



School Health Advisory Committee (SHAC)

Community Meeting Minutes

Florida Department of Health in Seminole County

September 18th, 2025, • 2:00-3:30 p.m.

Hybrid Live at DOH-Auditorium, Sanford and via Microsoft Teams

Purpose: *SHAC's Mission- To facilitate the partnership between our community partners, schools, parents, health & business leaders and promote the implementation of a comprehensive school health approach.*

ATTENDEES: Kari Brown, Daydriana Hunter, Gladys Fernando, Lilia Bandrich, John Hays, Kristine Kraus, Caryn Hinrichs, Ethel Smith, Danielle Calapa, Luz Rodriguez, Alice Gibson, Kaylesha Webster, Desiree Andes, Mirna Chamorro, Leslie Grubl, Katie Murphy, Enid Santiago, Ethan Johnson, Sebastian Ulate, Madison Fausnaugh, Felix Hoy, John Hays, Gigi Rivadeneyra, Ashley Dykes, Margaret Benko, Britney Brooks, Leticia De Jesus-Ulate, Denisse Dianese, Melanie Santiago, Rosemary Roldan, Kelly Welch, Patricia Whites, Ethel Smith, Freddy, Miranda Terra.

Topic	Discussion/Speaker	Action Item/Notes
Welcome & Introductions Review of minutes	Sign In/Call to Order Chair: 'Gigi' Rivadeneyra, MS– School Health & PYD program Manager- Florida Department of Health Seminole County Previous SHAC meeting minutes posted on DOH Website: http://seminole.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/school-health/index.html <u>Opening & Leadership Updates</u> - Gigi opened the meeting with an acknowledgment of leadership changes, she announced that Mike Weitermann who as the Coordinator for Medical/Health Services at Seminole County Public Schools and co-chair of SHAC has stepped down due to personal circumstances and thanked him for his dedication and hard work. - Gigi shared Danielle recently accepted this position. She has worked alongside Mike for several years as Lead School Board Nurse and has over 11 years of experience with the district, being a valuable asset to the school health services program. <u>Announcements – Immunizations</u> - DOH-Seminole Health Officer Dr. Ethan Johnson provided clarification on immunization requirements in Florida following recent updates. The Florida Department of Health will be removing requirements for immunizations in Florida Law, that are not required by Florida Statute for school entry. Changes to these	<i>For minute edits please e-mail</i> gloria.rivadeneyra@flhealth.gov

	requirements can only be made by the Executive Branch or the Florida Department of Health. It was noted that Pneumococcal, Hib, Hepatitis B and Varicella are likely to be removed from the list of required vaccines. All other vaccine will still be required for school entry. • Important clarification: These vaccines will remain accessible even those that will not be required anymore. This change will take up to 90 days to take effect, and as of now everything remains unchanged. <u>Health Observances</u> • Gigi recognized September as Suicide Prevention Month, shared the Suicide Crisis Line resource and the importance of recognizing mental health in our communities. • She also mentioned National Family Health and Fitness Day, an opportunity for families and friends to spend time together outdoors and/or visit a park. • Gigi facilitated a getting to know each other icebreaker around joyous memories participants could share related to outdoor play and/or parks.	<i>For the Suicide Crisis Line dial 988</i>
Guest Presenters	<i>Peer Support Coalition, MPHAT & PENTAC- Luz Rodriguez, Programs Manager, Peer Support Coalition of Florida Inc.</i> • Luz Rodriguez shared her background and personal lived experience that led into her career in peer support. • PENTAC is a peer run nonprofit organization for individuals in recovery, which collaborates with peers, family member, state/local leaders, community leaders and employers to achieve a common goal. • Mission: To build communities that support and promote wellbeing through leadership, advocacy, education and networking. They envision a stigma free future where peer support is infused into communities. <u>PENTAC Programs & Training</u> <i>Training & Certification (via Peer Support Coalition of Florida):</i> ○ 40-hour CRPS training through the Florida Certification Board. ○ Recovery Capital Training for families and individuals in recovery. ○ Peer Supervisor Training. ○ Certified Community Health Worker Training (new). ○ Dialectical Behavior Therapy (DBT) skills cohort started this year. ○ Personal Medicine Coach (PMC) training, helping peers build personal	<i>For more information on the Peer Support Coalition of Florida, visit website at</i> https://peersupportfl.org <i>For more information about the curriculums, trainings and overall program information, please contact Luz Rodriguez at:</i> <i>E-mail: luz@peersupportfl.org</i> <i>Phone: (407) 393-5391</i>

wellness strategies and self-care tools.

- Wellbeing Ambassador Program using the PERMA framework (Positive Emotions, Engagement, Relationships, Meaning, Accomplishments, Health).

Transformational Neuro Coaching:

- Provide coaching services using a psycho-educational, evidence-based model.
- Services include DBT Coaching, Personal Medicine Coaching, and Wellbeing Coaching using the PERMA framework.
- Coaches offer information, support, and practical skills for peers and loved ones.

Role as a National Technical Assistance Center (1 of 5 in US):

- Recognize the value of lived experiences as an integral component of the treatment center system, where work is infused with peer values and supported by subject matter experts.
- Focuses on leadership development in peer workforce through implementation of projects within focus areas. These include:
 1. Monthly CRPS study sessions.
 2. Monthly “How to Become a Peer Support Specialist in Florida” workshops.
 3. Annual Integration of Peers Transformational Peer Support Training.
 4. Health equity series, supervision series, youth leadership skills, youth advocacy, mentoring, and MH conversations for teens/adults.

MPHAT – Medical Professional Mental Health Awareness Training.

Funded by SAMHSA, originally only catered to healthcare professionals, community workers and peer specialists. Now offers trainings for first responders, families, youth and more.

Designed to promote mental health awareness, faster resilience in self-care, professional development and to strengthen belonging. Trainings include:

- Adult Mental Health First Aid.
- Youth Mental Health First Aid (offered if requested).

To request a Technical Assistant (TA), request via

<https://www.peersupportfl.org/pen/tac/>

- Orientation to WRAP (Wellness recovery action plan).
- Emotional CPR (eCPR).

Certified Well-Being Ambassador Program (CWBA)

Supports destigmatization of mental health by equipping individuals with tools to educate, empower and promote wellbeing at work, home, and in communities.

Prerequisites: Mental Health First Aid, eCPR, and WRAP orientation.

CWBA pathways:

- Healthcare Workers.
- Workplace CWBA.
- Community CWBA.
- Luz mentioned upcoming trainings in October, visit website for more information.
- She closed the presentation stating the uncertainty of funding for this program in the coming year and encouraged everyone to take advantage of resources while they are still available.

Florida Asthma Home Visiting Program (AHV)- Enid Santiago, Community Integrated Mobile Health Services, DOH-Seminole

- Florida Asthma Home Visiting Program (AHV) is a no-cost service through the Florida Department of Health (only operates in Miami-Dade, Gadsden, Orange and Seminole Counties)
- Supports children with asthma by doing home visits, offering incentives to improve symptoms, and educating families.

Program Overview

- Designed to help families understand and manage asthma.
- Initial assessment identifies asthma knowledge, household triggers, and resource needs (e.g., flu vaccines, DOH services).
- Home visits which include:

For any questions on the Department of Health's Florida Asthma Home Visiting Program (AHV), please contact Enid Santiago at:

E-mail:
enid.santiago@flhealth.gov
 Phone: (407) 665-3032

Visit 1: DOH Resource sharing, assessment, education, relationship building.

Visit 2: Eliminating asthma triggers by cleaning up the environment and removing items in house that can cause flare-ups and replacing them with a more clean/safe alternative.

Visit 3: Overview of changes, reinforcement of knowledge and awareness with asthma triggers, increases family knowledge on the asthma.

Final Visit: Families receive incentives to help keep away asthma triggers, which include a vacuum or an air purifier.

- To be eligible for this program children must be between the age of 5-18 years old, must reside in Seminole county and must have a diagnosis of asthma.

Program Goals

- Reduce asthma triggers and symptoms.
- Educate on proper usage of asthma medication.
- Reduce missed days of school and work for the family.
- Promote the benefits of an asthma action plan for both home and school.
- Reduce unwanted doctor visits and hospitalizations.
- Provide family with tools and supplies as incentives.

Services are provided by trained health educators and trained community health workers.

SHAC Case Study, Diabetes- Danielle Calapa, Medical/Health Services Coordinator, Seminole County Public Schools

- Danielle shared the case scenario of a single parent household student diagnosed with diabetes. Student and family concerns included child missing school time due to doctor visits for blood sugar management, mental/emotional health support, health insurance, access to affordable medication and supplies.

Key Points Discussed:

Available Services & Resources

- Mental Health Services were suggested to support the student's overall well-being.
- Florida KidCare is as a low-cost insurance option for children, they also provide

	access to peer support groups. ○ Danielle shared Touched by Type One Program which includes: ▪ Community events for children with Type 1 diabetes, which provides parents and children support groups and allows families to connect with other children living with the same condition. ▪ Provides information and access to discounted diabetic supplies. ○ Heather Haskett shared Advent Health offers a Pediatric Weight & Wellness Program ▪ Partially funded by Orlando Magic Youth Foundation (OMYF), covering costs for low-income families and requires a referral to qualify ▪ Offers access to a dietitian, psychologist, pediatric doctor, and exercise physiologist. ▪ OMYF eligibility is based on if the individual is on Medicaid/Medicare but is open to anyone in any county in the state of Florida. ○ Seminole County Public School Red Apple Dinning can work with families to develop appropriate meal plans that support youth with health conditions that require special dietary needs.	
Round Robin & Closing Remarks	Outreach Events were announced ○ Colleen Gonzalez shared Grow Healthy Kids' 10th Anniversary Morning of Wellness Scheduled for November 15th at Rider Park in Longwood (9:00 AM–12:00 PM). ○ She also shared 24,000 Central Florida students were provided recess supplies for schools without playgrounds through GROW Healthy Kids. ○ Kaylesha Webster shared a few YMCA Events: ▪ Y Sunshine Dance – Held the last Friday of each month at the Oviedo YMCA, for children with special needs. ▪ Fall Fest– Event for families will be held at the Oviedo YMCA October 10th, 4:00–7:00 PM. ○ Dr. Johnson shared the Men's Health Huddle will be hosted Saturday September 27th to promote prostate cancer prevention and awareness.	

	Activities include free basketball throw contest, speakers, vendors, smoothie samples will be offered here. ○ Dr. Johnson mentioned that prostate cancer rates are increasing among younger men, and this event is centered around lowering rates. ○ Enid Santiago shared the Mobile Mammogram Bus hosted by DOH–Seminole will be available October 17th for breast cancer awareness month, offering free screenings for those aged 40-64 with low income, and no health insurance to cover the cost of these tests. ▪ Flu vaccines will also be offered for those who have no insurance. ▪ Giveaways & more ○ Gigi shared a Park Cleanup hosted by Tobacco Free Seminole, September 19th, 8:00–10:00 AM, Red Bug Lake Rd. Also QPR Suicide Prevention Trainings – Hosted by Central Florida Cares in October, November, and December. ○ Katie Murphy Peace Event on Park Avenue – Saturday, 9:00 AM–12:30 PM. ▪ Vendors and events will pause to form a large peace sign; a drone photo will be taken. ○ Gigi announced more training and outreach opportunities, which she will share with all members via email. ○ Next meeting: November 13th, 2025	
Next Meeting(s)	Save the dates for upcoming SHAC meetings: ➤ November 13th, 2025 ➤ February 19th, 2026 ➤ April 16th, 2026	<i>Please submit suggestions for future SHAC meetings to Gigi at Gloria.Rivadeneyra@flhealth.gov</i>
Meeting Adjourned	3:30pm	