

# School Health Advisory Committee (SHAC)

## Community Meeting Minutes

Florida Department of Health in Seminole County

September 19, 2024, • 2:30-3:30 p.m.

Hybrid Live at DOH-Auditorium, Sanford and via Microsoft Teams



**Purpose: SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.**

**ATTENDEES:** Nicole Johnson, Gladys Fernando, Melanie Santiago, Suzanne Leibkuckler, Cara Koller, Heather Haskett, Mirna Chamorro, Mya Russi-Oliver, Wanda Adorno, Danielle Calapa, Rebecca Eiland, Kelly Pisciotta, Richard Miles, Kerwyne LaRose, Ethan Johnson, Traci Blue, Mary Lane, Denise Dianese, Kari Brown, Sarah Wright, Leticia DeJesus-Ulate, Gigi Rivadeneyra, Michael Weitermann, Patricia Reda, Katie Murphy, Kaylesha Webster, Von Nguyen, Karen Clark.

Topic	Discussion/Speaker	Action Item/Notes
Welcome & Introductions Review of minutes	<p><b>Sign In/Call to Order</b></p> <p><b>Co-Chairs:</b> <b>Michael Weitermann, BSN, RN, CCRN- Health Services Coordinator, Seminole County Public Schools and Gloria 'Gigi' Rivadeneyra, MS- School Health &amp; PYD program Manager- Florida Department of Health Seminole County</b></p> <p>Michael and Gigi welcomed SHAC members and members around the room introduced themselves.</p> <p>Virtual participants were reminded to share their information in the chat for attendance purposes.</p> <p>Michael reminded members that September is National Suicide Prevention Month.</p> <p>Minutes were shared for review. Any edits may be shared at the meeting or may be shared with Gigi via e-mail.</p> <p>Gigi shared this meeting will be focused on housing resources for families in our community.</p>	<p><i>For the Suicide Crisis Line dial 988</i></p> <p><i>Minutes reviewed. For edits please e-mail to <a href="mailto:gloria.rivadeneyra@flhealth.gov">gloria.rivadeneyra@flhealth.gov</a></i></p>
Guest Presenters	<p><b>Home Buyer Assistance Program- Director of Strategic Community Initiatives, Bright Community Trust</b></p>	<p><i>For more information on the Home Buyer Assistance Program or to volunteer as a coach,</i></p>

- Traci spoke about the Home Buyers Assistance Program, which includes their homeowner's equity initiative, focused on bridging the homeownership gap for people of color in Central Florida.
- There is a gap of households/homeowners between white and people of color.
- Their objective is to help people get into homeownership, so they can develop intergenerational wealth, pass down to their children or pull equity when needed.
- For many people, the benefits outweigh the concerns. People have built up barriers of why they should not buy a home (replacing or fixing things is expensive).
- They are open to offering presentations and working with schools, parent meetings, etc.
- Their organization provides several services, including:
  - Preparing home buyers; not just for low income, anyone can participate.
  - Provide the 15 steps to homeownership training.
  - Homebuyer assessment
  - Clients get matched with a coach that support clients through the homebuying process.
  - Access to a resource directory which includes furniture bank, credit repair agencies, insurance agencies, housing counseling (after matched with coach), etc.
  - Volunteer coaches also go through a training to become coaches.
- Another area their organization works on is related to buildings and spaces. They are promoting the construction of smaller single-family homes vs. luxury apartments and large homes, that are less affordable for families to access.
- They also work on reducing policies that may be creating barriers that are keeping people of color from homeownership.
- One of tip that people should consider before buying a home is to get approval from the bank on how much they are approved for on the loan, and then look at homes in

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 traci@thebrightway.org  
[Bright Community Trust  
 \(thebrightway.org\)](http://BrightCommunityTrust.thebrightway.org)

*To enroll in the Financial Academy or for information on Habitat For Humanity Seminole-Apopka*

that budget.

- Traci also addressed questions from members related to increasing condo and HOA fees and consideration around buying homes vs. renting.
- Traci shared they are looking for volunteers to become coaches and flyers for their organization.

***Habitat for Humanity- Kelly Pisciotta Habitat Seminole-Apopka COO, Habitat for Humanity***

- Kelly thanked Traci and shared they work together to increase access to homeownership.
- She shared a few statistics related to homeownership:
  - To afford a 3-bedroom home the household should make \$83,000. An apartment matching these criteria runs around \$3,000. Many people and families in Seminole make much less and cannot afford these costs.
- Habitat For Humanity offers 6-week financial education class online to help with financial wellness. Classes are offered 5x/year. The next one is coming up in October.
- Their homeownership program evaluates clients to make sure they are candidates to purchase a home, they review their income, savings etc. If they need assistance to get there, they help them and get them enrolled in the financial academy so that they can learn strategies to build their credit and save.
- To qualify for the homes, individuals need to have a source of income.
- The process takes some time. From the time they are approved to the day they can move into the home it can take 12-24 months.
- Clients must attend 14 mandatory classes, which include budgeting and provide “sweat equity”, which are hours of community service building their home or other homes, or in other vetted organizations.
- They also work with clients to save \$4,000 towards closing cost.
- Clients are assigned a mentor.
- For families, after having kids, their biggest investment is buying a home.
- If someone is not ready, they are referred to a HUD certified counselor on staff.

[Financial Academy | Habitat For Humanity](http://www.financialacademy.org)  
[\(\[habitatseminoleapopka.org\]\(http://habitatseminoleapopka.org\)\)](http://habitatseminoleapopka.org)

*For more information about the curriculums, trainings and facilitating, please contact Wanda Adorno at:*

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- Habitat is working on becoming a HUD certified agency.
- They also own a RESTORE home goods store in Deland and Winter Garden.

**Mindful Me and Living on My Own Youth Education Initiatives- Wanda Adorno, Family and Consumer Sciences Agent, Seminole County UF IFAS Extension**

- Wanda shared IFAS has three curriculums available for our community.
- Mindful Me curriculum:
  - This curriculum designed to support youth's social-emotional development.
  - Includes 7 lessons 30 minutes each for 5–8-year-olds.
  - They are currently targeting 2<sup>nd</sup> graders to help collect data about the curriculum's performance.
  - In the future volunteers will be needed to train to facilitate the curriculum.
  - Facilitators will be trained and would need to take the Mental Health First Aid course.
  - Volunteer would need to commit 20-40 hours per year and go through a background check. (Dividend)
- Living on My Own (LOMO) Simulation:
  - This curriculum has been implemented in schools for some years.
  - Designed for Middle school students.
  - The goal is for youth to gain a better understanding of life experiences. The curriculum offers youth roleplaying opportunities and decision points so they can get a better understanding of their future.
  - IFAs is offering a train the trainer for this course.
  - Training dates coming up- October 22, November 7
- Compassion and Resilience Education at Work (CREW) curriculum for adults:
  - This curriculum provides training for employees and tools to understand and address mental health needs.

	<ul style="list-style-type: none"> <li>○ Is available online or in person.</li> <li>○ 3 sessions include topics such as work-life balance, stress management and Stigma reduction</li> </ul>	
<p><b>Round Robin &amp; Closing Remarks</b></p>	<ul style="list-style-type: none"> <li>● Mike provided SCPS Health Services updates. <ul style="list-style-type: none"> <li>○ Health Services Training Center launched July 2024 for SCPS staff who provide health services. Thanks to Gigi, Dr. Johnson, and DOH-Seminole for their support. Previously conference style training, now is more interactive, hands-on training.</li> <li>○ Continue CoAg Program- provides LPN support for schools to enhance staffing at local level in collaboration with Gigi at DOH-Seminole. This initiative is bringing on 5 LPN no cost to SCPS, district school board.</li> <li>○ Providing intervention/support to students.</li> <li>○ Mass Health Training program. 100% school participating. 2-part model- online portion and hands on. Extremely successful. Last year training 3,000 staff.</li> </ul> </li> <li>● Gigi gave kudos to SCPS health services for stepping up to coordinate the CoAg staff. CoAg program began at the end of 2022. Applications are very time sensitive. Thanks to Mike for supporting these efforts, the state can collect data to support the benefits of enhancing health services staffing for school health services. Seminole was one of the 1<sup>st</sup> counties to implement this initiative.</li> <li>● Resources /events shared: <ul style="list-style-type: none"> <li>○ Mya Russi-Oliver: Counter Drug Program. Work with Drug coalitions and goes to schools to offer 60-minute substance misuse prevention. Targeting middle schoolers.</li> <li>○ Rebecca Eiland: Childrens cabinet is hosting a free Diabetes Education training on Monday September 23 at the Bettye D. Smith Cultural Arts Center. Also, Seminole county still has pool alarms available thanks to a pool safety grant.</li> <li>○ Katie Murphy: Peace Day in the Park on September 21<sup>st</sup> at Central Park-Winter Park. Hosted by Peace and Justice Institute. Flyer will be sent via e-</li> </ul> </li> </ul>	<p><i>School Health Service Plan Feedback, please e-mail <a href="mailto:gloria.rivadenevra@flhealth">gloria.rivadenevra@flhealth</a> or <a href="mailto:weiterma@scps.k12.fl.us">weiterma@scps.k12.fl.us</a> by April 30<sup>th</sup>, 2024</i></p> <p><i>Contact Mya Russi-Oliver for Counter Drug presentations for youth: <a href="mailto:mya.c.russi.mil@army.mil">mya.c.russi.mil@army.mil</a> C: (813) 786-5099</i></p> <p><i>For pool alarms information contact <a href="mailto:reiland@seminolecountyfl.gov">reiland@seminolecountyfl.gov</a> (407) 665-2304</i></p>

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<b>Next Meeting(s)</b>	<p><b>Save the dates for upcoming SHAC meetings:</b></p> <ul style="list-style-type: none"> <li>➤ November 7, 2024</li> <li>➤ February 20, 2025</li> <li>➤ April 17, 2025</li> </ul>	<p><i>Please submit suggestions for future SHAC meetings to Gigi at <a href="mailto:Gloria.Rivadenevra@flhealth.gov">Gloria.Rivadenevra@flhealth.gov</a></i></p>
<b>Meeting Adjourned</b>	<b>3:45pm</b>	