



## School Health Advisory Committee (SHAC)

### Community Meeting Minutes

Florida Department of Health in Seminole County

February 20, 2025, • 2:30-3:30 p.m.

Hybrid Live at DOH-Auditorium, Sanford and via Microsoft Teams

**Purpose:** *SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.*

**ATTENDEES:** *Gladys Fernando, Kelly Welch, Heather Haskett, Kymberli Dawson, Nicole Johnson, Valerie James, Melanie Santiago, Deloris Hunter, Coleen Gonzalez, Enid Santiago, Karen Clark, Lilia Bandrich, Suzanne Leibkuchler, Keisha Nauth, Debbie Marhee, Danielle Calapa, Erica Vazquez, Patricia Genao, Kari Brown, Leticia DeJesus-Ulate, Gigi Rivadeneyra, Michael Weitermann, Alice Gibson, Katie Murphy, Latasha Scott, Dezmond Brinson, Kaylesha Webster, Von Nguyen, Patricia Whites, Kelly Rogers, Angela Subbert, Leslie Grubl.*

| Topic                                        | Discussion/Speaker                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Action Item/Notes                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| Welcome & Introductions<br>Review of minutes | <p><b>Sign In/Call to Order</b></p> <p><b>Co-Chairs:</b><br/><b>Michael Weitermann, BSN, RN, CCRN- Health Services Coordinator, Seminole County Public Schools and Gloria 'Gigi' Rivadeneyra, MS– School Health &amp; PYD program Manager- Florida Department of Health Seminole County</b></p> <p>Michael and Gigi welcomed SHAC members. Introductions of new members.</p> <p>Review of minutes</p> <p>February is Children Dental Health Month</p> <ul style="list-style-type: none"><li>• Less than 40 percents of children and adolescents from families with low income have preventative oral health care.</li><li>• Poor oral health impacts overall health including cardiovascular and neurological health, diabetes, lung conditions, among others. DOH-Seminole and True Health offer pediatric dental health care. Families with low income may be able to access lower fee services or sliding fee scale services. Children needing more specialized care would be referred for pediatric specialist.</li></ul> | <p>Minutes reviewed. For edits please e-mail <a href="mailto:gloria.rivadeneyra@flhealth.gov">gloria.rivadeneyra@flhealth.gov</a></p> <p>Previous SHAC meeting minutes posted on DOH Website: <a href="http://seminole.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/school-health/index.html">http://seminole.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/school-health/index.html</a></p> |

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| <p><b>Review of Last Meeting Activities</b></p> | <ul style="list-style-type: none"> <li>• Gigi and Mike shared the SHAC is incorporating engagement opportunities during our meetings.</li> <li>• Last meeting, a resource inventory activity was conducted asking our SHAC members to identify which of the 10 key areas of the Whole School, Whole Community, Whole Child (WSCC) model they impacted the most.</li> <li>• The WSCC model is an integrated framework for addressing school health.</li> <li>• Areas include: <ul style="list-style-type: none"> <li>○ Physical education and physical activity.</li> <li>○ Nutrition environment and services.</li> <li>○ Health education.</li> <li>○ Social and emotional climate.</li> <li>○ Physical environment.</li> <li>○ Health services.</li> <li>○ Counseling, psychological, and social services.</li> <li>○ Employee wellness.</li> <li>○ Community involvement.</li> <li>○ Family engagement</li> </ul> </li> <li>• The areas that were identified as needing representation for our SHAC: <ul style="list-style-type: none"> <li>○ Physical education and physical activity.</li> <li>○ Physical environment</li> <li>○ Counseling, psychological and social services.</li> <li>○ Employee Wellness</li> </ul> </li> <li>• Any members who are not listed in the resource inventory, specially for the areas where representatives are low, please let Gigi and Mike know so they can be added to our resource inventory. Updates were shared by members and will be incorporated in resource directory.</li> </ul> |  |
| <p><b>Ice breaker</b></p>                       | <p><b><i>Our Strengths (Menti.com)- Gigi Rivadeneyra</i></b></p> <ul style="list-style-type: none"> <li>○ Gigi facilitated a survey activity via Menti.com</li> <li>○ 88% SHAC members responding prefer beach to mountains.</li> <li>○ SHAC members identified collaboration, engagement, commitment, knowledge resources and connections as some of the strengths they bring to SHAC.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |

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| <p><b>Guest Presenters</b></p> | <ul style="list-style-type: none"> <li>○ The biggest health need priority identified by SHAC members is mental health.</li> </ul> <p><b>HOPE Helps- Patricia Genao, Director of Client Programs, Hope Helps Inc.</b></p> <ul style="list-style-type: none"> <li>• HOPE Stands for Housing Outreach Prevention Education. They are located in Oviedo but serve clients in the Central Florida area. Their mission is to reduce hunger and homelessness by equipping individuals with resources to become self-sufficient.</li> <li>• They operate a Thrift Store called Hope Chest, where clients can shop for items at reduce cost. Anyone is welcome to shop here and the store funds 40% of the revenue HOPE uses to help clients.</li> <li>• Other services include a resource center, a food pantry, case management, and educational classes, including financial literacy workshops.</li> <li>• HOPE Helps hosts various events throughout the year including a Back to School Bash, where they provide school supplies for families in need, and their largest event, Christmas in the City, where they serve over 600 children and parents get to select holiday gifts for their children in addition to connecting with resources.</li> <li>• Kids of HOPE bags are summer meal kits distributed to families with school age children with items that are kid friendly and nutritious.</li> <li>• HOPE Helps is always recruiting volunteers ages 15 and up.</li> <li>• Donations are also accepted for various items and they are also pick-up donations.</li> <li>• HOPE Helps also hosts several fundraising events including the Shamrock N Run 5 K in March, Comedy Night for HOPE and the Vision of HOPE events</li> </ul> <p><b>Florida Healthy Babies – Smoking and Pregnancy- Dezmond Brinson, Health Educator Consultant, DOH-Seminole</b></p> <ul style="list-style-type: none"> <li>• The goal of Florida Healthy Babies is to reduce infant mortality by impacting socioeconomic factors that affect pregnancy.</li> <li>• The program addresses 4 main areas: Safe Sleep, Quitting Smoking, Breastfeeding Support and Sudden Unexpected Infant Death Syndrome (SUIDS).</li> <li>• In 2022, over 5,000 babies were born to mothers who reported smoking during</li> </ul> | <p><i>Patricia Genao<br/>Director of Client Programs<br/>HOPE Helps, Inc.<br/>Phone: 407-366-3422 x 3009<br/>812 Eyrie Drive, Oviedo, FL<br/>32765</i></p> <p><i>For more information about<br/>HOPE's services, volunteering<br/>and fund-raising events,<br/>visit:<a href="http://www.hopehelps.org">www.hopehelps.org</a></i></p> <p><i>Dez'mond Brinson<br/>PrEP, SANE, Tobacco, and<br/>Florida Healthy Babies<br/>Florida Department of Health in<br/>Seminole County<br/>407-665-3690<br/><a href="mailto:Dezmond.brinson@flhealth.gov">Dezmond.brinson@flhealth.gov</a></i></p> |
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| <p><b>SHAC Activity</b></p>                             | <p>pregnancy in Florida</p> <ul style="list-style-type: none"> <li>• Due to stigma, tobacco use during pregnancy is likely under reported, which makes this a barrier for treatment.</li> <li>• Tobacco poses several risks for the pregnancy and baby including pre-term labor, miscarriage, low birth weight, adverse lung development, birth defects and congenital malformations, SUIDS, and increase risk for ear infections.</li> <li>• Secondhand smoke contains approximately 4,000 chemicals.</li> <li>• Mothers and families who want to quit can call the Florida Quitline at 1-877-U-CAN-NOW or visit <a href="http://www.quitnow.net/florida">www.quitnow.net/florida</a> to enroll.</li> </ul> <ul style="list-style-type: none"> <li>○ Mike facilitated discussion of 2 case study scenarios, one involving a child who needed mental health support and another one who struggled with self-esteem.</li> <li>○ SHAC members were tasked with discussing: <ul style="list-style-type: none"> <li>○ What supportive services could be provided?</li> <li>○ Ideas/opportunities for the school district to promote a culture of mental health awareness and stigma.</li> <li>○ Identifying programs already available.</li> <li>○ How could SHAC provide guidance to the schools on effective ways to involve parents.</li> <li>○ How could long-term outcomes be monitored.</li> </ul> </li> <li>○ SHAC members discussion included: issuing guidance referrals, increasing access to after-school programs like positive youth development activities and 4H clubs, connecting families with PTA and Peace and Justice Institute, mentorship, sharing community resource guides, assigning a buddy to the family, clarifying and expediting referral process for students/parents.</li> </ul> | <p>Quit Line:1-877-U-CAN-NOW<br/> <a href="http://www.quitnow.net/florida">www.quitnow.net/florida</a></p> |
| <p><b>Round Robin<br/>&amp;<br/>Closing Remarks</b></p> | <p>Round Robin:</p> <ul style="list-style-type: none"> <li>○ Katie Murphy: Children Cabinet training coming up for the community “Trauma Informed Leadership Training” on February 28</li> <li>○ Peace and Justice Institute is hosting the Resilience Network Conference</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                            |

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|                        | <p>(<a href="#">Creating a Resilient Community: Together! Conference Tickets, Thu, Apr 3, 2025 at 9:00 AM   Eventbrite</a> )</p> <ul style="list-style-type: none"> <li>○ Kaylesha Webster: YMCA Healthy YOU Day February 22 at YMCA Oviedo (<a href="#">Oviedo - YMCA of Central Florida</a>)</li> <li>○ IFAS Garden Expo February 22</li> <li>○ League of Women Voters: The Epidemic Of Human Trafficking February 27 (<a href="#">Home - League of Women Voters Seminole County.</a>)</li> <li>○ Next meeting: April 17, 2025</li> </ul> |                                                                                                                                                                  |
| <b>Next Meeting(s)</b> | <p><b>Save the dates for upcoming SHAC meetings:</b></p> <ul style="list-style-type: none"> <li>➤ April 17, 2025</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                 | <p><i>Please submit suggestions for future SHAC meetings to Gigi at <a href="mailto:Gloria.Rivadeneyra@flhealth.gov">Gloria.Rivadeneyra@flhealth.gov</a></i></p> |
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