



**School Health Advisory Committee (SHAC)  
Community Meeting Minutes**

Florida Department of Health in Seminole County

FEBRUARY 20, 2020 • 2:00-3:30 p.m.

Auditorium

**Purpose: SHAC’s Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.**

**ATTENDEES:** *Gigi Rivadeneyra, Stephanie Jackson, Richard Miles, Josefina Palau, Herronda Mortimer, Melanie Santiago, Von Nguyen, Lisa Pharoah-Gaton, Verlese Pender, Karen Henry, Melissa Williams, John Flemin, Page Bullock, Sarah Wright, Mary Lane, Enid Santiago, AnaLynn Jones, Leticia De-Jesus-Ulate, Patty Caulfield, Jerry Henkins, Anne Packham, Coleen Gonzalez, Verlese Pender, Dhanu Misty, Karen Brouard, Kay Boehart, Julie England, Cheyanna Johnson, Amanda Sines, Jessie Montalto, Kristine Krause, Kevin Baker, Anthony Maldonado, Leo Fernando, Emily Haller, Samantha Mcharg, Cindy Griffiths, Heather Cannon, Gladys Fernando and Gwen Henderson.*

Topic	Discussion/Speaker	Action Item/Notes/Deliverable Date
<b>Welcome &amp; Introductions</b>	<b>Sign IN/Call to Order</b> Stephanie Jackson, Coordinator of Medical and Health Students Services, Seminole County Public Schools and Gigi Rivadeneyra, School and Teen Outreach Program Manager, Florida Department of Health in Seminole County – Co-chairs	<i>Minutes reviewed please send e-mail edits to Gigi or Stephanie</i>
<b>Guest Presenters</b>	<b>SCPS Wellness Survey and Policy-Richard Miles, Coordinator of Nutrition and Wellness, Red Apple Dining, SCPS</b> Richard shared the results from the last wellness survey. Data collected from the responses indicated that 50% of schools have a school garden, about 1/3 of the schools conducted an individual school health assessment for nutrition and wellness, and 63% of the schools reported hosting events and activities to promote wellness. As they continue to assess implementation of the wellness policy they will continue to collect data and measure impact of the implementation in various ways. Their wellness policy team meets	<i>Richard Miles Coordinator of Nutrition and Wellness, Red Apple Dining Services <a href="mailto:Richard_miles@scps.k12.fl.us">Richard_miles@scps.k12.fl.us</a> (407) 320-0437</i>  <i>SCPS Wellness Policy Link:</i>

3 times a year. SHAC members who may have suggestions regarding SCPS wellness policy can forward them to Richard Miles or please let Gigi know.

**School Markets Program- Cheyanna Johnson, School Market Program Manager, Second Harvest Food Bank of Central Florida**

The School Markets program was established in 2017 following a childhood hunger assessment. The program is currently available in 50 schools across 5 counties. The program increases access to food in the school community while empowering young people to take ownership of their food market and reducing the stigma associated with food pantries. Food pantries in some high schools have performed poorly due to lack of access, stigma and poor awareness.

Like school pantries, the School Markets are stores of food within the school. The School Market model however, is student lead and owned, provides opportunities for community involvement and provides open participation to the community by minimizing barriers to access. Students are not required to individually identify or qualify for the program. The entire school is eligible to participate to reduce the impact that stigma may have in the school. The model allows students to develop their own food market logo and marketing practice and come up with a food distribution plan that works for that school community. Non-profit community partners are involved to help with fundraising activities to support the market and must be committed to help 10-12 hours a week. Second Harvest Foodbank coordinates food delivery with the schools. In some School Market locations, fresh produce is also made available. They can be permanently located within the school or the school can adopt the Mobile Market Unit. School are partnered with community organizations like churches, rotary clubs Parent-Teachers associations (PTA) to share the responsibility of operating the market.

All public schools are eligible to participate and schools who have 50%+ free-reduced lunch rate may be eligible to receive grant funding.

Second Harvest is looking to partner with schools in Seminole County to initiate a few school markets in our area. Please contact Cheyanna for more information.

<https://go.boarddocs.com/fl/s/emi/Board.nsf/goto?open&id=B64QYX65D98A#>

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**GROW Central Florida-Colleen Gonzalez, Founder and Executive Director GROW Central Florida**

GROW (Grass Roots Outreach Within) works to promote environments that support increased opportunities for physical activity and healthy living for Central Florida school children. GROW was established in 2015 by Colleen Gonzalez graduated from Rollins College to support schools running clubs through the coordination of the Cross-Country Running initiative. The Cross-Country event now serves over 5,000 Seminole County School Students and is supported by more than 70 volunteers annually. Other initiatives GROW coordinates include:

- Providing athletic shoes to children in need. Colleen is working with Title 1 schools to identify students who can benefit from these. Includes sizes 3 and up and so far they have provided over 418 pairs of shoes.
- Coordinating the Summer Ball Drive, which provide balls to kids who are not attending afterschool programs to keep them engaged. The program has provided over 900 balls and they have partnered with the Orlando Magic Youth Foundation.
- Coordinating school playground revitalization events, in partnership with Seminole County schools. Through GROWs leadership, weekend volunteers pressure wash, paint and provide new landscaping to bring new life to school playgrounds. Home Depot provides some of the supplies
- Increasing access to sport activities by providing recess equipment for schools and a lending library of sports equipment.

GROW Central Florida is interested in expanding collaboration opportunities with Seminole County Schools. Please contact Colleen for more information.

**Bueno Pharmacy Services and Community Involvement-Dr. Leandro Fernandez, Dr. Anthony Maldonado and Wendy Maldonado-Feliz**

Bueno Pharmacy is located by Bravo Supper Market US 17-92, in Sanford, Florida. Their goal is to assist the local community access needed health education and medications. They are looking to partner with other organizations and businesses to expand their

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<p><b>Open Forum/ Discussion</b></p>	<p>reach. They work with their client and provide special assistance to those who are not able to afford the medications they need. They are in the process of applying for a federal program which would allow them to purchase medicine for individuals who need it at no cost. Their company has supported medical missions by providing needed medications.</p> <p><b>School Health Services Plan 2020-2022 and Healthy District Assessment-Gigi Rivadeneyra and Stephanie Jackson</b></p> <p>Stephanie Jackson requested feedback on the School Health Services Plan 2020-2022. Gigi will be e-mailing the service plan with the group for review. Stephanie also shared she is currently working on gathering data for the Healthy District Assessment application. She will be connecting with SHAC members from the different school health components to please share any feedback that can help the district move from their current Bronze level to Silver or Gold.</p> <p><b>Open Airways Asthma Education and Asthma Friendly Schools-Stephanie Jackson and Gigi Rivadeneyra</b></p> <p>Gigi Rivadeneyra shared that the schools had recently completed a round of Open Airways Asthma education at Hamilton Elementary and seven students completed the sessions. Orlando Health respiratory therapist and Stephanie Jackson facilitated the group meetings. The team is looking for additional schools where the program can be offered in the future.</p>	<p>PH:855.285.6679 E- mail: <a href="mailto:buenopharmacy.com">buenopharmacy.com</a></p>
<p><b>Round Robin &amp; Closing Remarks</b></p>	<ul style="list-style-type: none"> <li>Stephanie shared a success story with the group. Indian Trails Middle had transferred one of their medically needy students to Eastbrook Elementary and the parents were pleased with the care of the student in that unit. The parent felt the medical needs are closely monitored and staff has been able to identify changes in condition earlier than mom would have. She also shared the Vision Quest mobile unit has visited various Title 1 schools to provide children with glasses, and in some cases an extra "school" pair of glasses. She thanked Kristine Krause for joining one of the stops.</li> <li>Anne Packham shared that the Insurance Marketplace is available for special enrollment period open enrollment is available to the public.</li> <li>Herronda Mortimer informed the group that Yoga Classes are open on Mondays &amp;</li> </ul>	<p><i>Please submit any speaker suggestion for future SHAC meetings to Gigi Rivadeneyra</i> <a href="mailto:Gria.Rivadeneyra@flhealth.gov">Gria.Rivadeneyra@flhealth.gov</a></p>

	<p>Wednesdays from 5:30-7:30 at DOH Seminole and that a new round of Diabetes Prevention Education starts March 3, 3020.</p> <ul style="list-style-type: none"> <li>• Patti Caufield inquired about the possibility of youth from the Seminole High School Youth academy helping with the Elementary schools Open Airways education. School Board approval may be needed.</li> <li>• Sarah Wright, thanked Stephanie Jackson and Gigi Rivadeneyra for co-chairing the SHAC Committee over the past year.</li> <li>• Enid Santiago shared information about the Asthma Home Visiting program and how she has been working with Stephanie and supporting families who need asthma education. Referrals are welcomed.</li> <li>• Kevin Baker provided the group an update on Coronavirus 19.</li> </ul> <p style="text-align: center;">*Upcoming SHAC dates:</p> <p style="text-align: center;">➤ April 16, 2020</p>	
<p><b>Meeting Adjourned</b></p>	<p><b>3:30pm</b></p>	