



**School Health Advisory Committee (SHAC)
Community Meeting Minutes**

Florida Department of Health in Seminole County

February 16, 2023, • 2:00-3:10 p.m.

Virtual and Physical Meeting

Purpose: SHAC’s Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

ATTENDEES: *Gigi Rivadeneyra, Luz Gonzalez-Tejada, Mirna Chamorro, Ethel Smith, Dawn Moore, Sarah Wright, Jeannette Maldonado, Tommye Brown, Melanie Santiago, Melissa Williams, Suzanne Leibkuchler, Ericka Vazquez, Thompson Crystal, Douglas Abreu, Robert Vanderloop, Enid Santiago, Martha Santoni, Kelley Davis, Kelly Rogers, Dr. Ikema Morris, Heather Haskett, Mary Lynn Hess, Patricia Reda, Stephanie Jackson, Jerry Henkins, Sgt. Frank Vargas, Kari Brown, Kymberli Dawson, Von Nguyen, Elizabeth Cruz, Richard Miles, Alice Gibson, Kelly Welch, Gladys Fernando, Mary Lane.*

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
Welcome & Introductions	Call to Order Co-Chairs: Gloria ‘Gigi’ Rivadeneyra, MS– School Health & PYD program Manager- Florida Department of Health Seminole County Michael Weitermann, BSN, RN, CCRN- Health Services Coordinator, Seminole County Public Schools Gigi welcomed SHAC members and called for review of the minutes and asked online participants to enter their names and title in the chat box for attendance and to type any questions they might have. She also played the video “Hands-Only CPR 2 Steps to Save a Life.”	Minutes reviewed. Corrections requested.
Guest Presenters	SCPS Health & Wellness Policy Updates-Richard Miles II, Assistant Director, Red Apple Dining, SCPS Richard emphasized the commitment from the School Board of Seminole county to their students and staff's wellness. He also explained that this is accomplished primarily	Richard Miles MS, RDN Seminole County Public Schools https://www.scps.us/

by the coordinated school health model. He mentioned that there are focus areas and professionals working on each one of these across the district, sharing ideas about projects they have accomplished or are working on. Richard highlighted the different sections of health and wellness efforts currently in practice or being considered for the future based on identified needs.

- Wellness Committees: Seminole County Public Schools have active wellness committee at schools and other worksites across the district. These individuals help plan and support wellness activities on their campus. This year the information was provided on wellness committee structure recommendations, such as incorporating an individual from each area of the Coordinated School Health Model as Best Practice. Committees meet at least 3 times a year.
- Health Education: In the first quarter of this year, a committee came together consisting of administrators, K-12 teachers, a parent, social worker, and a representative from the DOH-Seminole, with the goal of reviewing the materials for the comprehensive health education curriculum.
- Physical Education and Physical Activity: Physical education teachers were given the opportunity to participate in 5 paid days of professional development that provides them with new skills to implement in their classrooms like tennis, Brain Ball, and hundreds of lesson plans. In Seminole county, children from elementary school are offered 150 minutes per week of physical activity including The Magic Fit Physical Activity and regular physical education as a requirement by the State Statues. Middle schoolers can participate in sport programs outside of the school day.
- Nutrition Environment and Services: Every campus restaurant provides healthy breakfast and lunch options that meet federal nutrition standards. Every school's wellness committee is led by a Wellness Champion that receives and reinforces education about healthy nutrition practices.
- Health Services: For this component, the Health Services Department (SCPS-HS) currently offers staff the opportunity to become certified in CPR/AED/First Aid monthly. The purpose of this certification is for staff to be able to respond to emergencies that may arise on a campus.

- **Counseling, Psychological and Social Services:** This component ensures that families receive support through SCPS social services to maintain necessities in their home included but not limited to, connecting them to appropriate nutritional resources such as school food pantries, holiday, food drives, and much more.
- **Social and Emotional Climate:** School personnel are offered training and coaching in restorative practice, social, personal skills, and wellness groups with the purpose to target schools to leverage Tittle IV resources to cultivate a wellness culture and climate.
- **Physical Environment:** District policies and procedures are in place to ensure the maintenance of healthy and safe environment for students and staff. Key elements include campus monitor processes, testing, for radon, emergency/disaster response plans, quality facilities cleaning procedures, and staff safety training.
- **Employee Wellness:** The 2022-2023 Wellness Champion Program has been revised to include a more specific approach to increasing participation with meaningful outcome driven goals. Champions are asked to complete activities within 3 designated fields: physical wellness, mindfulness and social connection.
- **Family Engagement and Community Involvement:** The purpose of this committee is that SCPS involve families in school health activities to support students and encourage healthy environments at school and at home.

Disability Rights-Dawn D. Moore, Senior Intake Outreach Coordinator, Disability Rights Florida

Dawn D. Moore explained that Disability Rights Florida is part of Florida's protection and advocacy system founded by the congress in 1970. This protection system was created to protect and advocate for people with disability. Disability Rights Florida is the protection and advocacy agency for Florida and there is one in every state mandated by the Congress. Disability Rights Florida was established in 1977 is a not-profit organization that has authority and responsibility under nine federal grants. This system exists to ensure the safety, wellbeing, and success of all people with disability. The organization advocates access and accountability in health care, education,

Dawn D. Moore
 Senior Intake Outreach
 Coordinator at Disability Rights
 Florida
<https://disabilityrightsflorida.org/>

transportation, voting, housing, employment, and within the juvenile and criminal justice system. The services that Disability Rights Florida offers are free of charge and confidential to clients. The agency provides legal advocacy and rights protection for adults and children with a wide range of disabilities. The agency's attorneys, advocates, and investigators address civil rights violations, abuse and neglect, and discrimination specifically in areas such as:

- Disputes involving Medicaid eligibility
- Discrimination in housing, architectural barriers, service animals, transportation, and access to public and private programs and services.
- Abuse, neglect, and rights violations in institution, prison, or jail.
- Rights to a least restrictive environment, privacy, choice, dignity, and other basic human and civil rights.
- Barriers to a free and appropriate education, K-12 special education, transportation services, and post-secondary education.
- Access to mental health and support services.
- Maintaining or regaining employment, and vocational rehabilitation.
- Rights to effective and accessible communication like American Sign Language and accessible print and electronic information.
- Access to services that will enable veterans with service-related injuries a successful transition to civilian life.
- Voting registration, vote casting, and accessible polling places
- Access to assistive technology and devices such as communication devices and power wheelchairs.

Ms. Moore encouraged everyone with a disability related issue to please contact her agency to receive proper assistance. She also mentioned the publication called the Transition Tool kit, a guide for educators, parents, and attorneys who specialize in education law. Ms. Moore stated that this guide is a very useful guide for students 12 to 14 years of age who are trying to get transition services within the school system to get the support and services that they need, and for 14 to 22 years of age transitioning

	<p>from school to higher education or work.</p> <p>Mental Health Connections- Elizabeth Cruz, Connections Program Manager, Mental Health Association of Central Florida</p> <p>Mental Health Association of Central Florida was established in 1946 as a non-profit organization. The agency is dedicated to address the needs of people living with mental illness and to promote the overall mental health of all. Individuals must contact the agency by phone and complete and online form to be able to receive services. (MHACF) provide a wide range of services to people with no insurance and for people who speak different language rather than English. The agency includes complimentary resources and professional referrals from their database of over 3000 providers through their Mental Health Connections Programs which include the following services:</p> <ul style="list-style-type: none"> • Free mental health services at their clinic which is the only free mental health clinic in the state of Florida for qualified uninsured individuals. • Guardian Advocate: Only certified program in Central Florida that trains individuals to become surrogates on behalf of individuals who have been hospitalized under Florida's Baker Act. • Reflections Peer Recovery: A peer driven support to community that offers peer-led groups and trainings in support of recovery and wellbeing. • You are a lifeguard: A youth and young adult suicide prevention awareness initiative seeking to educate and reduce suicide. 	<p>Elizabeth Cruz Connections Program Manager, Mental Health Association of Central Florida info@mhacf.org https://mhacf.org/</p>
<p>Round Robin</p>	<ul style="list-style-type: none"> • Gigi Rivadeneyra shared that free African Dance classes taking place here at the Florida Department of Health in Seminole County every Tuesday & Thursdays from 6-7:00 PM in the auditorium. • Kelly Welch provided information for the substance abuse disorder. She stated that the county just entered contract with Recovery Connections of Central Florida. The number to contact is 407-RECOVER. • Anne Packham shared Medicaid is going to start unwinding on April 1st this year. Many people in Florida may potentially lose their Medicaid coverage because 	

	<p>they're no longer eligible due to their increased income, children have aged out, or due to the lack of notification from DCF. Schools are concerned that students with medical needs who are on Medicaid, could be dropped off and not be able to receive the services from the school, including counseling and necessary medications, and treatments. Anne will provide Gigi with flyers with their phone number and information to provide to the community. She also mentioned that there is an ACCESS center at Harvest Time International Inc. located in Sanford.</p> <p>*Upcoming SHAC dates:</p> <p style="text-align: right;">➤ April 20, 2023</p>	<p><i>Please submit any speaker suggestions or upcoming event information Gigi Rivadeneyra Gria.Rivadeneyra@flhealth.gov</i></p>
<p>Meeting Adjourned</p>	<p>3:02 pm</p>	