



**School Health Advisory Committee (SHAC)
Community Meeting Minutes**

Florida Department of Health in Seminole County

February 21, 2019 • 2:00-3:15 p.m.

Auditorium

Purpose: SHAC’s Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

ATTENDEES: Gigi Rivadeneyra, Patti Tarlton, Bonnie Banda, Richard Miles, Josefina Palau, Herronda Mortier, Stephanie Jackson, Melanie Santiago, Von Nguyen, Gladys Fernando, Lisa Pharoah-Gaton, Jerry Henkins, Kristine Kraus, Cindy Griffiths, Teresa Wiebe, Alyson Watson, Karen Henry, Frances Vaughn, Samantha McHarg, Leticia De-Jesus-Ulate, Patty Caulfield, and Gwen Henderson.

| Topic | Discussion/Speaker | Action Item/Notes/Deliverable Date |
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| <p>Welcome & Introductions</p> <p>Review of minutes</p> | <p>Gloria ‘Gigi’ Rivadeneyra, M.S.– School Health Program Manager- Florida Department of Health Seminole County - Chair</p> <p>Gigi welcomed SHAC members and called for review of the minutes.</p> | <p>Minutes reviewed.</p> |
| <p>Guest Presenters</p> | <p>Mobile Crisis Services- Samantha McHarg, LCSW, Lead Clinician, Devereux Advanced Behavioral Health</p> <p>The Mobile Crisis Services provides mental health services and support to individuals up to 24 years of age in Seminole, Osceola and Orange counties, who are experiencing a crisis. The goal of this program is to reduce the number of baker acts and suicides. The program began in Orange county 3 ½ years ago, and it has expanded to Seminole and Osceola counties. Master level and licensed therapists will respond to calls and mobilize to homes, schools or anywhere within the tri-community, within 60 minutes of call, to provide immediate on-site crisis stabilization. Current average response time is 35 minutes. Crisis therapist also connect families to services and supports they need for long term recovery.</p> | <p>Mobile Crisis Services Samantha McHarg, LCSW, Lead Clinician Devereux Advanced Behavioral Health - Florida 3570 N. Goldenrod Rd. Winter, Park 32792 Cell:407.473.5768 Email: smcharg@devereux.org</p> |

Someone needing crisis services might be:

- Out- of -control emotionally
- Threatening to harm themselves or others
- Exhibiting explosive or dangerous behaviors
- In need of immediate mental health stabilization
- In need of immediate substance use evaluation
- Struggling with sadness or depression

Service are free and available 24 hours a day, every day including weekends and holidays. Available to anyone who calls for assistance; parents, relatives, foster families school personnel or law enforcement but we received permission from the parent to proceed with the care. Spring and Fall are usually is busy times of the year due to testing. Deveraux is currently working on developing agreements to collaborate with school districts in the Central Florida area.

Vaccine Preventable Diseases and Hepatitis A update- Frances Vaughn, Epidemiologist, Florida Department Health in Seminole County.

For all vaccine preventable diseases, timely and complete vaccination is the best way to prevent infection. Pockets of unvaccinated children are increasing in Seminole County and in Florida, and this is a public health concern.

HEPATITIS A (HAV)- This is a highly contagious virus that attacks the liver. People infected are most contagious from 2 weeks before symptoms start to 1 week after. Not everyone who is infected will have symptoms. Symptoms usually start within 28 days of exposure to the virus, but can range from 15-50 days. Hepatitis A activity has been above the previous year average since April 2018. In Seminole County for 2018, 30 cases were reported and so far for this year 13 cases have been reported.

HAV vaccines can be administered by: Health Care Provider's Office, Pharmacies and the County Health Departments. The health department is offering free Hepatitis A vaccines to individuals at high- risk of contracting the disease, such as: individuals with direct contact with someone who has hepatitis A, men who have sexual contact with men, people who use drugs or/and individuals experiencing homelessness.

Pertussis- Pertussis activity in January was higher than last month and was like the previous 5 - year average. 33 cases and no outbreaks were reported in January.

To access service:

- Call 211, press 1 for the crisis help line
- Text 899-211 your zip code and type requesting mobile crisis
- Chat at www.HFUW.org

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| | <p>Varicella- Varicella/Chickenpox activity decreased from last month and was above the previous 5- year average in January. Incidence was highest among infants 1 year old. 16% of cases were never vaccinated for varicella. In Seminole County 17 cases were reported last year, and 3 cases reported so far this year.</p> <p>Kristine Krause, School Board member shared information about recent measles outbreaks and inquired about how local health departments are addressing this. Gigi shared DOH-Seminole continues to promote vaccination and will be launching a campaign prior to back to school to emphasize the importance of vaccines and hopefully reduce the number of unvaccinated students.</p> | |
| <p>Open Forum /Discussion</p> | <p>SCPS Wellness survey update - Richard Miles, Coordinator of Nutrition and Wellness for Seminole County Public Schools shared results for the wellness survey which conducted for last year and assessed the seven areas of the wellness policy, which includes: Health Education, Nutrition, Physical Education and Activity, Healthy Safe Environment, Healthy Safe Environment Health Services, Family School and Community Partnership. Richard shared the results provide a great baseline for policy activities and offer great insight on the initiatives at the school level.</p> <p>Asthma Friendly Schools update: Gigi shared that Open Airways train the trainer workshops are being offered now, thanks to DOH funding and in partnership with American Lung association. Seminole County Public School Nurses and DOH staff members attended the first training on Feb and another training is scheduled for March 29. Stephanie Jackson shared Open Airways Facilitator Training course includes curriculum and tools to facilitate asthma management education for 6 weeks to teach Asthma, and will help students and staff recognize asthma symptoms. The training will also help Asthma Friendly schools who are at the Bronze Level move up to silver level and receive additional funding. Open Airways training allows facilitators to teach elementary age students how to manage their asthma and reduce asthma attacks and ER visits. In addition, DOH-Seminole has free Air Quality Flag kits available for schools and organizations who would like to promote air quality education.</p> | <p><i>Schools or parents interested in more information about Asthma Friendly Schools can contact Gigi at Gloria.rivadenebra@flhealth.gov or visit: http://floridaasthmacoalition.com/schools-childcare-centers/asthma-friendly-schools/</i></p> |
| <p>Round Robin</p> | <ul style="list-style-type: none"> • Gigi shared with the committee the following events coming-up: <ul style="list-style-type: none"> ○ My Life is hosting their annual My Fest Event for youth and families to be held on March 9th in Barnett Park Orlando from 11am-3pm. ○ University of Florida is hosting a workshop for students planning for college April 8, 10, 12 from 6pm-8pm ○ Free Yoga classes are available at DOH-Seminole every Wednesday for youth and adults from 5:30-6:30pm | |

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| | <ul style="list-style-type: none"> ○ Gigi invited SHAC members to participate in grand opening activities for the Sharing Center food pantry and public health garden in the DOH-Seminole building, following the meeting. ○ DOH-Seminole will be hosting their Live Work Move Seminole 5k and Kids Dash April 6 in Casselberry from 8-10:30am. Registration is available through runsignup.com. ○ Human Trafficking and suicide awareness and prevention posters and marketing materials were available at the meeting for members to take. ○ GROW Central Florida is hosting playground beautification projects in a few Seminole Schools on March 9th and March 30th. They could use volunteers. Contact Colleen at colleen@growcentralflorida.org. ○ E-Mails of the flyers were available at meeting and will be sent out in addition for posting. <ul style="list-style-type: none"> ● Lisa Pharoah-Gaton shared the Pregnancy Center Mobile unit is available and visiting several areas throughout the county. Services include free pregnancy testing, ultrasounds and education, support and counseling services. ● Patty Caulfield shared students from the Seminole High School Health Academy recently completed and passed certification exams. ● Kristine Krause shared information about an upcoming LGBTQ regional conference. School district leaders and representatives plan to attend. | <p><i>Please submit any speaker suggestion for future SHAC meetings to Gigi Rivadeneyra Gloria.Rivadeneyra@flhealth.gov</i></p> <p>Please forward all event information to Gigi to circulate to all SHAC members.</p> |
| Meeting Adjourned | 3:15pm | |