

The Refugee Health program serves Refugees, Political Asylees, and Parolees who have recently immigrated to the United States. The Refugee Health Program provides an initial health history, mental health and physical assessments, conducts a comprehensive laboratory screening for communicable and chronic diseases, provides routine immunizations and immigration form validation for those clients seeking to adjust their immigration status. Services were provided for approximately 200 clients in 2017.

Tuberculosis Program

The Tuberculosis (TB) program provides TB skin testing, chest x-ray referrals, medications, investigation of active cases, Directly Observed Therapy (DOT), nurse case management and expert medical management for cases and suspects of active TB disease and latent TB infection (LTBI). Seminole County had eight active TB cases in 2017. Twenty-five clients were treated for LTBI infection. Six hundred clients were serviced through the TB program.



Vendors engaging participants at the Hepatitis Awareness Month Cinco de Mayo Health Fair on May 5th.

Programs &

Florida Healthy Babies

An initiative to positively influence social determinants of health and reduce racial disparities in infant mortality. The *2nd Annual Community Conversation Workshop* was conducted at the Lake Mary Event Center on November 17th with approximately 80 attendees from different sectors of the community.

Florida Healthy Babies partnerships include:

- Seminole Prevention Coalition
- Safe kids Seminole County
- Children’s Cabinet
- Seminole County Sheriff’s Office
- Great Start Program
- 4C Head Start
- Children’s Home Society
- Babies R’Us



Sarah Wright leading the *Community Conversation* panel discussion.

DID YOU KNOW?

Florida Healthy Babies and community partners met with community focus group to implement the *Five-Year Child Abuse Prevention and Adoption Promotion Plan* to prevent abuse and/or neglect and increase adoptions.



Left to right: Alfredo Maldonado and Yvette Bhowanidin educating on safe sleep.



504

Attendees to Workshops During the Year

50

Outreach/Awareness Events During the Year

WORKSHOPS

 <p style="font-size: 2em; color: red; font-weight: bold;">5</p> <p style="color: blue; font-weight: bold;">Car Seat Safety Workshops</p>	 <p style="font-size: 2em; color: red; font-weight: bold;">2</p> <p style="color: blue; font-weight: bold;">Hyperthermia Displays</p>	 <p style="font-size: 2em; color: red; font-weight: bold;">4</p> <p style="color: blue; font-weight: bold;">Injury and Drowning Prevention Events</p>
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Services

HIV/AIDS and STD Testing, Surveillance and Treatment

The HIV/AIDS Program provides HIV Outpatient Ambulatory Medical Care with Ryan White Part A funding. DOH-Seminole services consist of acute care office visits, physical exams, follow-up exams, immunizations, laboratory services and medication to eligible clients free of charge through the AIDS Drug Assistance Program (ADAP).

The STD Program provides services including exams, testing and treatment for sexually transmitted diseases (STDs) such as HIV, syphilis, gonorrhea and chlamydia. Herpes culture and typing along with wart removals are also conducted for patients needing those services. Highly trained medical staff including Disease Intervention Specialists (DIS) counsel, educate and provide clients with methods to reduce their risk of reinfection.

Achievements:

- Disease Intervention Specialist Keshia Henry was recognized with the prestigious *Tommy Chandler Award of Excellence*.



Left to right: Keshia Henry, Tommy Chandler and Donna Walsh.

- During National STD Awareness Month, National HIV testing Day and World AIDS Day events a total of 192 clients were tested which yielded 23 positive test results.
- Displayed STD educational brochures and conducted HIV/STD presentations at the Seminole State College campuses engaging over 450 students.

Immunizations Program

The Immunizations Program provides childhood immunization services through Vaccines for Children (VFC). We also provide routine adult vaccines and travel services.

During the 2017 reporting period, over 6,000 clients including infants, children and college students were served by the Immunizations Program with over 17,000 services provided. Other clients included travelers to other countries needing vaccine protections from health risks such as malaria, cholera, typhoid and yellow fever.

The period before the start of the new school year is the busiest time of the year for the Immunizations Program as children and their families move to central Florida from other states and countries. Approximately 150 clients are seen daily during this time.

Meet Keshia Henry, Disease Intervention Specialist

1. What do you enjoy most about working as a DIS?

Patient advocacy is my passion, being the conduit between the client and their provider allows me to employ my skills towards helping others,

2. Who nominated you for the Tommy Chandler Award ?

I was nominated by STD Program Manager, Preston Boyce, with support from the Executive Leadership Team. I was taken by surprise. I found out I won the award during the Annual STD Managers Meeting held in Tallahassee, FL.

3. How do you feel about receiving this prestigious award?

Tommy Chandler started his career with DOH in 1963. He has led the way for new DIS and pioneered prevention services for those in need of STI/HIV services. Tommy is the epitome of a truly dedicated public health servant, hence why this special award is named in his honor. To be given an award which carries such a rich history is a great honor, I am humbled and motivated to continue to follow in Tommy's footsteps.

4. What message would you share regarding your job and STD?

My overarching message is to continue to plant seeds because they will grow. Do not give up on people, they are watching and listening. The tasks at hand may seem daunting, but every person is worth our time and respect. I believe in empowering others to take their lives into their own hands, by making healthy choices even when it's not the road most travelled.

Programs &

Office of Health Promotion and Education

The Office of Health Promotion and Education (OHPE) promotes and coordinates community engagement and partnerships to offer chronic disease prevention, education and screenings, host health observance events, and assess community-specific health needs. The OHPE manages the following programs and services to meet the needs of our employees and community:

- Employee Wellness Program and Committee
- Grants Administration and Committee
- Health Education and Community Outreach
- Healthiest Weight Florida
- Health Equity
- Diabetes Prevention Program

The OHPE increasingly directs its focus on population health, outreach activities, preventative screenings, and partnerships to positively impact social determinants of health and close the gap on health disparities.

Public Health Preparedness

The Public Health Preparedness Program protects employees, residents and visitors through the development of local emergency

operations plans through pre-incident planning, training and exercising.

In addition, our main objective is to provide support to core public health services through the coordination of public health and medical system preparedness, response and recovery activities. DOH-Seminole ensures public health services continue to serve the community during natural or man-made emergencies through an efficient and effective coordinated response and allocation of resources through coordination with other community agencies and stakeholders.

School Health Services

The School Health Program works closely with Seminole County Public Schools (SCPS) to coordinate and support health services, such as health screenings, access to health resources, school clinic services and health education, among others.

Through partnerships and collaboration, the program supports other health services such as offering Tdap and flu vaccinations on school campuses, promoting Asthma Friendly Schools, and works closely with other DOH programs that provide school health services such as Tobacco, Epidemiology and Dental. Currently the program's services reach over 65,000 students in 67 public schools.



DOH-Seminole received the Gold Achievement recognition by the American Heart Association for meeting criteria for employee wellness and fit-friendly worksite.

Services

Seminole County School District in collaboration with our health department screens over:

- o 15,000 students for growth and development and oral health
- o 18,000 students for vision
- o 14,000 students for hearing
- o 5,000 students for scoliosis

Between 2-3% of students were screened.



Gloria Rivadeneyra, School Health Program Manager interacting with children at an outreach event.

Teen Outreach Program

The School Health Program oversees the Teen Outreach Program (TOP), which is an engaging positive youth development curriculum that encourages healthy behavior, life skills and a sense of purpose in youth. TOP partners with churches, community agencies and the school district to provide these services.

Certified TOP Facilitator Leticia Ulate served Boys and Girls Club West Sanford, Boys and Girls Club East Altamonte, Midway Safe Harbor and Crooms Academy 21st Century After-Schol Programs and provided a total of 120 sessions for approximately 141 youth! session topics included communications, healthy relationships, decision making, and health, among others.

Tobacco Prevention Program

The Tobacco Prevention Program goals are to prevent the initiation of tobacco use among youth and young adults, eliminate secondhand smoke, and promote tobacco cessation.

On May 24th, the Tobacco Free Seminole Coalition partnered with the Let's Kick Asthma educational support group. This initiative addressed customers with asthma and educated on how to use their medications. Awareness was raised regarding tobacco addiction as a chronic, relapsing medical condition, not just a habit or personal choice, and advocacy for the adoption of comprehensive cessation resources for all tobacco users statewide.

The Tobacco Free Seminole Coalition and Students Working Against Tobacco (SWAT) attended a meeting with State level decision makers in Tallahassee. State policy makers were educated on the Centers for Disease Control and Prevention (CDC) Best Practices and Seminole County Tobacco Cessation efforts. Through these efforts, the coalition addresses community involvement and promotes community buy-in through the tobacco control program.

The Smoke-Free Public Housing Rule became effective on February 3rd. All Public Health Authorities (PHA) must comply with the rule and implement smoke free policies within 18 months of the effective date. The elimination of second-hand smoke that can migrate between public housing units can be an important step towards improving the health of residents as well as reducing maintenance costs for PHAs. Seminole Housing Authority is on their way to implement a smoke-free policy.



Students Working Against Tobacco (SWAT) visited Tallahassee to advocate for tobacco prevention and support for SWAT activities. The students had the opportunity to meet and share their accomplishments and plans with the State Surgeon General Dr. Celeste Philip.

Programs &

Vital Statistics Office: Birth and Death Certificates

The Vital Statistics Office provides official records of birth, death, fetal death, marriage and dissolution of marriage. These records are essential for just administration of our law and for the protection of individual rights. In addition, the statistical data from these records are of great value to public health and other agencies.

2017 Vital Statistic Facts for Seminole County

- 11,119 birth certificates issued
- 21,221 death certificates issued
- Started providing birth certificate applications at the newly opened Oviedo Medical Center.
- For client convenience, debit machines were standardized.

Women, Infants and Children Program

Women, Infants and Children (WIC) is a federally funded special supplemental nutrition program for low-moderate income women, infants and children under 5 years of age.

In 2017, the DOH-Seminole WIC program Nutritionists and Nutrition Educators conducted 96 group classes aimed at reducing childhood obesity. The classes targeted WIC children 3 and 4 years of age and their parents.

Construction of two breastfeeding rooms has started to accommodate breastfeeding clients as well as DOH-Seminole staff and the public providing a private and comfortable place to breastfeed or pump.



WIC Highlights

10,000

Individuals certified into WIC

21,624

Individualized nutrition education

9,000

Breastfeeding education/support

\$5,379,607.88

Redeemed in food benefits

Services

DID YOU KNOW?

In 2017, DOH-Seminole partnered with Seminole County Government TV (SGTV) to produce the *Healthy Seminole* show.



Collaborating with Seminole Government Television (SGTV)

DOH-Seminole started collaborating with Seminole Government TV (SGTV) for a quarterly health show to educate the public. This first episode of *Healthy Seminole* was about Summer Health and Safety and featured topics such as water safety, summer safety, back to school immunizations and mosquito borne disease prevention as well as highlighted DOH-Seminole programs and partners.

On August 1, 2017, the new *Healthy Seminole* 30 minute show premiered on Seminole Government TV (SGTV) hosted by Health Officer Donna Walsh. The show airs on SGTV channel: 498 on Spectrum, 99 on U-verse, and 84 on Prism, and is streamed on the Seminole County Government You Tube channel.



Donna Walsh interviewing Gloria Rivadeneira.



Kurt Slafkovsky from SGTV taking b-roll at Seminole County Mosquito Control.



Donna Walsh debuted as the host for the *Healthy Seminole* Show.



Health

DOH-Seminole community partners were highlighted in the Excellence in Seminole County Corporate Guide.

“One death is too many, and we’re seeing an increase,”
 Captain Dan Purcell,
 Diversified Investigative Services
 Seminole County Sheriff’s Office.



Staff and volunteers at the Feed the Need, Inc. Food Pantry. Donna Walsh and a family receiving a food pantry meal. Pictured above is Marcus Prewett and the Community Paramedicine vehicle and Caries Diaz with the DOH-Seminole Mobile Health Services unit.

DOH-Seminole Serving the Community Through Partnerships

Conveniently located on Airport Boulevard in Sanford, the Florida Department of Health in Seminole County (DOH-Seminole) provides clinical services for infectious diseases, immunizations, dental care, family planning, breast and cervical cancer early detection, and diabetes prevention, as well as other programs including Florida Healthy Babies, Women, Infants and Children (WIC), School Health and Tobacco Prevention, Mobile Health Services, along with Environmental Health and Health Education are among other services provided to the community in sites located throughout Seminole County.

DOH-Seminole facilitates collaborations and partnerships to improve the health of Seminole County residents and visitors; such as, through increasing access to care and addressing chronic diseases that often lead to poor health outcomes.

A unique collaboration is the co-location of the Feed the Need Central Florida, Inc. food pantry at the health department’s main location on Airport Boulevard.

Since September 12, 2016, the food pantry has provided over 30,000 meals and services to 600 families helping to reduce access barriers

to food and linking health services for at risk populations.

Outreach in neighborhoods and communities through the Mobile Health Services program is an efficient way to provide services to populations with limited access.

Mobile Health Services include health screenings, education and referrals and provide awareness of resources as well as connect individuals to medical homes. The Mobile Health Services program collaborates with local community agencies such as The Sharing Center, Remington Inn, Grace and Grits, Rescue Outreach Mission and Goodwill who open their doors to receive services for their clients and surrounding communities.

Another important community service is HealthLink, the Seminole County medical system of care that ensures that uninsured county residents have access to health services.

Operated by the Health Council of East Central Florida, the HealthLink program connects individuals screened by DOH-Seminole with local health clinics based on whether the health issue identified is episodic or chronic. A pharmacy voucher system enables these individuals to

get a 30-day supply of prescribed medications and to enroll in a prescription assistance program.

Additionally, HealthLink directs pre-diabetic patients to the diabetes prevention classes offered by the health department.

New this year is a Community Paramedic home visiting program funded by the Florida Blue Foundation. HealthLink clients and others may receive home chronic care visits when ordered by their physician. It is expected that residents who benefit from this program will see lower use of emergency services and the hospital.



For more information call (407) 665-3000 or visit www.seminolecohealth.com

View the *Healthy Seminole* show on Seminole County Government YouTube channel to explore a wide variety of health topics and community partnerships.

Florida Hospital focuses community g on out-of-hospital care



By Vanessa S. Miller Contact Reporter
 October 24, 2017

OCTOBER 24, 2017, 6:45 PM

Daryl Tol, president and CEO of Florida Hospital, wants to create health normal.

“We need to create something that’s seamless, connected and easy to use,” said Tuesday as he awarded \$1.5 million to five community projects that focus on navigation and coordination.

The hospital is investing more resources toward in following patients after the brick-and-mortar part of the hospital business, Tol said.

“In 2018, we’re going to start a robust care navigation program,” he said, such patients are discharged, they’re guided to the next level of care in their home a community.

Florida Hospital’s Someday campaign shifts focus to community »

It’s not a novel idea, nor is it mainstream, but it does require a change in mind

“If we think of ourselves as a hospital company, then our job is taking care of the hospital. But we have to think of ourselves as a health company. We want connected [with patients], even when they’re well,” he said.

The health system has invested \$20 million toward out-of-hospital patient care management and technologies that would streamline patients’ needs from billing to follow-up care.

Earlier this year, it launched the Someday Starts Today advertising campaign, the focus to “you,” the consumer, instead of the hospital buildings.

Florida Hospital doles out more than \$1 million in community bene »

One of the grant recipients is a community paramedicine program run by the County Health Department and the Health Council of East Central Florida. The arranges for paramedics to follow up with patients for 30 days after they’re dis from the hospital.

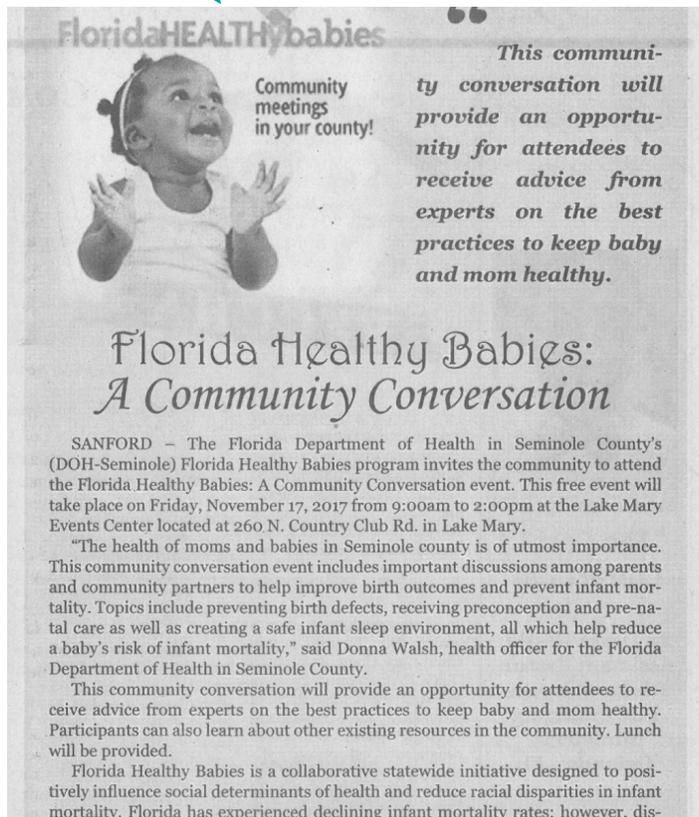
in the News

“ The health of moms and babies in Seminole County is of utmost importance... ”

Donna Walsh, Health Officer

“ We need to create something that’s seamless, connected and easy to use, ”

Daryl Tol, President and CEO of Florida Hospital



FloridaHEALTHYbabies

Community meetings in your county!

This community conversation will provide an opportunity for attendees to receive advice from experts on the best practices to keep baby and mom healthy.

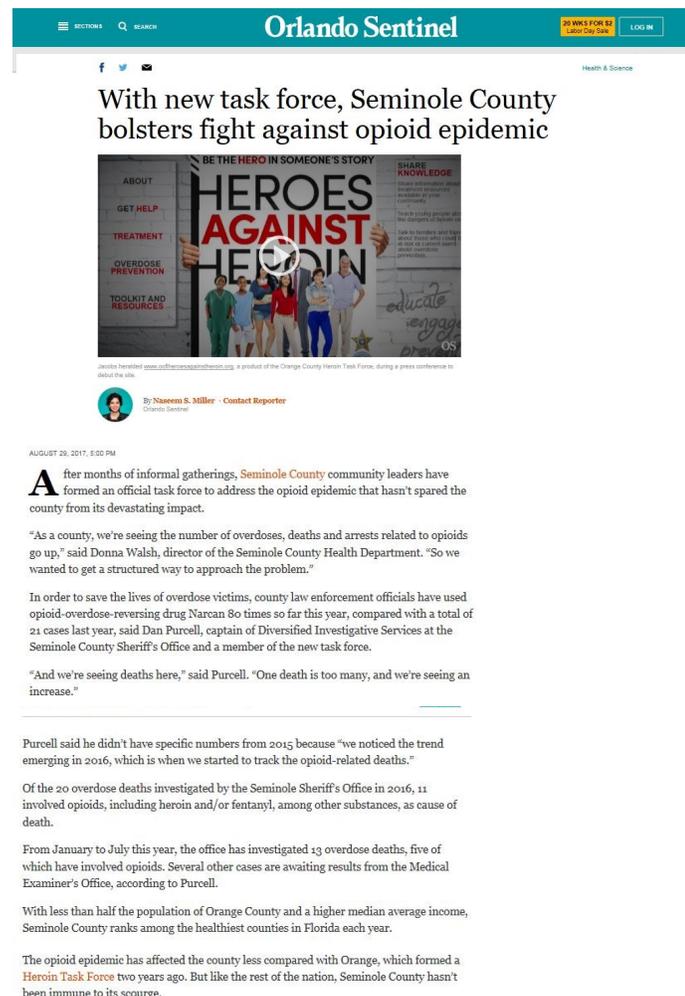
Florida Healthy Babies: A Community Conversation

SANFORD – The Florida Department of Health in Seminole County’s (DOH-Seminole) Florida Healthy Babies program invites the community to attend the Florida Healthy Babies: A Community Conversation event. This free event will take place on Friday, November 17, 2017 from 9:00am to 2:00pm at the Lake Mary Events Center located at 260 N. Country Club Rd. in Lake Mary.

“The health of moms and babies in Seminole county is of utmost importance. This community conversation event includes important discussions among parents and community partners to help improve birth outcomes and prevent infant mortality. Topics include preventing birth defects, receiving preconception and pre-natal care as well as creating a safe infant sleep environment, all which help reduce a baby’s risk of infant mortality,” said Donna Walsh, health officer for the Florida Department of Health in Seminole County.

This community conversation will provide an opportunity for attendees to receive advice from experts on the best practices to keep baby and mom healthy. Participants can also learn about other existing resources in the community. Lunch will be provided.

Florida Healthy Babies is a collaborative statewide initiative designed to positively influence social determinants of health and reduce racial disparities in infant mortality. Florida has experienced declining infant mortality rates; however, dis-



Orlando Sentinel

With new task force, Seminole County bolsters fight against opioid epidemic

BE THE HERO IN SOMEONE'S STORY

SHARE KNOWLEDGE

HEROES AGAINST HEROIN

educate engage prevent

By Naasem S. Miller - Contact Reporter

AUGUST 29, 2017, 8:00 PM

After months of informal gatherings, Seminole County community leaders have formed an official task force to address the opioid epidemic that hasn't spared the county from its devastating impact.

“As a county, we’re seeing the number of overdoses, deaths and arrests related to opioids go up,” said Donna Walsh, director of the Seminole County Health Department. “So we wanted to get a structured way to approach the problem.”

In order to save the lives of overdose victims, county law enforcement officials have used opioid-overdose-reversing drug Narcan 80 times so far this year, compared with a total of 21 cases last year, said Dan Purcell, captain of Diversified Investigative Services at the Seminole County Sheriff’s Office and a member of the new task force.

“And we’re seeing deaths here,” said Purcell. “One death is too many, and we’re seeing an increase.”

Purcell said he didn’t have specific numbers from 2015 because “we noticed the trend emerging in 2016, which is when we started to track the opioid-related deaths.”

Of the 20 overdose deaths investigated by the Seminole Sheriff’s Office in 2016, 11 involved opioids, including heroin and/or fentanyl, among other substances, as cause of death.

From January to July this year, the office has investigated 13 overdose deaths, five of which have involved opioids. Several other cases are awaiting results from the Medical Examiner’s Office, according to Purcell.

With less than half the population of Orange County and a higher median average income, Seminole County ranks among the healthiest counties in Florida each year.

The opioid epidemic has affected the county less compared with Orange, which formed a Heroin Task Force two years ago. But like the rest of the nation, Seminole County hasn’t been immune to its scourge.

