



School Health Advisory Committee (SHAC)

Community Meeting Minutes

Florida Department of Health in Seminole County

September 27, 2018 • 2:00-3:30 p.m.

Auditorium

Purpose:

SHAC's Mission: To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.

ATTENDEES: Gigi Rivadeneyra, Patti Tarlton, Bonnie Banda, Mary Lane, Richard Miles, Josefina Palau, Herronda Mortier, Stephanie Jackson, Lori Carey, Suzanne Gabler, Danu Misty, Karen Henry, Kelly Rogers, Aracely Robledo, Melanie Santiago, Joan York, Tenesha W. Eason, Donna Walsh, Martha Santoni, Leticia DeJesus-Ulate, Erica Asti, Tina Calderone, Von Nguyen, Gladys Fernando, Lisa Pharoah-Gaton, Sarah A. Wright and Gwen Henderson.

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
<p>Welcome & Introductions</p> <p>Review of minutes</p>	<p><i>Gloria ‘Gigi’ Rivadeneyra, M.S.– School Health Program Manager- Florida Department of Health Seminole County - Chair</i></p> <p>Gigi welcomed SHAC members and called for review of the minutes. Gigi shared Patty Caulfield has moved on to a teaching position at Seminole High School Health Academy and for this reason will not be able to continue chairing the SHAC. Gigi will chair until new co-chairs are selected.</p>	<p><i>Minutes reviewed and corrected. Future meeting minutes will be sent out ahead of meetings for review.</i></p>

<p>Guest Presenters</p>	<p>On the Road for Safety- Suzanne V. Gabler, Program Coordinator & Lori Carey Safe Routes to School Educator, More Health Inc</p> <p>MORE Health, Inc., a nonprofit (501)3 organization, trains instructors to deliver interactive, exciting health education lessons to students, at no charge to school districts, through funding from local businesses, foundations, and state and federal grants.</p> <p>The state of Florida ranks 2nd on pedestrian injuries. <i>On the Road for Safety</i> is a program that aims to empower teens to educate younger youth on pedestrian, bike and road safety. The program is being offered through grant funding and it is free to schools and youth serving agencies. Currently it is being focused on counties with higher incidence of pedestrian/bike injuries, with Seminole County being one of these. The program provides all materials needed to train high school teens, which includes two 20 minute teen educator training lessons and practice time. Teens can then offer presentations to younger youth and teach them about the rules and regulations, wearing helmets, having proper lights, etc. MORE Health is looking for community partners in our area that are interested in coordinating implementation of <i>On the Road for Safety</i>. Teens who teach the program may receive community service credit to meet high school and college requirements.</p> <p>Mary Lane shared SCPS has been working with University of Florida on a bike and pedestrian safety training program for teachers and staff.</p> <p>Navigating the Health Care System, Teen Health Literacy Program and other teacher resources- Kelly Rogers, Program Manager, Nemours</p> <p>NEMOURS Children's Health System developed a health unit entitled Navigating the Health Care System to engage, educate and empower adolescents to be their own health care advocates. Adolescent health literacy and advocacy is emerging as top need for youth care. The curriculum is intended for high school adolescents. Lessons align with national education standard. The curriculum is free, includes an optional pre and post- test and 4 modules of 40 minutes each. More information may be found at www.navigatinhealthcareupstream.org .</p> <p>The program may be offered as part of school curriculum, through personal fitness or other related course, after school, private or public school settings. Seminole Highs School Health Academy is currently considering offering this curriculum.</p> <p>Kelly also shared other health education resources for parents, teachers and youth available through Nemours Kidshealth.org.</p>	<p>Partners interested in offering the <i>On the Road for Safety</i> Program can contact Suzanne Gabler and Lori Carey for more information:</p> <p>MORE Health. INC. 3821 Henderson Blvd. Tampa, Fl 33629 813 287 5032 www.Morehealthinc.org sgabler@morehealthinc.org</p> <p>For more information about the <i>Navigating the Health Care System</i> teen health literacy curriculum and other resources please contact Kate.blackburn@nemours.org Kelly.rogers@nemours.org https://www.movinghealthcareupstream.org/navigating-the-health-care-system/</p>
<p>Open Forum /Discussion</p>	<p>❖ Flu Vaccination Clinics- Stephanie Jackson Coordinator of Health Services, SCPS informed the group that 18 schools have collected approximately 2,000 parental permission forms for the flu inoculations. The flu clinics are scheduled for Oct. 22-27, 2018</p>	

<p>Round Robin</p>	<ul style="list-style-type: none"> ❖ Asthma Friendly School Update- Bonnie Banda School Board Nurse, SCPS and Gigi Rivadeneyra, School Health Program Manager, DOH-Seminole recognized Seminole Schools who were awarded the Asthma Friendly Recognition. Bonnie provided an update on the schools' application process and how she worked with the schools to accomplish this. Schools awarded included: Journeys Academy, Endeavor School, Carillon Elementary, Arbor School of Central Fl. Double R Private School and Hopper. Participating schools were awarded Bronze level and received \$500.00 for their participation in the Asthma Initiative. Gigi encouraged more schools to participate. DOH is seeking funding to be able to provide the training and education so schools can move up from Bronze to Silver and Gold. ❖ Incidence of Diabetes among youth in Seminole County- Gigi shared a fact sheet summarizing the incidence of diabetes among youth in Seminole County schools. Diabetes is one of the most common chronic diseases of childhood. The cost of care and management of diabetes can be significant. Students with Type1 and Type 2 diabetes may require care that includes: training school personnel, checking blood glucose frequently, monitor food intake, take medications, administration of insulin, symptom treatment, checking for ketones, and provision of regular physical activity and nutrition support. Patty Tarlton shared the complexity of the care of students with diabetes and the need for qualified and trained staff are factors to be considered. Stephanie Jackson shared she is currently coordinating a Type 1 diabetes training for staff to be held on October 20th at the Lake Mary Westin Hotel. ❖ SHAC leadership nominations- SHAC nomination for chair/co-chair positions are still being accepted. Chair/co-chair selections will be made in the upcoming meetings. <p>Herronda Mortimer with Office of Health Promotion and Education at DOH-Seminole shared DOH-Seminole offers Diabetes Prevention Program for adults who are at risk for Type 2 diabetes. Yoga classes are starting Oct. 2, 2018 lasting for 8 weeks here at Florida Department of Health, Seminole every Tuesday and Thursday from 5:30-6:30pm. The classes are offered through grant funding in partnership with Florida Hospital.</p> <p>Bonnie Banda, shared the movie RESILIENCE will be showing at DOH-Seminole on 10/11/18 and at the next Seminole Prevention Coalition meeting at the Sheriff's Office on 10/12/18. The movie discusses the impact of adverse childhood experiences, their impact on overall health and behavior as adults. She encouraged others to view it as well.</p> <p>Richard Miles, SCPS Coordinator of Nutrition and Wellness, shared that uniformed law enforcement officers can have breakfast or lunch with students at any of the SCPS campus</p>	<p><i>Schools interested in more information about Asthma Friendly Schools can contact Gigi at Gloria.rivadeneyra@flhealth.gov or visit: http://floridaasthmacoalition.com/schools-childcare-centers/asthma-friendly-schools/</i></p>
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	<p>restaurants free of charge. Thanksgiving meals will be available to staff and community partners at the school restaurants on November 8th for only \$3.25. The hurricane assistance program that offered meals to SCPS students impacted by the hurricanes has now expired. Families can re-apply for free and reduced meals through the standard process.</p> <p>Martha shared Nemours in partnership with DOH-Seminole will be hosting a Neonatal Abstinence Summit at DOH-Seminole on Oct 11, 2018 from 1-4pm. The summit will address current practices related to the treatment of babies and moms impacted by the opioid crisis. She also shared that October is Sickle Cell Awareness month, and encouraged individuals interested in becoming donors to register by texting Cure21 to 61474. She will be sending a flyer with more information. There is a great need for Black and Hispanic donors.</p> <p>Lisa Pharoah-Gaton, Nursing Manager at the Pregnancy Center, shared they now have a mobile unit to provide services in the field. They are working on a site visit schedule.</p> <p>Erica Asti, Community Programs Coordinator, Florida Hospital for Children congratulated SCPS Dining Services on all the great work they are doing to provide healthy meal options at their campus restaurants. The Mission Fit Possible program continues to be offered, but is now being focus in areas of high need. Currently they are working to offer the program at Forest City Elementary. She also shared information about the Let's Get Moving Kids 5k event in Altamonte Springs October 7th, and encourage participants to spread the word about 4H Nature Club registration, through Orange County Extension Office.</p> <p>Aracely Robledo, Certified Marketplace Navigator, shared information about upcoming open enrollment for medical insurance November 1-December 15, 2018. Individuals may seek assistance with their application by calling 1-877-564-5031.</p> <p>Gigi shared upcoming events:</p> <ul style="list-style-type: none"> ❖ Viewing of the movie RESILIENCE, DOH- Seminole and Sheriff's Office Oct. 11 & 12, 2018. ❖ Seminole County Veterans Stand Down, DOH-Seminole Oct, 20, 2018 from 9:00am – 1:00 ❖ Youth Suicide Prevention Training, DOH-Seminole October 29, 2018 from 6-8 pm ❖ Youth Mental Health First Aid Training (Spanish) DOH-Seminole, November 13 from 8:30-4:30pm 	<p><i>To register for bone marrow donation text Cure21 to 61474. A kit will be mailed to you with a swab and you can return the sample via mail.</i></p> <p><i>Please submit any speaker suggestion for future SHAC meetings to Gigi Rivadeneyra Gloria.Rivadeneyra@flhealth.gov</i></p> <p><i>Please forward all event information to Gigi to circulate to all SHAC members.</i></p>
<p>Meeting Adjourned</p>	<p>3:35pm</p>	