



**School Health Advisory Committee (SHAC)**

**Community Meeting Minutes**

Florida Department of Health in Seminole County

February 17, 2022 • 2:00-3:30 p.m.

Virtual

**Purpose:** SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

**ATTENDEES:** Martha Santoni, Sarah Wright, Heather Haskett, Kevin Baker, Ethel Smith, Tina Calderone, Richard Miles, Von Nguyen, Anne Packham, Vicky Perez, Colleen Gonzalez, Leticia De Jesus-Ulate, Stephanie Jackson, Gladys Fernando, Gigi Rivadeneyra, Kari King, Kelly Rogers, Jill Dorta, Frank Vargas, Sarah MacDonald, Mary Lane, Melanie Santiago, Cindy Hartley, Melissa Williams, Valerie James, Amy Smith, Emilie Mitchell, Kelly Brunner, Nancy Lacasse, Sarah Murphy, Jerry Henkins, Abby Rice, Teresa Marquez, Mirna Chamorro, Deloris Hunter, Ian Griggs, Michelle Guzman.

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
Welcome & Introductions	<b>Gloria 'Gigi' Rivadeneyra, M.S.– School Health and Positive Youth Development Program Manager- Florida Department of Health Seminole County - Chair</b>	
Review of minutes	Gigi welcomed SHAC members and called for review of the minutes. Remembrance for Gwen Henderson.	<b>Minutes reviewed. No edits requested. Edits and updates may be shared via e-mail to <a href="mailto:gloria.rivadeneyra@flhealth.gov">gloria.rivadeneyra@flhealth.gov</a></b>
Guest Presenters	<b>Victim Services Center- Emilie Mitchell, Education Coordinator, VSC</b> <ul style="list-style-type: none"><li>• Provide individualized services and resources to trauma victims, be it sexual, assault, violent crime or traumatic situation, through crisis response, advocacy, therapy and community awareness.</li><li>• VSC is a certified rape center for Seminole, Orange and Osceola, providing crisis response and forensics support.</li><li>• Anyone can experience trauma and violence, but some vulnerable</li></ul>	<b>Emilie Mitchell</b> Education Coordinator PH:407-254-9415 24/7Helpline: 407-500-HEAL <a href="http://www.healhere.org">www.healhere.org</a>

populations include LGBTQ, older adults and women.

- Sexual abuse is under reported due to the stigma associated with it.
- 24/7 Crisis Help Line is available at: 407-500-HEAL
- VSC hosts support groups for victims, provides individual therapy sessions, and hosts violence prevention education sessions on topics such as sexual assault and sexual harassment awareness, bullying, elder abuse, healthy relationships, among other.
- They also host podcasts with new episodes every Wednesday. Topics include suicide prevention, migrant violence, transgenerational trauma in the Black community and Trans Day Remembrance, among others.

**SCPS Wellness Policy Review- Richard Miles, Assistant Director, Red Apple Dining, SCPS**

- Richard shared that one of the statutory requirements is that school districts have a process to update and review the student wellness policy. This review process, over the years, has been facilitated through the SHAC.
- The wellness policy review provides an opportunity to coordinate efforts in a consistent way to provide a healthy environment for students and some of these efforts also impact staff wellbeing.
- The policy tackles areas such as nutrition, health and safety education, physical education, community partnerships and family engagement.
- SHAC members are encouraged to access the SCPS student wellness policy on their website and use their expertise on these different areas to share recommendations and best practices that can enhance the policy.
- A survey will also be conducted with school wellness champions and this information will be shared at a future SHAC meeting.

**Online Tobacco Program for Teachers-Deloris Hunter, Tobacco Policy Manager and Melanie Santiago, Community Engagement Manager, Civcom**

- The Tobacco Prevention program is developing a strategy to provide feedback and enhance K-12 tobacco policies.
- The goal of this activity is to ensure tobacco policies are comprehensive, up to date and evidence based.

**SHAC members may access the SCPS student wellness policy here:** <https://go.boarddocs.com/fl/semi/Board.nsf/Public#> and share recommendations or ideas with **Richard Miles**, via e-mail: [richard\\_miles@scps.k12.fl.us](mailto:richard_miles@scps.k12.fl.us)

To join the Tobacco Free Partnership or for more information about K-12 policy, please contact **Deloris Hunter** [deloris@civcom.com](mailto:deloris@civcom.com) or **Melanie Santiago** [melanie@civcom.com](mailto:melanie@civcom.com)

- These updates can assist school districts in keeping up with changes in the types of tobacco products being utilized, such as changes in types of vaping devices, and can help increase awareness among school staff on the trends in use and type of devices available.
- Current K-12 tobacco policies provide allowances to suspend students who are found to have tobacco products on campus. One possible enhancement that could be considered for the policy would be to allow for the referral of students to a cessation course provided on campus or virtually.
- The Tobacco Prevention program is looking for volunteers from the community and Seminole County Public Schools to share their feedback and input and to help in the development of their strategic plan for future K-12 policy enhancements. This taskforce could meet once a quarter.
- The program is also looking to work with community organizations and school personnel to help educate students and staff about the harmful effects of tobacco.
- The program also provides tobacco education presentations in schools and at school board meetings.
- Palm Beach school district was able to successfully implement free online tobacco cessation courses for youth and for vaping infractions as an alternative to student suspension. This resource is available to other counties as well. The program provides counselors, and with doctor's authorization, can offer nicotine replacement therapy. This online service also provides continuing education options for teachers, staff and nurses.

**Health Insurance Marketplace Updates- Anne Packham, Marketplace Project Director, PCAN**

- Anne introduced Vicky Perez who is a new Health Insurance Marketplace navigator for Seminole County.
- The Marketplace special enrollment period is currently open for people who have recently lost coverage. Individuals who are earning less than 150% of the poverty guidelines, for example for a single person that might be around \$19,000 or \$26,000 for a family, they would qualify for this special enrollment anytime of the year.

**Anne Packham, MPH**  
**Marketplace Project Director**, Primary  
 Care Access Network  
 Tel: 407-489-2752 -- 1-877-564-5031 --  
 CoveringCFL.net  
 e-mail: [annepackham2@gmail.com](mailto:annepackham2@gmail.com)

- Although the marketplace online portal has not been updated to allow access, a navigator can help individuals access the special enrollment period.
- Anne encouraged partners to share this information with families and clients who may be low income to reach out to a navigator.
- Navigators are working currently with Shepherd's Hope.
- Navigators may work with clients face to face, over the phone or via online platforms like Zoom.
- Navigators are available to participate in community outreach events.

**Epidemiology Updates- Kevin Baker, Epidemiology Manager, Florida Department of Health in Seminole County**

- Covid cases have slowed down significantly.
- Omicron surge started back in December 2021, when about 8,500 cases were reported, with cases peaking during the month of January 2022 at 26,000. When comparing these numbers with August of last year, when cases were at 12,500, we can see that cases more than doubled.
- Since then, cases and community transmission have declined. Seminole is very close to getting out of high transmission.
- Positivity rate has also declined from 50% at our peak, to 17.9%, and continuing to trend down.
- The age groups that make up the majority of cases are 30-39, 40-49 and 50-59 year old. Schools and child care facilities make up a smaller percentage of cases at this time.
- Soon after the peak, unfortunately, the number of deaths increased, due to death reporting lagging.
- Regarding vaccination rates, in Seminole County 70% of those ages 5 and up have had at least one dose of COVID-19 vaccine. Vaccination rates have slowed down.
- Recommendations for case investigation and contact tracing are continuing to change. Kevin will be sharing any updates with Gigi, our incident management team and our school district.

**Kevin Baker**

*Epidemiology Program, DOH-  
Seminole*

*e-mail : [kevin.baker@flhealth.gov](mailto:kevin.baker@flhealth.gov)*

	<ul style="list-style-type: none"> <li>• CDC may also be updating their masks recommendations.</li> </ul> <p><b>School Health Updates</b></p> <ul style="list-style-type: none"> <li>• Gigi extended a thank you to Richard Miles, Kari King, Mary Lane and Von Nguyen for providing feedback and updates to the new School Health Services Plan.</li> <li>• Gigi will be reaching out to other SHAC members to seek their expertise for the service plan updates.</li> <li>• The goal is to have the service plan updated by April, so that it can be shared with the school board for their review and approval.</li> <li>• Gigi thanked Amy Elwood, Niki Johnson and Dr. Walsh for assisting with this review and routing process as well.</li> <li>• The service plan document has been shared with SHAC members. Members who would like to provide feedback may do so by e-mailing Gigi.</li> </ul>	<p>Please send any School Health Service Plan edits to <b>Gigi Rivadeneyra</b>  School Health Program Manager/PIO  DOH-Seminole  <a href="mailto:Gloria.rivadeneyra@flhealth.gov">Gloria.rivadeneyra@flhealth.gov</a></p>
<p><b>Round Robin</b></p>	<ul style="list-style-type: none"> <li>• Gigi opened the floor for new SHAC members to introduce themselves and for members to share updates and upcoming event information.</li> <li>• Abby Rice shared about Shepherd's Hope, a charitable clinic that offers specialty health services in our community, including students. They are located in the Sharing Center Plaza.</li> <li>• Sargent Frank Vargas introduced himself, he is with the Florida Army, National Guard Counter Drug Task Force. His role is to work with counties to support their drug misuse prevention efforts and provide assistance to current projects they are working on. His goal is to provide support and education for youth programs serving middle and high school students. Education includes topics such as short and long term effects of drug use and how some gateway drugs impact youth.</li> <li>• Gigi introduced Ethel Smith and Heather Haskett with the Office of Minority</li> </ul>	<p><b>Abby Rice</b>  Vice President of Operations,  Shepherds Hope:  <a href="https://www.shepherdshope.org/locations/">https://www.shepherdshope.org/locations/</a>  Email:<a href="mailto:abby.rice@shepherdshope.org">abby.rice@shepherdshope.org</a></p> <p><b>Sgt. Frank Vargas</b>  Sergeant First Class, FL Army National Guard  Counterdrug - Drug Demand Reduction Outreach Civil Operator  MOBILE: 407-234-8598  EMAIL: <a href="mailto:frank.vargas1.mil@army.mil">frank.vargas1.mil@army.mil</a></p>

	<p>Health at DOH-Seminole. Heather shared her role is to provide nutrition and healthy lifestyle education to children through the SNAP-ED program grant. Their program is free and available to all Seminole County youth. They are seeking opportunities to collaborate with our school district and community partners.</p> <ul style="list-style-type: none"> <li>• Gigi shared information about the Annual Ball Drive, hosted by Colleen Gonzalez with GROW Central Florida, including Orange, Seminole and Volusia. This initiative collects about 3,000 sports balls and distributes them throughout our community to encourage physical activity among youth. They also distribute community resource information. They are looking for partners who can serve as collection sites, share resources and donate balls. Flyers will be sent out to SHAC.</li> <li>• Martha Santoni shared Nemours is having another School Health Training on Wednesday March 9<sup>th</sup>, 2022 from 1:30-2:30. The training will focus on how to identify and assess depression in students and how substances may also be misused by students to cope with anxiety, health and depression. Martha will share more details information once the flyer is ready.</li> </ul> <p style="text-align: center;">NEXT SHAC MEETINGS:</p> <p style="text-align: center;">❖ April 21, 2022</p>	<p><b>Heather Haskett and Ethel Smith,</b> Health Educator Consultants with the Office of Minority Health, DOH- Seminole <a href="mailto:Heather.Haskett@flhealth.gov">Heather.Haskett@flhealth.gov</a> <a href="mailto:Ethel.Smith@flhealth.gov">Ethel.Smith@flhealth.gov</a></p> <p><b>GROW Central Florida</b> <a href="http://www.growcentralflorida.org/">http://www.growcentralflorida.org/</a></p> <p><b>Martha Santoni</b> Nemours Children's Hospital, Florida e-mail: <a href="mailto:Martha.Santoni@nemours.org">Martha.Santoni@nemours.org</a></p>
<b>Meeting Adjourned</b>	<b>3:30pm</b>	