

The Florida Department of Health in Seminole County presents the National Diabetes Prevention Program

KICKOFF EVENT

Health Education 🍎 A1C Screenings 🍎 Referrals 🍎 Registration

Make a commitment to your health and wellness by attending a FREE informational session about risk factors and eligibility* for the Diabetes Prevention Program.

Classes will start mid-May.

Wednesday, May 10, 2017 from 6 p.m. - 8 p.m.
Florida Department of Health in Seminole County
400 West Airport Boulevard, Sanford, FL 32773

You may be at risk for Type 2 Diabetes if you:

- Are 45 years of age or older
- Have a family history of type 2 diabetes
- Are overweight
- Are not physically active
- Had gestational diabetes



**Please be sure to bring a state issued identification and proof of income (IRS 1040, paystubs, or bank statement) per grant requirements for eligibility.*



Contact Andrew Derry, NDPP Coordinator, at (407) 665-3011 or Andrew.Derry@flhealth.gov
to RSVP for this event or register online at www.seminolecohealth.com