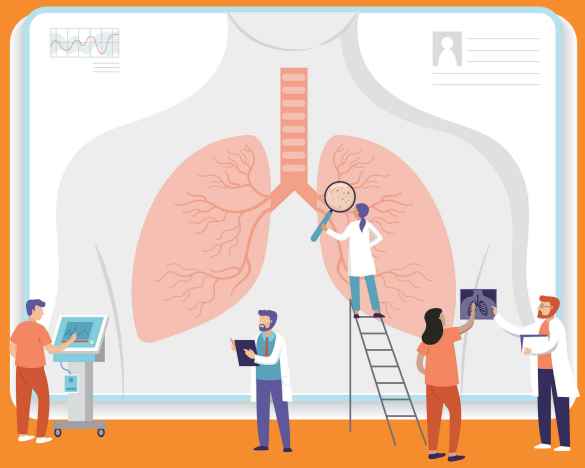
# Schedule Your FREE Home Visit Today!

The Florida Asthma Home Visiting Program is a free service offered by the Florida Department of Health in Seminole County to help children and families gain control of their asthma.

Trained staff members will help you learn how to address asthma triggers at home, reduce asthma symptoms, and correctly use asthma medication.



**For more information or to enroll, call**
**407-665-3388**
or email **Tyjuana.Kennell@flhealth.gov**

## Contact the Florida Asthma Home Visiting Program

Florida Department of Health in Seminole County

400 W. Airport Blvd.
Sanford, FL 32773

**407-665-3388**

**Tyjuana.Kennell@flhealth.gov**

**Email referrals to:**
**SGCHD59IntMobHealthSvcs@FLHealth.gov**
or fax to: **407-665-3058**

## Additional Resources

Florida Asthma Coalition
**FloridAsthmaCoalition.com**

**FloridaHealth.gov/Asthma**

Florida HEALTH

**Seminole.FloridaHealth.gov**

*Florida*
# Asthma Home Visiting Program

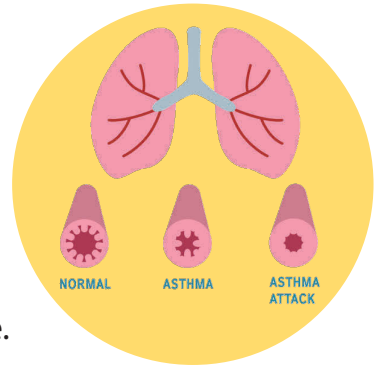


Florida HEALTH

Florida Department of Health in Seminole County
407-665-3388

# What Is Asthma?

Asthma is a serious and sometimes life-threatening disease of the lungs that makes it hard to breathe.




## You may have asthma if you:

- Have a history of reoccurring cough (especially at night), wheezing, shortness of breath, chest tightness, or difficulty breathing



- Have symptoms that occur or worsen during exercise, viral infection, around animals with fur or feathers, dust mites, mold, smoke, pollen, chemicals, dust, changes in weather, or strong emotional situations



- Have symptoms that occur or worsen at night, causing you to wake up



# Who is eligible for the home visiting program?

- Any child ages 5–18 years old
- Reside in Seminole County
- Diagnosed with asthma



# Asthma home visits

## can help manage asthma symptoms

**Asthma home visits are conducted by a team of trained community health workers and health educators that can help:**

- Reduce asthma triggers at home
- Reduce asthma symptoms
- Learn how to correctly use asthma medication
- Learn about the benefits of an asthma action plan for work, home, and school
- Work with health care providers to help keep asthma under control



# The program includes three home visits to:

- Conduct a home assessment to identify and help eliminate asthma triggers
- Assess and increase family's knowledge about asthma




**Asthma home visit participants had 21 fewer symptom-days per year with 12 fewer school days missed annually.***

*thecommunityguide.org/asthma/index.html