



<p><b>Guest Presenters</b></p>	<ul style="list-style-type: none"> <li>Resources: <a href="#">The National Suicide Prevention Lifeline</a> at 800-273-TALK (8255) or call 911 immediately.</li> </ul> <p><b>Lotus Behavioral Health- Maria Schena, Family and Adolescent Advocate; Dr. Malissa Barbosa, Medical Director; Michael Radka, Co-founder; Tracy Murphy, Clinical Director; James Ekbatani, CEO Founder.</b></p> <p>In 2019 over 12,000 adolescents were admitted into treatment facilities through Florida. Lotus Behavioral Health is a non-profit organization that serves adolescents and their families, who are struggling with substance use and mental health disorders. They currently offer outpatient treatment using a multidisciplinary approach, which includes cognitive behavioral therapy, group and individual therapy, family therapy. In the near future, they will be offering a residential treatment program for teens ages 13-17. There is currently a high need for these services due to the limited number of residential treatment facilities in our area (only 4 facilities within 50 miles of Winter Springs), and an increase in substance use and of overdose cases. They also offer virtual services and support groups. Lotus Behavioral Health is credentialed with multiple commercial insurance plans and work with clients to customize self-pay schedules. They are also a distributor of Narcam in our area. For more information, please contact Maria Schena.</p> <p><b>GROW Central Florida – Collen Gonzalez, Founder GROW Central Florida</b></p> <p>GROW Central Florida is a non-profit organization that promotes environments that support increased opportunities for physical activity and healthy living for Central Florida School Children. Over the years they have served over 65,000 children in the areas of Orange and Seminole counties. They have provided over 4,000 pairs of new athletic shoes to children, served over 900 classrooms with recess supplies to support activity in youth. They partner with Track Shack and elementary schools to support run clubs by providing coordination support, water bottles, t-shirts, stickers and other supplies. They currently have 36 locations in Central Florida for the distribution of athletic shoes. Collen is also an Action for Healthy Kids ambassador, and this organization is providing cash awards to schools for projects related to physical activity promotion, health education and social emotional learning. Please visit/share the following links for more information about the different resources:</p> <ul style="list-style-type: none"> <li>Link to teachers to request a Nike Soccer Ball for Recess (500 total to distribute ...</li> </ul>	<p><b>Maria Schena</b>  <b>Lotus Behavioral Health</b>  407-574-6880  sचना@lotusbh.org  Admissions: 833-99-lotus  info@lotusbh.org  www.lotusbh.orgissions</p> <p><b>Colleen Gonzalez, Founder</b>  <b>Parent Ambassador - Action for Healthy Kids</b>  (407)461-2611  Learn more at:  <a href="http://growcentralflorida.org">http://growcentralflorida.org</a></p> <p>Facebook:  <a href="http://www.facebook.com/growcentralflorida">www.facebook.com/growcentralflorida</a>  Instagram:  <a href="http://www.instagram.com/growcentralflorida">www.instagram.com/growcentralflorida</a>  YouTube: <a href="#">GROW Central</a></p>
--------------------------------	---	--

preference is being given to schools that are 40% or greater FRL):

<https://www.surveymonkey.com/r/77FY6K2>

- Link for elementary schools to request support for their Run Clubs:  
<https://www.surveymonkey.com/r/59ZNRCY>
- Link for school to request new shoes for a student in high need (we are currently working w 36 total schools): <https://www.surveymonkey.com/r/RSK8KV8>
- GROW Action for Healthy Kids School Partnership Application (\$1,000 to implement a project that strengthens family-school collaboration:  
<https://www.surveymonkey.com/r/BHZ8KXX>

### **Epidemiology Updates-Kevin Baker, Epidemiology Program Manager, DOH-Seminole**

Community transmission across the United State remains high, however, cases have been declining for the state of Florida, currently averaging about 100 cases per 100,000 population per week in every county in the state. We are still considered to be under high transmission. In Seminole County, we are at about 295 cases per 100,000 but we are trending down. We experienced our highest transmission rate during the month of July with the delta variant, and at that time we were at 601 cases per 100,000 over the course of a seven day period. Our goal is to get below the 100 cases per 100,000 mark to get down to moderate transmission or below. Positivity rate has also trended down to about 12.4% from 20-23% in July and August. Our goal here is to get below 5% positivity rate. Regarding cases in school age youth, positivity rate remains higher for the 12-19 year olds (14.9%) than for 0-11 year olds (13%), but has trended down since the end of August. Testing volume has decreased during the month of September. Regarding vaccinations, approximately 69% of the population has received at least 1 dose of the COVID-19 vaccine and among those ages 12-19, 53% have been vaccinated. Vaccination coverage continues to increase, though slower than before. DOH released a revised emergency rule for schools with reduced quarantines for students and allowing parents a choice to quarantine or allow children to continue to go to school if they were exposed to someone positive, but remain asymptomatic. This rule applies to public schools, private schools may choose to adopt the rule but they can choose to follow CDC quarantine guidelines. To view the state weekly reports for COVID-19 visit <https://floridahealthcovid19.gov/> . These reports are updated on Fridays after 5pm.

[Florida - YouTube](#)

**Kevin Baker, Epidemiology  
Program Manager  
FDOH -Seminole County  
PN:407 665 3266  
[kevin.baker@flhealth.gov](mailto:kevin.baker@flhealth.gov)**

	<p><b>School Health Updates- Gigi Rivadeneyra, School Health Program Manager, DOH-Seminole</b></p> <p>DOH-Seminole is currently offering curbside rapid diagnostic testing for school students and staff at the Sanford location, in collaboration with our school district, to ensure students/staff are safe to return to school as quickly as possible. Gigi expressed thanks to SCPS health services team for helping to promote this resource to schools and families. Testing will be offered Monday thru Friday thru October 1st and plenty of appointments are available.</p> <p>This school year Gigi will bring forth to the SHAC the School Health Services Plan for review and feedback. The School Health Services plan is the document that outlines the health services that are provided in our schools as required by statute and details the type of services and how these are implemented in the school setting. Statute also requires that our SHAC committee reviews and provide feedback for the plan.</p>	<p><b>Gigi Rivadeneyra, School Health Program Manager</b> DOH-Seminole Phone: (407) 665-3382 <a href="mailto:Gloria.Rivadeneyra@flhealth.gov">Gloria.Rivadeneyra@flhealth.gov</a></p>
<p><b>Round Robin</b></p>	<p>Gigi shared on behalf of Martha Santoni from Nemours that on October 2<sup>nd</sup> from 9am to 1pm, Nemours will be providing free well checks and vaccines for uninsured children 17 yrs of age or younger, at the Mexican Consulate in Orlando. More information will be shared in a follow up e-mail with SHAC members.</p> <p>Anne Packham with Primary Care Access Network announced that they are working on hiring additional navigators. Open enrollment period has been extended until January 15<sup>th</sup>, 2022. Upper level income limits have been eliminated, so more individuals may qualify for insurance through the marketplace. For more information please reach out to Anne Packham: Tel: 407-489-2752 -- 1-877-564-5031 -- CoveringCFL.net <a href="mailto:annepackham2@gmail.com">annepackham2@gmail.com</a></p> <p>Herronda Mortimer with DOH-Seminole announced this will be her last meeting representing the Office of Health Promotion and Education as she will be transitioning to a new role at DOH-Seminole as coordinator of the Breast and Cervical Cancer Education Program. She invited members to participate in the Bike to Work Day on Friday October 29, as part of Mobility Week events. Organizations can create a team and learn more at <a href="http://fdot.tips/bikesanford21">fdot.tips/bikesanford21</a> and <a href="http://lovetoride.net/florida">lovetoride.net/florida</a>. More information will be shared in follow-up e-mail.</p>	<p><i>Please submit any speaker suggestion for future SHAC meetings to Gigi Rivadeneyra</i> <a href="mailto:Gloria.Rivadeneyra@flhealth.gov">Gloria.Rivadeneyra@flhealth.gov</a></p>

	<p>Richard Miles with SCPS Red Apple Dining shared they continue to offer drive thru meals for children 18 and under at multiple locations Monday-Friday between 10-10:30am. More information available at: <a href="https://diningservices.scps.us/free-meals/">https://diningservices.scps.us/free-meals/</a></p> <p>Happy Birthday Richard Miles!!!!</p> <p style="text-align: center;">NEXT SHAC MEETINGS:</p> <ul style="list-style-type: none"> <li>❖ Nov. 18, 2021</li> <li>❖ Feb. 17, 2022</li> <li>❖ April 21, 2022</li> </ul>	
<p><b>Meeting Adjourned</b></p>	<p><b>3:05pm</b></p>	