



**School Health Advisory Committee (SHAC)**

**Community Meeting Minutes**

Florida Department of Health in Seminole County

September 22, 2022, • 2:00-3:30 p.m.

Auditorium/Virtual Microsoft Teams

***Purpose:*** SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

***ATTENDEES:*** Douglas Abreu, Richard Miles, Von Nguyen, Kevin Baker, Sheryl Boxer, Mirna Chamorro, Colleen Gonzalez, David Manchon, Leticia DeJesusUlate, Gladys Fernando, Alice Gibson, Jennifer Gomez, Luz Gonzalez-Tejada, Heather Haskett, Juriana Gonzalez, Colleen Lewis, Alfredo Maldonado-Lebron, Deborah Marhee, Pam Gould, Gloria Rivadeneyra, Enid Santiago, Ethel Smith, Henisha Williams, Melanie Santiago, Mike Weitermann, Jerry Henkins, Mary Lane, Anne Packham, Melissa Williams, Tami Bradley, Kelly Welch, Tina Calderone, Mike Sheehan, Caitlyn Baumann, Kari King, Deloris Hunter, MaryLynn Hess, Melanie Santiago, Robert Vanderloop .

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
<p><b>Welcome &amp; Introductions</b></p> <p><b>Review of minutes</b></p>	<p><b>Co-Chairs:</b>  <b>Gloria 'Gigi' Rivadeneyra, MS– School Health &amp; PYD program Manager- Florida Department of Health Seminole County</b>  <b>Michael Weitermann, BSN, RN, CCRN- Health Services Coordinator, Seminole County Public Schools</b>            Gigi and Michael welcomed SHAC members and called for review of the minutes. Michael introduced himself.</p>	<p><i>Minutes reviewed. No edits requested. Edits and updates may be shared via e-mail to <a href="mailto:gloria.rivadeneyra@flhealth.gov">gloria.rivadeneyra@flhealth.gov</a></i></p>
<p><b>Guest Presenters</b></p>	<p><b>Mission Fit Possible-Melissa Williams, Health Educator, Mission Fit Possible.</b></p> <ul style="list-style-type: none"> <li>• Mission Fit Possible is a grant funded Advent Health community health and wellness program.</li> <li>• The mission of the program is to encourage healthy lifestyles for children within the Central Florida community.</li> <li>• Since 2011 Mission Fit has been to over 110 schools in Orange, Osceola, Seminole, Polk, Flagler, and Volusia County. They had also attended local community events, after school programs, summer programs, Boys and Girls Clubs, and other</li> </ul>	<p><b>Melissa Williams</b>            Coordinator            Mission Fit Possible            Advent Health for Children  <a href="mailto:Melissa.A.Williams@adventhealth.com">Melissa.A.Williams@adventhealth.com</a>            321-258-9398</p>

elementary based programs and have seen around 34,000 children in the central Florida community.

- Health educators conduct presentations for 2<sup>nd</sup> and 4<sup>th</sup> graders five times throughout a semester, typically once a month.
- Each visit to the schools focuses on one of the four core concepts of health with the last visit incorporating them all and take approx. 35-45 minutes long.
- Health screenings are done on the first and last visit to collect data on what the children have learned. BMI is also collected at these visits.
- Staff may also participate in any PTA meetings, school events, or anything else that may be beneficial for the school.
- Benefits of the program: aligns with PE objectives, offers prizes and incentives for teachers and students, opportunity to collaborate with Advent Health for Children, take home activities for students to maximize their learning.

**Epilepsy – Mike Sheehan, Prevention and Education Coordinator, Epilepsy Association**

- The Epilepsy Association of Central Florida is not-for-profit, community-based organization dedicated to serving the needs of those affected by epilepsy, and it has been in service for 60 years.
- The organization serves the areas of Orange, Seminole, Osceola, and Brevard counties with the mission to improve the quality of life for persons affected by epilepsy/seizure disorders.
- They provide services for anyone who has epilepsy, uninsured, no Government Assistance-Medicaid, Medicare, Disability, no income, low-income families, and homeless.
- The program also provides prevention education, community presentations and advocacy.
- Epilepsy is a central nervous system (neurological) disorder in which brain activity becomes abnormal, causing seizure or periods of unusual behavior, sensations and sometimes loss of awareness.
- Epilepsy can affect all genders and races, ethnic backgrounds and ages.
- Epilepsy affects more than 50 million people worldwide. More than 3 million adults and 470,000 children under the age of 18 in the United States have active epilepsy. Florida ranks 3<sup>rd</sup> in number of cases with approx. 225,000 cases and approx. 27,500 cases are children ages 0-17.

**Mike Sheehan**

*Coordinator*

*Epilepsy Association*

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- Seizures are classified into two categories: Generalized seizures and Focal seizures.
- There are different types of seizures: Absence, Myoclonic, Atonic, Tonic, Clonic, and Tonic-Clonic.
- Seizure Triggers: missing medication, stress or anxiety, lack of sleep, overheating or overexertion, flashing lights and hyperventilation, and alcohol and drug use.
- First Aid for seizures: cushion head and remove glasses, loosen tight clothing, turn on side, time the seizure with a watch, don't put anything in mouth, loke for I.D, don't hold down, and as seizure ends offer help and emotional support.

**SWAT-Melanie Santiago, Community Engagement Manager, CivCom**

- SWAT is Florida's statewide youth organization working to mobilize, educate, and equip Florida youth to revolt against and de-glamorize Big Tobacco. A movement of empowered youth working towards a tobacco free future.
- SWAT has been around for about 15 years and its purpose is that students can develop leadership skills, learn about the marketing strategies of tobacco companies and become advocates and be more involved in the community.
- SWAT Chapter: club focus in their school and only involves youth that attend their schools, includes any youth that shows interest in the program in Seminole County. High school students who join the program qualify to receive Community Service Hours. Both, middle and high school students receive Leadership training and public speaking training.
- Facilitator role: to facilitate for SWAT Meeting and ensure all meetings are youth led. To do all the back work for SWAT and to be able to achieve a successful Chapter Club. To filter out all communication to ensure the safety of our youth.
- The program is looking for additional schools to partner with and establish new clubs. Please contact Melanie Santiago for more information.

**Epidemiology Updates- Kevin Baker, Epidemiology Program, DOH-Seminole**

- On the COVID-19 front, there has been a very sharp decline in cases. Some of the reasons of the decline can be because cases are not reported to the Health Department, less activities, less outbreak investigations in schools, and outbreak ethnicity data highly incomplete.
- Omicron is the most predominant variant, but there still new variants appearing.

**Melanie Santiago**  
 Community engagement  
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**Kevin Baker, Epidemiology  
 Program Manager  
 FDOH -Seminole County**  
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**Round Robin**

- Kevin also provided an update on monkeypox disease: not a sexually transmitted disease, however it can be transmitted with prolonged skin to skin contact. Monkeypox is not the new COVID-19 in terms of outbreak but a person with monkeypox can spread it to others from the time symptoms start until the rash has fully healed and a fresh layer of skin has formed. The illness typically lasts 2-4 weeks.
- Flu season updates: parents may choose to vaccinate their children against COVID-19 and the flu at the same time. A new booster more specific for the Omicron variant was recently released.
- COVID-19 Omicron booster is available, but for those with a recent COVID-19 infection, CDC recommends, it is better to get it three months after being infected for better efficacy.
- We don't know yet if COVID-19 will be seasonal like the flu.
- There is a new COVID-19 vaccine which is only one dose.
  
- Anne Packham shared there is a new open enrollment period for this year to access health coverage through the Health Insurance Marketplace. She also explained that many people who were able to keep coverage during the pandemic will now lose their Medicaid coverage because they may be earning more income, or a child has aged out of Medicaid coverage. They have a new campaign to help clients keep their coverage named "Keep your coverage". Clients who qualify need to go online to the access Florida page and apply for the coverage and update their information. Please contact Anne for updated rack cards and more information.
- Kelly announced they are working with the Seminole Prevention Coalition on a new community awareness campaign which includes vehicle wraps from DEA "One Pill Can Kill" campaign to raise awareness to the community. She mentioned that they have wrapped two of the DOH vehicles, and vehicles at the sheriff office, Lake Mary PD, Sanford PD, and many others. She invited organizations who may have vehicles available, schools and other agencies, to contact her, the county campaign will cover the cost of wrapping the vehicles.
- Mary shared the school district has created a workgroup to outline a process for the review of the health education curriculum to align with recent legislation updates. She thanked Gigi for being a collaborator in the work group.

**Anne Packham**  
**Covering Central Florida/Health Insurance Marketplace/PCAN**  
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**Kelly Welch**  
Community Services and  
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Program Manager  
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	<ul style="list-style-type: none"> <li>Gigi thanked Anne, Michael, Mary Lane, Richard and Kari and everyone else who help during the summer to review the Health Services Plan and also Tami and all the students from Seminole High School Health Academy who volunteered at the DOH-Seminole Family Health Fest at Ft. Mellon Park, Sanford.</li> </ul> <p style="text-align: center;">NEXT SHAC MEETINGS:</p> <ul style="list-style-type: none"> <li>November 10, 2022</li> <li>February 16, 2023</li> <li>April 20, 2023</li> </ul>	<p>Please send agenda topics to  <b>Gigi Rivadeneyra</b>  School Health/TOP Program  Manager/PIO  DOH-Seminole  <a href="mailto:Gloria.rivadeneyra@flhealth.gov">Gloria.rivadeneyra@flhealth.gov</a></p>
<b>Meeting Adjourned</b>	<b>3:00pm</b>	