

# School Health Advisory Committee (SHAC)

## Community Meeting Minutes

Florida Department of Health in Seminole County

Nov. 09, 2023, • 2:30-3:30 p.m.

Hybrid Live at DOH-Auditorium, Sanford and via Microsoft Teams



**Purpose: SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.**

**ATTENDEES:** Nicole Johnson, Ashley Dykes, Erica Vazquez, Tami L. Bradley, Kari Brown, Karen Clark, Gladys Fernando, Nefretiri Fitzgerald, Karen Henry, Mary Lynn Hess, Richard Miles, Patricia Reda, Kelly Rogers, Enid Santiago, Martha Santoni, Victor Reyes, Sarah Wright, Alice Gibson, Stephanie Jackson, Rebecca Eiland, Kaylesha Webster, Robert Vanderloop, Jerry Henkins, Kristin Krebs, Felicia Santiago, Leticia DeJesus-Ulate, Luz Gonzalez-Tejada, Gloria Rivadeneyra, Michael Weitermann, Jennifer Cicia.

Topic	Discussion/Speaker	Action Item/Notes
<b>Welcome &amp; Introductions</b> <b>Review of minutes</b>	<p><b>Sign In/Call to Order</b></p> <p><b>Co-Chairs:</b> <b>Michael Weitermann, BSN, RN, CCRN- Health Services Coordinator, Seminole County Public Schools and Gloria 'Gigi' Rivadeneyra, MS- School Health &amp; PYD program Manager- Florida Department of Health Seminole County</b></p> <p>Gigi welcomed SHAC members and called for review of the minutes. She also reminded us that November is National Diabetes Awareness Month, that the rate of Type 2 diabetes has been increasing over the last two years which also increases the risk of younger people to develop type 2 diabetes, and that about 5% of the population has Type 1 diabetes. DOH Seminole offers a diabetes prevention program and referrals are being accepted. Michael shared that schools are seeing more students across the district needing diabetic care, so the district launched an initiative service to make more employees aware of the importance of diabetic care and management, and how to identify when students might need help. The initiative focuses not only on the medical need, but also in the social and emotional skills, social work, and mental health as well.</p>	<p>Minutes reviewed. No edits requested. Edits and updates may be shared via e-mail to <a href="mailto:gloria.rivadeneyra@flhealth.gov">gloria.rivadeneyra@flhealth.gov</a></p>
<b>Guest Presenters</b>	<p><b>SCPS School Health Services Team Updates-</b></p> <p>Michael Weitermann shared:</p> <ul style="list-style-type: none"><li>• They have been working with DOH-Seminole School Health team on a CoAg grant that allowed increase health services capacity by allocating additional LPN staff for our schools.</li><li>• Currently 5 contracted LPNs have been onboarded and are currently providing services to students in schools across the district.</li></ul>	<p>Michael Weitermann, BSN, RN, CCRN Medical/Health Services Coordinator &amp; Pediatric Registered Nurse <a href="mailto:weiterma@scps.k12.fl.us">weiterma@scps.k12.fl.us</a> phone: 407-320-2016</p>

	<ul style="list-style-type: none"> <li>• Michael is currently overseeing a team of 50 health services team members.</li> <li>• Michael introduced a Shared Governance initiative him and his team have been working on to share best practices and keep the school community and partners informed of all the work being done by the SCPS Health Services team. The steering team includes Kristine Krebs, Danielle Calapa, Niki Johnson and himself.</li> </ul> <p>Kristin Krebs shared:</p> <ul style="list-style-type: none"> <li>• <i>The SCPS Health Services Division is leading a mass Health Training Initiative across the whole district including elementary, middle, and high schools.</i></li> <li>• <i>Through this initiative a team of nurses go out to school campuses and provide approximately a 40-minute lecture style presentation, together with a 20 minute hands-on practice followed by an online competency assessment. The sessions cover topics such as medication administration, asthma, allergic reactions, seizures, diabetes, and choking in the highland maneuver, chest compression, and opioid overdoses. At the end of the sessions, participants can join the training teams to do hands on research practice with the Happy Path and Healers.</i></li> <li>• <i>The Shared Governance team has compared participation in health trainings. Last year, the number of staff participating in online health trainings 1,400, this year 4,110 individuals have participated throughout the 52 hybrid and in person sessions.</i></li> <li>• <i>Participants also report a more meaningful and engaging learning experience.</i></li> </ul> <p>Danielle Calapa shared:</p> <ul style="list-style-type: none"> <li>• <i>The Shared Governance Committee launched by the SCPS Health Services Department comes together as a group, collaborates, and sets annual goals that include defining clear expectations with workflow and consistent practices across all campuses throughout the county to ensure safeguards are in place to mitigate risks for the stakeholders, and to increase reports with key community partners.</i></li> <li>• <i>Some of the initiatives they have implemented so far include:</i> <ul style="list-style-type: none"> <li>○ <i>Standardizing some functions in the clinic workflow</i></li> <li>○ <i>Having clinic assistants and nurses wear tags that identifies their title to help other staff and parents better identify them and their roles and avoid confusion.</i></li> <li>○ <i>Issuing a quarterly clinic newsletter, to ensure that clinic assistants across the county and schools are getting the most up-t-date accurate information.</i></li> <li>○ <i>Recognition of great work practices by clinic assistants by highlighting a Clinic Assistant of the Month.</i></li> <li>○ <i>Developing a 15 minute clinic process overview/guideline for staff members/teachers to utilize when they're trying to determine whether a student should be sent to the</i></li> </ul> </li> </ul>	<p><i>Kristin Krebs, School Board Nurse, and Co-Chair of Shared Governance krebskm@scps.k12.fl.us</i></p> <p><i>Daniel Calapa, School Board Nurse, and Co-Chair of Shared Governance calapade@scps.k12.fl.us</i></p>
--	---	--

clinic to be served or handle in the classroom. The goal is to reduce unnecessary clinic visits and increase student learning time within the classroom.

- o Conducting Internal clinic audits, to identify areas for improvement and promote more uniform school districts procedures.
- o Offer community partner presentations to share what health services are offered, improve processes, and keep stakeholders informed. Recently, the team presented at a first responder meeting with representatives from the Seminole County Fire Department, Oviedo Fire Department, and Sanford Fire Department. This presentation led to improvements for when personnel have to respond to an event in a school campus, so their presence on campus is better received, easily accessible and services can be expedited. Information was also provided to first responders regarding SPCS nursing model and the different levels of providers they have.

**Autism and Resources-Jennifer Cicia, Autism Disorder Specialist, UCF Center for Autism and Related Disabilities.**

- The Center for Autism and Related Disabilities (CARD) seek to provide support and assistance with the goal of optimizing the potential of people with autism, dual sensory impairment, and related disabilities.
- This is a state funded program through the Department of Education. It offers consultative support, free of cost to families and professionals to help build capacity. The program serves Orange, Seminole, Osceola, Brevard, Volusia, Sumter, and Lake counties. Legislature passed a statue authorizing the CARD Center and appropriated startup funds in 1993 after a parent's request to legislators.
- CARD works with any individual of any age that has documentation of a qualifying diagnosis such as Autism, Rett's Syndrome, Asperger's Syndrome, Pervasive Developmental Disorder-Not Otherwise Specified (PDD-NOS), Childhood Disintegrative Disorder, Deaf-blind, Vision or hearing impairment with accompanying disability covered under the agency for people with disabilities: cerebral palsy, DS, Prader Willi, Spina Bifida, Phelan McDermid Syndrome, or Intellectual Disability.
- CARD is divided in to four categories: Individualized and Family Assistance, Public Awareness, Technical Assistance, and Professional Trainings.
- Individualized and Family Assistance is based on consultative model. The program does home visits, community outings, parent trainings, attends meetings, runs support groups, conducts functional assessments of behavior, classroom consultation, positive behavior support, personal future planning, provides education materials and referrals. CARD also offers technical assistance, district-wide planning and teaming, individual classroom support and participate in the Florida Organizational Change Project, DOE Partnership Program, community activity groups, and encourage best practices.
- They also attend events to share information with the community about CARD and Autism, offer presentations for professional training, regional workshops, classroom-based training, in-

Jennifer Cicia, M.Ed., BCBA  
Autism Disorders Specialist  
UCF Center for Autism and  
Related Disabilities  
Phone: 407-205-9754  
Email: [Jennifer.Cicia@ucf.edu](mailto:Jennifer.Cicia@ucf.edu)  
Website: [www.ucf-card.org](http://www.ucf-card.org)

	<p>service, institute evening trainings, teacher support network/meetings, among others.</p> <ul style="list-style-type: none"> <li>• CARD does not handle emergency crisis situations, provide therapies in the Center/or home, provide direct on going one on one support, contact on a regular basis to check on progress, diagnose, advocate for services and or programs, duplicate services by other state agencies, lobby to the state to increase in funding, provide medical advice or assistance, nor writes letters of recommendation for unproven therapeutic interventions.</li> <li>• Families interested in services can contact the services at 407-823-6001 or go the website <a href="http://www.ucfCard.org">www.ucfCard.org</a> to complete intake, complete registration including submitting required information, schedule initial phone/zoom appointment, and follow through on action items and keep A.S.D specialist up to date on any changes.</li> </ul>	
<b>Round Robin &amp; Closing Remarks</b>	<ul style="list-style-type: none"> <li>• Kaylesha Webster, shared that the Oviedo YMCA is offering a Water Safety Education Program. UCF CARD is a partner for their Water Safety program. YMCAs are located in Oviedo, Lake Nona, Lake Mary and South Orlando. The Oviedo center currently has the greatest number of kids. YMCA Holiday Camp is scheduled for November 20-22 The Oviedo YMCA is currently hosting a Teen Leadership Program for the youth. This is a one year program that offers youth workshops on life skills and leadership development, youth also get a laptop and can participate in a trip to North Carolina after completion.</li> <li>• Rebecca Eiland shared the Seminole County Community Health Program has been awarded a water safety grant. The grant is intended to provide resources to the community such as swim lessons for families who qualify, door and pool alarms, and trained consultants to inform the community on water safety.</li> </ul>	
<b>Next Meeting</b>	<ul style="list-style-type: none"> <li>➤ Thursday, February 22, 2024</li> <li>➤ Thursday, April 18, 2024</li> </ul>	Please submit suggestions for future SHAC meetings to Gigi at <a href="mailto:Gloria.Rivadeneira@flhealth.gov">Gloria.Rivadeneira@flhealth.gov</a>
<b>Meeting Adjourned</b>	<b>3:35pm</b>	