



**School Health Advisory Committee (SHAC)
Community Meeting Minutes**

Florida Department of Health in Seminole County

April 18, 2019 • 2:00-3:15 p.m.

Auditorium

Purpose: SHAC’s Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

ATTENDEES: Gigi Rivadeneyra, Stephanie Jackson, Herronda Mortimer, Leanne Buchanan, Barbara Davenport, Constance Winning, Anne Packham, Mary Lane, Bonnie Banda, Richard Miles, Teresa Wiebe, Frances Vaughn, Samantha McHarg, Leticia De-Jesus-Ulate, AnaLynn Jones, Gladys Fernando, Dawn Bontz, Cindy Johnson, John Freemin, Verger Pender, Samantha McHarg, Lisa Gatin, Cefelin Murage, Nicole Johnson, Kristine Kraus and Gwen Henderson.

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
<p>Welcome & Introductions</p> <p>Review of minutes</p>	<p>Gloria ‘Gigi’ Rivadeneyra, M.S.– School Health Program Manager- Florida Department of Health Seminole County - Chair</p> <p>Gigi welcomed SHAC members and called for review of the minutes.</p>	<p>Minutes reviewed.</p>
<p>Guest Presenters</p>	<p>Healthies Weight Initiative-Herronda Mortimer, Healthiest Weight Coordinator, DOH-Seminole</p> <p>Herronda Mortimer informed us that the Healthies Weight Florida initiative is was initiated by the department of health at the state level for all 67 counties. The initiative includes work in the areas of policy, prevention and health education, and encourages public-private cross-sector collaboration bringing together state agencies, not for profit organization, businesses, and entire communities to help Florida’s children and adults make better choices about healthy eating and active living.</p> <p>By using evidence-based interventions, the program works to influence the social determinants of health and move Florida toward achieving health equity.</p>	<p>Florida Health, Seminole Herronda S. Mortimer Health Educator Consultant Healthiest Weight Coordinator, DOH-Seminole 400 W Airport Blvd. Sanford, FL 32773 Phone 407665-3011 Fax:407665-3039 Herronda.Mortimer@flhealth.gov www.seminolecohealth.com</p>

<p>Open Forum /Discussion</p>	<p>Healthiest Weight services include: Healthiest Weight Champions, a designation for municipalities who actively support the health of their employees and communities; Diabetes Prevention Program, a facilitated coaching program for individuals at risk for diabetes; Faith-Based community initiative to prevent heart disease and stroke; and Employee Wellness support.</p> <p>Play up to 60- Teresa Moran-Wiebe, Youth Wellness Director, Florida Dairy Council</p> <p>Teresa Moran-Wiebe shared with us that Fuel Up to Play 60 is a leading national in-school health and wellness program launched by the National Football League and National Dairy Council. The Dairy Council was founded by America's dairy farmers, in collaboration with the United States Department of Agriculture. Fuel Up to Play 60's primary focus is to help schools meet their wellness goals and encourage youth to consume nutrient-rich foods (low-fat and fat free dairy, fruits, vegetable and whole grains and lean protein foods and achieve 60 minutes of physical activity each day. The program collaborates with many schools across the state of Florida and also provides up to \$4000 incentive award once a year for those school who register and apply.</p> <ul style="list-style-type: none"> • Mobile Crisis Unit Updates-Samantha McHarg, LCSW, Lead Clinician, Deveraux Advance Behavioral Health, shared the crisis unit continues to serve our area with high response rates. They are continuing to work with Seminole County Public Schools on possible collaboration. She reported that there's a 100% satisfaction rate for the program. • Healthy District Award Update-Richard Miles, Dining Services Coordinator and Stephanie Jackson, Health Services Coordinator, Seminole County Public Schools shared that the school district received the BRONZE Award this past cycle. The district is currently assessing areas for improvement for the next cycle in order to move to the next level, the Gold Award. • Asthma Friendly Schools and Asthma activities update-Gigi Rivadeneyra, DOH-Seminole, Bonnie Banda, School Nurse and Stephanie Jackson, Health Services Coordinator, Seminole County School Public Schools shared there are 3 schools interested in providing Asthma training for their students. Open Airways train the trainings were offered earlier this year to support this need. Bonnie was recognized 	<p><i>For additional information on Play Up To 60 contact Teresa Moran-Wiebe Youth Wellness Director Florida Dairy Council</i></p> <p><i>www.fueluptoplay60.com</i></p>
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	<p>as Asthma Champion this past year for her support to the Asthma Friendly Schools Initiative.</p> <ul style="list-style-type: none"> • SHAC Leadership Nomination and Voting- Richard Miles, Coordinator of Nutrition and Wellness, and Von Nguyen Nutrition Specialist with Seminole County Public Schools facilitated the final nominations and voting process for SHAC chair positions. The members discussed the possibility of providing opportunities for nominees interested in shadowing current chairs so that they could be more prepared for chair positions in the future. 	
<p>Round Robin</p>	<ul style="list-style-type: none"> • Registration for Kindergarten Summer Round Up/VPK Kinder Camp is now open. Registration is free. • Anne Packham informed us Florida Kid Care is still available to the public. She shared that although funding for navigation services had been reduced, their agency continues to support our area, she shared flyers for individuals who need information regarding affordable care and KidCare. • Stephanie Jackson informed the members that SCPS is partnering with Action Church and DOH to host a back to school bash event for August 3rd, 2019. • Kristine Krause, Seminole County School Board member shared the school district staff are currently investigating enhancing health education, in particular at the middle school level. Simultaneously, Captain Francis and his team have developed a middle school curriculum that covers topics such as, but not limited to bullying, digital citizenship, drugs (including Opioid), vaping, and life skills. Upon receiving the Sheriff's approval, SCPS staff will review the content of this program and have further discussions with all stakeholders. At this time, there have been no decisions regarding content, grade level implementation or instructional delivery. • Richard Miles shared various Seminole schools and other partner sites will be serving as Sumer BreakSpots again this summer. This program provides nutritionally balanced meals to children and teens during the summer. Information about BreakSpot locations may be found in the SCPS dining services website. 	<p><i>Please submit any speaker suggestion for future SHAC meetings to Gigi Rivadeneyra Gloria.Rivadeneyra@flhealth.gov</i></p>
<p>Meeting Adjourned</p>	<p>3:15pm</p>	